Tuesday, September 3, 2024

Gardening at Tower Hill

Date and Time: Tuesday, September 3 9:00 am - 12:00 pm

Address: 17 George Street

Gardening promotes physical and mental well-being. The Tower Hill Gardeners meet weekly from May through October to tend the Town's best loved Garden.

No previous experience is required. If you love being outside and don't mind getting dirty, you will be welcome d into the group. Tools can be provided if necessary.

Tower Hill Garden | Tuesdays

Time: 9am-12pm

Cost: Free

Chess Club

Date and Time: Tuesday, September 3 10:00 am - 1:00 pm

Address: 29 Mary Street

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

English Conversation Group

Date and Time: Tuesday, September 3 5:00 pm - 6:00 pm

Address: 29 Mary Street

English Conversation Group

First and Third Tuesday of the month • program runs from Sept. 3rd to Dec. 3rd, 2024 @ 5 to 6 PM

Are you learning to speak English?

Join us at the library for a casual English Conversation Group. (not formal lessons)

Free • Registration Required • Program designed for adults. Located in the library auditorium (not wheelchair accessible)

For more information, contact Parry Sound Public Library at 705-746-9601 or askus@pspl.ca

Wednesday, September 4, 2024

Intro to Yoga

Date and Time: Wednesday, September 4 1:30 pm - 2:15 pm

Address: 29 Mary Street

Intro to Yoga

Wednesdays @ 1:30 to 2:15 PM

Program run to November 27th, 2024.

Intro to yoga with certified Yoga Instructor Ellen Koennecke, of Yoga in the Sound. Located in the library audi torium. (not wheelchair accessible)

Drop-in · \$5 per session • No registration required.

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

French Group

Date and Time: Wednesday, September 4 4:30 pm - 6:00 pm

Address: 29 Mary Street

French Group

Wednesdays @ 4:30 to 6 PM

Program runs Sept. 4th to Dec. 11th, 2024

Are you learning to speak French?

Would like to practice your language skills with other French speakers in Parry Sound?

Join us at the library for a weekly casual French Group

(not formal lessons)

Drop-in • All skill levels welcome

Located in the auditorium (not wheelchair accessible)

For more information, contact Parry Sound Public Library at 705-746-9601 or askus@pspl.ca

Saturday, September 7, 2024

Parry Sound Airport's 21st Annual Fly-In Drive-In

Date and Time: Saturday, September 7 10:30 am - 3:30 pm

Address: 97 Airport Road

The annual Fly-In Drive-In is a large community event for the entire Parry Sound area and all surrounding town ships, hosted by the Parry Sound Area Municipal Airport. Every year, we have a large list of attractions for ever yone to enjoy, which include:

- Kids Zone: bouncy castle, face painting, art table and cotton candy
- Live Music: 2 different bands playing
- Classic Car and Truck Show: organized by the Parry Sound Cruzers
- Scenic Flights: In both helicopters and aircraft
- Star Wars Characters
- BBQ
- Large Vendors Market

Every year there is a different aircraft as the main attraction, and this year it is a P-51 Mustang, "Double Trouble Two"

Come on out for a day of fun with the family!

Tuesday, September 10, 2024

Gentle Fit

Date and Time: Tuesday, September 10 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Sept 10-Oct 31: \$130.00

Nov 05-Dec 19: \$115.00

Jan 7-Feb 27: \$130.00

Mar 4-April 24: \$130.00

Drop in: \$12.00/class

Gardening at Tower Hill

Date and Time: Tuesday, September 10 9:00 am - 12:00 pm

Address: 17 George Street

Gardening promotes physical and mental well-being. The Tower Hill Gardeners meet weekly from May through October to tend the Town's best loved Garden.

No previous experience is required. If you love being outside and don't mind getting dirty, you will be welcome d into the group. Tools can be provided if necessary.

Tower Hill Garden | Tuesdays

Time: 9am-12pm

Cost: Free

Chess Club

Date and Time: Tuesday, September 10 10:00 am - 1:00 pm

Address: 29 Mary Street

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

World Suicide Prevention Day - Bench Ceremony

Date and Time: Tuesday, September 10 1:00 pm - 2:30 pm

Address: 54 Gibson Street

It is with great pleasure that the Simcoe County Suicide Awareness Council invites you to Save The Date for the Annual World Suicide Prevention Day event, happening at 10 Salt Dock Road, Parry Sound on September 10th, 2024 at 1:00pm. This is a free in-person gathering that offers a space to meet and connect with others who have had similar life experiences and remember those aff

ected by suicide, carrying the message that it's ok to talk about our feelings. We share the message that engaging in dialogue with compassion and curiosity will promote understanding, connection and can provide tremendous relief.

World Suicide Prevention Day (WSPD) was first launched in 2003 on the 10th of September by the Internation al Association for Suicide Prevention with the endorsement of the World Health Organization (WHO). The 10th of September each year has been designated as a way of focusing attention on the problems of suicide worldwide.

Wednesday, September 11, 2024

Pickleball- Drop In

Date and Time: Wednesday, September 11 9:00 am - 1:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, plated on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for reservation 6 days in advance of drop-in timeslots. Drop in Pickleball will be limited to 16 participants, to avoid disappointment, pre-registration is highly recommended. *To pre-register, an active Drop-In Pass is required (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/).

To pre-register, please complete the form below, or call the Community Recreation Coordinator at 705-746-27 01 x 201:

Pre-registration Form

Drop-In Pickleball Schedule:

Daytime:

Bobby Orr Community Centre | Wednesday | Stanley Cup Hall

Where: 7 Mary Street

Time: Competitive: 9:00am-11:00am

Recreation: 11:00am-1:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Intro to Yoga

Date and Time: Wednesday, September 11 1:30 pm - 2:15 pm

Address: 29 Mary Street

Intro to Yoga

Wednesdays @ 1:30 to 2:15 PM

Program run to November 27th, 2024.

Intro to yoga with certified Yoga Instructor Ellen Koennecke, of Yoga in the Sound. Located in the library audi torium. (not wheelchair accessible)

Drop-in · \$5 per session • No registration required.

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Floor Curling- Drop In

Date and Time: Wednesday, September 11 2:00 pm - 4:00 pm

Address: 7 Mary Street

Floor Curling is a modified version of the Olympic sport of curling with one major difference – no ice! It offer s participants a great introduction to the game, or a way to continue your love for the game beyond the ice surface.

Where: Bobby Orr Community Centre (Stanley Cup Hall), 7 Mary St, Parry Sound, ON P2A 1C8

When: Wednesdays, 2:00 - 4:00 PM

What to Bring: Players should bring clean running shoes to play. All equipment is provided!

Cost: Participants encouraged to purchase a Drop-In Pass (details here: www.parrysound.ca/adultprograms), C ost without a Drop-In Pass: \$3.00 per person (cash only)

French Group

Date and Time: Wednesday, September 11 4:30 pm - 6:00 pm

Address: 29 Mary Street

French Group

Wednesdays @ 4:30 to 6 PM

Program runs Sept. 4th to Dec. 11th, 2024

Are you learning to speak French?

Would like to practice your language skills with other French speakers in Parry Sound?

Join us at the library for a weekly casual French Group

(not formal lessons)

Drop-in • All skill levels welcome Located in the auditorium (not wheelchair accessible)

For more information, contact Parry Sound Public Library at 705-746-9601 or askus@pspl.ca

Thursday, September 12, 2024

Gentle Fit

Date and Time: Thursday, September 12 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Sept 10-Oct 31: \$130.00

Nov 05-Dec 19: \$115.00

Jan 7-Feb 27: \$130.00

Mar 4-April 24: \$130.00

Drop in: \$12.00/class

Shuffleboard-Drop-in

Date and Time: Thursday, September 12 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is now being offered in the Town of Parry Sound. All equipment is provided, no experience necessary. Come out for an afternoon of activity, socializing, and fun! Please bring a pair of clean running sho es to play.

Where: Bobby Orr Community Centre (Stanley Cup Hall), 7 Mary St, Parry Sound, ON P2A 1C8

When: Thursdays, 1:00 - 3:00 PM

What to Bring: Players should bring clean running shoes to play. All equipment is provided!

Cost: Participants encouraged to purchase a Drop-In Pass (details here: www.parrysound.ca/adultprograms), C ost without a Drop-In Pass: \$3.00 per person (cash only)

Saturday, September 14, 2024

Youth Chess Tournament

Date and Time: Saturday, September 14 10:00 am - 4:00 pm

Address: 7 Mary Street

Program Information: Pre-registration is required for this 5 round chess tournament for youth over 6 years ol d, and all skill levels.

Age: 6 & up

Location: Bobby Orr Community Centre

Time: 10am-4pm

Dates:

• Saturday, September 14, 2024

How to Register (*please note: registration will open on September 01, 2024):

- 1. Prior to registering, please call Robert Huiser (705-746-3164), Chess Tournament Coordinator, to discuss division & available space.
- 2. Upon approval from Mr. Huiser, please use the link to register online: <u>Click here to register for Youth</u> Chess Tournament

Parry Sound Fire Department OPEN HOUSE

Date and Time: Saturday, September 14 10:00 am - 2:00 pm

Address: 4 Church Street

Tuesday, September 17, 2024

Gentle Fit

Date and Time: Tuesday, September 17 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brai

n, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Sept 10-Oct 31: \$130.00

Nov 05-Dec 19: \$115.00

Jan 7-Feb 27: \$130.00

Mar 4-April 24: \$130.00

Drop in: \$12.00/class

Gardening at Tower Hill

Date and Time: Tuesday, September 17 9:00 am - 12:00 pm

Address: 17 George Street

Gardening promotes physical and mental well-being. The Tower Hill Gardeners meet weekly from May through October to tend the Town's best loved Garden.

No previous experience is required. If you love being outside and don't mind getting dirty, you will be welcome d into the group. Tools can be provided if necessary.

Tower Hill Garden | Tuesdays

Time: 9am-12pm

Cost: Free

Chess Club

Date and Time: Tuesday, September 17 10:00 am - 1:00 pm

Address: 29 Mary Street

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

English Conversation Group

Date and Time: Tuesday, September 17 5:00 pm - 6:00 pm

Address: 29 Mary Street

English Conversation Group

First and Third Tuesday of the month • program runs from Sept. 3rd to Dec. 3rd, 2024 @ 5 to 6 PM

Are you learning to speak English? Join us at the library for a casual English Conversation Group. (not formal lessons)

Free • Registration Required • Program designed for adults. Located in the library auditorium (not wheelchair accessible)

For more information, contact Parry Sound Public Library at 705-746-9601 or askus@pspl.ca

Wednesday, September 18, 2024

Pickleball- Drop In

Date and Time: Wednesday, September 18 9:00 am - 1:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, plated on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for res ervation 6 days in advance of drop-in timeslots. Drop in Pickleball will be limited to 16 participants, to av oid disappointment, pre-registration is highly recommended. *To pre-register, an active Drop-In Pass is requ ired (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/).

To pre-register, please complete the form below, or call the Community Recreation Coordinator at 705-746-27 01 x 201:

Pre-registration Form

Drop-In Pickleball Schedule:

Daytime:

Bobby Orr Community Centre | Wednesday | Stanley Cup Hall

Where: 7 Mary Street

Time: Competitive: 9:00am-11:00am

Recreation: 11:00am-1:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass:

\$3.00 per person (cash only)

Intro to Yoga

Date and Time: Wednesday, September 18 1:30 pm - 2:15 pm

Address: 29 Mary Street

Intro to Yoga

Wednesdays @ 1:30 to 2:15 PM

Program run to November 27th, 2024.

Intro to yoga with certified Yoga Instructor Ellen Koennecke, of Yoga in the Sound. Located in the library audi torium. (not wheelchair accessible)

Drop-in · \$5 per session • No registration required.

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Floor Curling- Drop In

Date and Time: Wednesday, September 18 2:00 pm - 4:00 pm

Address: 7 Mary Street

Floor Curling is a modified version of the Olympic sport of curling with one major difference – no ice! It offer s participants a great introduction to the game, or a way to continue your love for the game beyond the ice surface.

Where: Bobby Orr Community Centre (Stanley Cup Hall), 7 Mary St, Parry Sound, ON P2A 1C8

When: Wednesdays, 2:00 - 4:00 PM

What to Bring: Players should bring clean running shoes to play. All equipment is provided!

Cost: Participants encouraged to purchase a Drop-In Pass (details here: www.parrysound.ca/adultprograms), C ost without a Drop-In Pass: \$3.00 per person (cash only)

French Group

Date and Time: Wednesday, September 18 4:30 pm - 6:00 pm

Address: 29 Mary Street

French Group

Wednesdays @ 4:30 to 6 PM

Program runs Sept. 4th to Dec. 11th, 2024

Are you learning to speak French?

Would like to practice your language skills with other French speakers in Parry Sound?

Join us at the library for a weekly casual French Group

(not formal lessons)

Drop-in • All skill levels welcome

Located in the auditorium (not wheelchair accessible)

For more information, contact Parry Sound Public Library at 705-746-9601 or askus@pspl.ca

Thursday, September 19, 2024

Gentle Fit

Date and Time: Thursday, September 19 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Sept 10-Oct 31: \$130.00

Nov 05-Dec 19: \$115.00

Jan 7-Feb 27: \$130.00

Mar 4-April 24: \$130.00

Drop in: \$12.00/class

Line Dancing- Drop in

Date and Time: Thursday, September 19 9:30 am - 11:30 am

Address: 7 Mary Street

No partner is necessary for this drop-in dance activity!

Line Dancing s a great activity for maintaining flexibility and balance, and is just downright fun!

No experience required, all abilities welcome.

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 9:30am-11:30am

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parryso und.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Shuffleboard-Drop-in

Date and Time: Thursday, September 19 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is now being offered in the Town of Parry Sound. All equipment is provided, no experience necessary. Come out for an afternoon of activity, socializing, and fun! Please bring a pair of clean running sho es to play.

Where: Bobby Orr Community Centre (Stanley Cup Hall), 7 Mary St, Parry Sound, ON P2A 1C8

When: Thursdays, 1:00 - 3:00 PM

What to Bring: Players should bring clean running shoes to play. All equipment is provided!

Cost: Participants encouraged to purchase a Drop-In Pass (details here: www.parrysound.ca/adultprograms), C ost without a Drop-In Pass: \$3.00 per person (cash only)

Homeschool Hangout

Date and Time: Thursday, September 19 1:00 pm - 2:00 pm

Address: 29 Mary Street

Homeschool Hangout

Every Thursday @ 1 to 2 PM

September 19th to November 28th

Homeschool Families are invited to drop-in, craft and connect with other homeschoolers.

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Tuesday, September 24, 2024

Gardening at Tower Hill

Date and Time: Tuesday, September 24 9:00 am - 12:00 pm

Address: 17 George Street

Gardening promotes physical and mental well-being. The Tower Hill Gardeners meet weekly from May through October to tend the Town's best loved Garden.

No previous experience is required. If you love being outside and don't mind getting dirty, you will be welcome d into the group. Tools can be provided if necessary.

Tower Hill Garden | Tuesdays

Time: 9am-12pm

Cost: Free

Gentle Fit

Date and Time: Tuesday, September 24 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Sept 10-Oct 31: \$130.00

Nov 05-Dec 19: \$115.00

Jan 7-Feb 27: \$130.00

Mar 4-April 24: \$130.00

Drop in: \$12.00/class

Chess Club

Date and Time: Tuesday, September 24 10:00 am - 1:00 pm

Address: 29 Mary Street

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Art Journaling

Date and Time: Tuesday, September 24 10:30 am - 12:00 pm

Address: 29 Mary Stree

Art Journaling

Tuesday mornings @ 10:30 AM to 12 Noon

Program runs Sept. 24th to Nov. 26th, 2024

Mindful creative sessions. Visual journaling using mixed media. Materials and journals available.

Free drop-in program • Located in the library auditorium (not wheelchair accessible)

For more information, contact Parry Sound Public Library at 705-746-9601 or askus@pspl.ca

Pickleball- Drop in

Date and Time: Tuesday, September 24 5:00 pm - 7:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, plated on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for res ervation 6 days in advance of drop-in timeslots. Drop in Pickleball will be limited to 16 participants, to av oid disappointment, pre-registration is highly recommended. *To pre-register, an active Drop-In Pass is requ ired (please see Drop-In Pass details on our website: https://www.parrysound.ca/explore-play/recreation-and-lei sure/recreation-programs/adult-programs/).

To pre-register, please complete the form below, or call the Community Recreation Coordinator at 705-746-27 01 x 201:

Pre-registration Form

Drop-In Pickleball Schedule:

Evening:

Bobby Orr Community Centre | Tuesdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 5:00pm-7:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (visit our website for details: https://www.parrysoun d.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$ 3.00 per person (cash only)

Wednesday, September 25, 2024

Pickleball- Drop In

Date and Time: Wednesday, September 25 9:00 am - 1:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, plated on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for reservation 6 days in advance of drop-in timeslots. Drop in Pickleball will be limited to 16 participants, to avoid disappointment, pre-registration is highly recommended. *To pre-register, an active Drop-In Pass is required (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/).

To pre-register, please complete the form below, or call the Community Recreation Coordinator at 705-746-27 01 x 201:

Pre-registration Form

Drop-In Pickleball Schedule:

Daytime:

Bobby Orr Community Centre | Wednesday | Stanley Cup Hall

Where: 7 Mary Street

Time: Competitive: 9:00am-11:00am

Recreation: 11:00am-1:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Intro to Yoga

Date and Time: Wednesday, September 25 1:30 pm - 2:15 pm

Address: 29 Mary Street

Intro to Yoga

Wednesdays @ 1:30 to 2:15 PM

Program run to November 27th, 2024.

Intro to yoga with certified Yoga Instructor Ellen Koennecke, of Yoga in the Sound. Located in the library audi torium. (not wheelchair accessible)

Drop-in · \$5 per session • No registration required.

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Floor Curling- Drop In

Date and Time: Wednesday, September 25 2:00 pm - 4:00 pm

Address: 7 Mary Street

Floor Curling is a modified version of the Olympic sport of curling with one major difference – no ice! It offer s participants a great introduction to the game, or a way to continue your love for the game beyond the ice surface.

Where: Bobby Orr Community Centre (Stanley Cup Hall), 7 Mary St, Parry Sound, ON P2A 1C8

When: Wednesdays, 2:00 - 4:00 PM

What to Bring: Players should bring clean running shoes to play. All equipment is provided!

Cost: Participants encouraged to purchase a Drop-In Pass (details here: www.parrysound.ca/adultprograms), C ost without a Drop-In Pass: \$3.00 per person (cash only)

French Group

Date and Time: Wednesday, September 25 4:30 pm - 6:00 pm

Address: 29 Mary Street

French Group

Wednesdays @ 4:30 to 6 PM

Program runs Sept. 4th to Dec. 11th, 2024

Are you learning to speak French?

Would like to practice your language skills with other French speakers in Parry Sound?

Join us at the library for a weekly casual French Group

(not formal lessons)

Drop-in • All skill levels welcome Located in the auditorium (not wheelchair accessible)

For more information, contact Parry Sound Public Library at 705-746-9601 or askus@pspl.ca

Thursday, September 26, 2024

Gentle Fit

Date and Time: Thursday, September 26 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Sept 10-Oct 31: \$130.00

Nov 05-Dec 19: \$115.00

Jan 7-Feb 27: \$130.00

Mar 4-April 24: \$130.00

Drop in: \$12.00/class

Line Dancing- Drop in

Date and Time: Thursday, September 26 9:30 am - 11:30 am

Address: 7 Mary Street

No partner is necessary for this drop-in dance activity!

Line Dancing s a great activity for maintaining flexibility and balance, and is just downright fun!

No experience required, all abilities welcome.

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 9:30am-11:30am

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parryso und.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Shuffleboard- Drop-in

Date and Time: Thursday, September 26 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is now being offered in the Town of Parry Sound. All equipment is provided, no experience necessary. Come out for an afternoon of activity, socializing, and fun! Please bring a pair of clean running sho es to play.

Where: Bobby Orr Community Centre (Stanley Cup Hall), 7 Mary St, Parry Sound, ON P2A 1C8

When: Thursdays, 1:00 - 3:00 PM

What to Bring: Players should bring clean running shoes to play. All equipment is provided!

Cost: Participants encouraged to purchase a Drop-In Pass (details here: www.parrysound.ca/adultprograms), C ost without a Drop-In Pass: \$3.00 per person (cash only)

Homeschool Hangout

Date and Time: Thursday, September 26 1:00 pm - 2:00 pm

Address: 29 Mary Street

Homeschool Hangout

Every Thursday @ 1 to 2 PM

September 19th to November 28th

Homeschool Families are invited to drop-in, craft and connect with other homeschoolers.

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

MVBC - Movie vs. Book Club: Discussion

Date and Time: Thursday, September 26 5:30 pm - 7:00 pm

Address: 29 Mary Street

MVBC - Movie vs. Book Club

September to November 2024

Movie: Third Thursday of the month @ 5: 30 PM

Discussion: Fourth Thursday of the month @ 5:30 PM

Read the book, gather together to watch the movie, and meet to discuss and share your opinions! Registration R equired

September - Movie 19th, Discussion 26th

The Art of Racing in the Rain

October - Movie 17th, Discussion 24th

The Shipping News

November - Movie 21st, Discussion 28th

Hidden Life of Trees

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Friday, September 27, 2024

Knitters & Stitchers Club (formerly Knitting Club)

Date and Time: Friday, September 27 11:00 am - 12:00 pm

Address: 29 Mary Street

Knitters & Stitchers Club (formerly Knitting Club)

Friday mornings @ 11 AM to 12 Noon

Program runs Sept. 27th to Dec. 13th, 2024

A social gathering around our favourite pastimes: knitting, crocheting, and all things needlework. Bring your cu rrent project and join our drop-in group to learn and share from our collective skills. (not formal lessons)

Located in on the Parry Sound Public Library main level

No registration required

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Saturday, September 28, 2024

FREE Public Skating

Date and Time: Saturday, September 28 1:00 pm - 2:00 pm

Address: 7 Mary Street

Enjoy free public skating sessions at the Bobby Orr Community Centre! Lace up your skates this fall and winter, and glide with family and friends in our friendly, fun-filled environment.

Where: Bobby Orr Community Centre- 7 Mary Street,

When: Saturdays from 1pm-2pm (cancelled for Tournaments & Special events- please visit our Events Calenda r for the most up to date information)

Regular Public Skating Rules apply, click here for a list of rules

Monday, September 30, 2024

Parent and Tot Skate-Drop in

Date and Time: Monday, September 30 9:00 am - 10:00 am

Address: 7 Mary Street

Parent and Tot Skating: Put on your skates and join us for a heartwarming Parent & Tot Drop-In Skating P rogram at the Bobby Orr Community Centre! Enjoy a fun-filled morning of bonding, learning, and laughter on t he ice, perfect for building confidence and creating unforgettable memories together. □

When: Mondays from 9am-10am

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per adult (cash only)

Adult Skate-Drop in

Date and Time: Monday, September 30 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a

t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc
overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

https://events.parrysound.ca