## October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 am Gentle Fit 10:00 am Chess Club 10:30 am Art Journaling 12:00 pm Adult Skate-Drop in 5:00 pm Pickleball-Drop in 5:00 pm English Conversation Group	2 12:00 pm Adult Skate-Drop in 1:00 pm Minds in Motion 1:30 pm Intro to Yoga 4:30 pm French Group	3 9:00 am Gentle Fit 12:00 pm Adult Skate-Drop in 1:00 pm Homeschool Skate-Drop in 1:00 pm Homeschool Hangout	4 11:00 am Knitters & Stitchers Club (formerly Knitting Club)	5 10:00 am Essentrics® Full-Body Dynamic Strength Workout 1:00 pm FREE Public Skating
6	9:00 am Parent and Tot Skate-Drop in 12:00 pm Adult Skate-Drop in 6:00 pm A Wave of Possibilities	8 9:00 am Gentle Fit 10:00 am Chess Club 10:30 am Art Journaling 12:00 pm Adult Skate-Drop in 5:00 pm Pickleball- Drop in	9 9:00 am Pickleball-Drop In 10:00 am Qigong 12:00 pm Adult Skate-Drop in 1:00 pm Minds in Motion 1:30 pm Intro to Yoga 2:00 pm Floor Curling- Drop In 4:30 pm French Group 6:00 pm Young Artists- Session 1	10 9:00 am Gentle Fit 12:00 pm Adult Skate-Drop in 1:00 pm Homeschool Skate-Drop in 1:00 pm Homeschool Hangout 7:00 pm Young Magicians	11 11:00 am Knitters & Stitchers Club (formerly Knitting Club)	12 1:00 pm FREE Public Skating
13	14	9:00 am Gentle Fit 10:00 am Chess Club 10:30 am Art Journaling 12:00 pm Adult Skate-Drop in 5:00 pm English Conversation Group	9:00 am Pickleball-Drop In 10:00 am Qigong 12:00 pm Adult Skate-Drop in 1:00 pm Minds in Motion 1:30 pm Intro to Yoga 2:00 pm Floor Curling- Drop In 3:00 pm Poetry Reading with Elizabeth Cunningham - Look to This Day: Poetry for Doris McCarthy 4:30 pm French Group	9:00 am Gentle Fit 9:30 am Line Dancing- Drop in 12:00 pm Adult Skate-Drop in 1:00 pm Homeschool Skate-Drop in 1:00 pm Shuffleboard- Drop-in 1:00 pm Homeschool Hangout 7:00 pm Young Magicians	18 11:00 am Knitters & Stitchers Club (formerly Knitting Club)	19

			6:00 pm Young Artists- Session 1			
20 10:00 am Essentrics® Full- Body Dynamic Strength Workout	9:00 am Parent and Tot Skate-Drop in 12:00 pm Adult Skate-Drop in	9:00 am Gentle Fit 10:00 am Chess Club 10:30 am Art Journaling 12:00 pm Adult Skate-Drop in 3:45 pm Math Club 5:00 pm Pickleball-Drop in	9:00 am Pickleball- Drop In 10:00 am Qigong 10:00 am 50 Plus Lifestyle Expo 12:00 pm Adult Skate-Drop in 1:00 pm Minds in Motion 1:30 pm Intro to Yoga 2:00 pm Floor Curling- Drop In 4:30 pm French Group 6:00 pm Young Artists- Session 1	9:00 am Gentle Fit 9:30 am Line Dancing- Drop in 12:00 pm Adult Skate-Drop in 1:00 pm Homeschool Skate-Drop in 1:00 pm Shuffleboard- Drop-in 1:00 pm Homeschool Hangout 5:30 pm MVBC - Movie vs. Book Club: Discussion 7:00 pm Young Magicians	25 11:00 am Knitters & Stitchers Club (formerly Knitting Club) 7:00 pm Outdoor Movie Night	26 10:00 am Essentrics® Full-Body Dynamic Strength Workout 1:00 pm FREE Public Skating
27	9:00 am Parent and Tot Skate-Drop in 12:00 pm Adult Skate-Drop in	9:00 am Gentle Fit 10:00 am Chess Club 10:30 am Art Journaling 12:00 pm Adult Skate-Drop in 3:45 pm Math Club 5:00 pm Pickleball-Drop in	9:00 am Pickleball- Drop In 10:00 am Qigong 12:00 pm Adult Skate-Drop in 1:00 pm Minds in Motion 1:30 pm Intro to Yoga 2:00 pm Floor Curling- Drop In 4:30 pm French Group 6:00 pm Young Artists- Session 1	9:00 am Gentle Fit 9:30 am Line Dancing- Drop in 12:00 pm Adult Skate-Drop in 1:00 pm Homeschool Skate-Drop in 1:00 pm Shuffleboard- Drop-in 1:00 pm Homeschool Hangout		

https://events.parrysound.ca