

Tuesday, April 1, 2025

Chess Club at PSPL

Date and Time: Tuesday, April 1 10:00 am - 1:00 pm

Address: 29 Mary Street

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

Located on the main level of the library.

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Art Journaling

Date and Time: Tuesday, April 1 10:30 am - 12:00 pm

Address: 29 Mary Street

Mindful creative sessions. Visual journaling using mixed media.

Materials and journals available • Free drop-in program

Located in the library auditorium (not wheelchair accessible)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Wednesday, April 2, 2025

Intro to Yoga

Date and Time: Wednesday, April 2 1:30 pm - 2:15 pm

Address: 29 Mary Street

Light Yoga with certified instructor Ellen Koennecke of Yoga in the Sound.

Weekly Drop-in program, \$5 per session • No registration required

Located in the library auditorium (not wheelchair accessible)

For more information contact 705-746-9601 or askus@pspl.ca

French Group

Date and Time: Wednesday, April 2 4:30 pm - 6:00 pm

Address: 29 Mary Street

Are you learning to speak French? Would like to practice your language skills with other French speakers in Parry Sound? Join us at the library for a weekly casual French Group (not formal lessons)

Drop-in • All skill levels welcome Located in the auditorium (not wheelchair accessible)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Thursday, April 3, 2025

Line Dancing- Drop in

Date and Time: Thursday, April 3 9:30 am - 11:30 am

Address: 7 Mary Street

No partner is necessary for this drop-in dance activity!

Line Dancing is a great activity for maintaining flexibility and balance, and is just downright fun!

No experience required, all abilities welcome.

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 9:30am-11:30am

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: <https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/>), cost without a Drop-In Pass: \$3.00 per person (cash only)

The Stockey Centre: Film at The Stockey - A Real Pain

Date and Time: Thursday, April 3 7:00 pm

Address: 2 Bay Street

Tickets will go on sale in March 2025. Join our email newsletter at <https://stockeycentre.com/newsletter/> to receive the on-sale announcement.

Mismatched cousins reunite for a tour through Poland to honor their beloved grandmother, but their old tensions resurface against the backdrop of their family history. Starring Kieran Culkin and Jesse Eisenberg. Written and directed by Jesse Eisenberg. Rated R. Regular tickets are \$12 each.

Friday, April 4, 2025

Knitters and Stitches Club

Date and Time: Friday, April 4 11:00 am - 12:00 pm

Address: 29 Mary Street

A social gathering around our favourite pastimes: knitting, crocheting, and all things needlework. Bring your current project and join our drop-in group to learn and share from our collective skills. (not formal lessons)

Located in on the Parry Sound Public Library main level

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

The Stockey Centre: RUNA

Date and Time: Friday, April 4 7:00 pm

Address: 2 Bay Street

RUNA breathes fresh life into traditional Celtic music by digging into the songs and tunes to find the universal thread that binds past to present.

“Best of all, RUNA sounds like no one else!” – Travis Rogers, Jr., Music Life & Times

Celebrating 14 years together as a band, Celtic-American Roots music “super group”, RUNA, continues to push the boundaries of Irish folk music into the Americana and roots music formats. Interweaving the haunting melodies and exuberant tunes of Ireland and Scotland with the lush harmonies and intoxicating rhythms of jazz, bluegrass, flamenco and blues, they offer a thrilling and redefining take on traditional music.

Seeking to preserve and continue a traditional culture in a modern age, RUNA creates the backbone of its signature roots sound from the musical and geographical diversity of its individually established band members. They strive for excellence and creativity blazes a trail for the future of folk music, earning them the reputation as one of the most innovative Irish folk groups of this generation.

Tickets are \$29.95 + HST each. Available at <https://stockeycentre.com/event/runa-2/>

Saturday, April 5, 2025

Essentrics® Full-Body Dynamic Strength Workout at Stockey Centre for Performance Arts

Date and Time: Saturday, April 5 10:30 am - 11:30 am

Address: 2 Bay Street

Essentrics® Full-Body Dynamic Strength Workout

This full-body toning and energizing workout consists of dynamic fluid movements to:

- activate your connective tissue and fascia
- relieve stiffness in the joints and spine
- build strength in muscle groups that are often overlooked to prevent injuries
- Improve overall strength, endurance and agility
- tone arms, thighs, glutes and core
- boost cardiovascular system
- improve balance and muscular endurance
- body alignment to improve posture
- ALWAYS low impact to protect our joints

Celebrate the love of movement!

If you are active and want to condition the body for pickleball, racket sports, cross country skiing or your favorite winter activity this class is for you.

Bring exercise mat and water bottle.

Stockey Centre for the Performing Arts
2 Bay Street, Parry Sound

Saturdays 10:30am

Drop In \$15/class or purchase a class pass.

Check out details of class pass in FAQ section
www.essentricswithcaroline.ca

Visit class schedule to discover a variety of workouts and locations.

Participants are asked to read and sign waiver.

Tuesday, April 8, 2025

Chess Club at PSPL

Date and Time: Tuesday, April 8 10:00 am - 1:00 pm

Address: 29 Mary Street

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

Located on the main level of the library.

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Art Journaling

Date and Time: Tuesday, April 8 10:30 am - 12:00 pm

Address: 29 Mary Street

Mindful creative sessions. Visual journaling using mixed media.

Materials and journals available • Free drop-in program

Located in the library auditorium (not wheelchair accessible)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Wednesday, April 9, 2025

Intro to Yoga

Date and Time: Wednesday, April 9 1:30 pm - 2:15 pm

Address: 29 Mary Street

Light Yoga with certified instructor Ellen Koennecke of Yoga in the Sound.

Weekly Drop-in program, \$5 per session • No registration required

Located in the library auditorium (not wheelchair accessible)

For more information contact 705-746-9601 or askus@pspl.ca

French Group

Date and Time: Wednesday, April 9 4:30 pm - 6:00 pm

Address: 29 Mary Street

Are you learning to speak French? Would like to practice your language skills with other French speakers in Parry Sound? Join us at the library for a weekly casual French Group (not formal lessons)

Drop-in • All skill levels welcome Located in the auditorium (not wheelchair accessible)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Thursday, April 10, 2025

Line Dancing- Drop in

Date and Time: Thursday, April 10 9:30 am - 11:30 am

Address: 7 Mary Street

No partner is necessary for this drop-in dance activity!

Line Dancing is a great activity for maintaining flexibility and balance, and is just downright fun!

No experience required, all abilities welcome.

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 9:30am-11:30am

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: <https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/>), cost without a Drop-In Pass: \$3.00 per person (cash only)

Friday, April 11, 2025

Knitters and Stitchers Club

Date and Time: Friday, April 11 11:00 am - 12:00 pm

Address: 29 Mary Street

A social gathering around our favourite pastimes: knitting, crocheting, and all things needlework. Bring your current project and join our drop-in group to learn and share from our collective skills. (not formal lessons)

Located in on the Parry Sound Public Library main level

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Saturday, April 12, 2025

Essentrics® Full-Body Dynamic Strength Workout at Stockey Centre for Performance Arts

Date and Time: Saturday, April 12 10:30 am - 11:30 am

Address: 2 Bay Street

**Essentrics® Full-Body Dynamic
Strength Workout**

This full-body toning and energizing workout consists of dynamic fluid movements to:

- activate your connective tissue and fascia
- relieve stiffness in the joints and spine
- build strength in muscle groups that are often overlooked to prevent injuries
- Improve overall strength, endurance and agility
- tone arms, thighs, glutes and core
- boost cardiovascular system
- improve balance and muscular endurance
- body alignment to improve posture
- ALWAYS low impact to protect our joints

Celebrate the love of movement!

If you are active and want to condition the body for pickleball, racket sports, cross country skiing or your favorite winter activity this class is for you.

Bring exercise mat and water bottle.

Stockey Centre for the Performing Arts
2 Bay Street, Parry Sound

Saturdays 10:30am

Drop In \$15/class or purchase a class pass.

Check out details of class pass in FAQ section

www.essentricswithcaroline.ca

Visit class schedule to discover a variety of workouts and locations.

Participants are asked to read and sign waiver.

Earth Day- Family Fun

Date and Time: Saturday, April 12 1:00 pm - 3:00 pm

Address: 7 Mary Street

Earth Day- Family Fun!

Celebrate Earth Day with our family-friendly, free event at the Bobby Orr Community Centre! This event is designed to inspire children to explore and learn about our planet. Join us for an exciting day filled with crafts, interactive activities, toys and games. Bring the whole family and discover how you can make a difference for our Earth.

- Saturday, April 12, 2025
- 1PM-3PM
- Bobby Orr Community Centre
- FREE!

Thank you to our wonderful community partners for supporting this event!

Monday, April 14, 2025

Sport, Recreation and Leisure Fair 2025

Date and Time: Monday, April 14 5:00 pm - 7:00 pm

Address: 7 Mary Street

Join us at the annual Sport, Recreation, and Leisure Fair at the Bobby Orr Community Centre on Monday, April 14, 2025 from 5-7pm! This vibrant fair showcases everything Parry Sound has to offer, from dynamic recreational programs and engaging library services to diverse service clubs.

This fair is for everyone in the Parry Sound area looking to explore new hobbies, meet like-minded individuals, or discover a new passion. Families, seniors, teens, and adults are all welcome!

Tuesday, April 15, 2025

Gentle Fit

Date and Time: Tuesday, April 15 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and balance exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-May 8 (cancelled April 1-10): \$130.00

Drop in: \$12.00/class

Chess Club at PSPL

Date and Time: Tuesday, April 15 10:00 am - 1:00 pm

Address: 29 Mary Street

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

Located on the main level of the library.

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Art Journaling

Date and Time: Tuesday, April 15 10:30 am - 12:00 pm

Address: 29 Mary Street

Mindful creative sessions. Visual journaling using mixed media.

Materials and journals available • Free drop-in program

Located in the library auditorium (not wheelchair accessible)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Wednesday, April 16, 2025

Minds in Motion

Date and Time: Wednesday, April 16 1:00 pm - 3:00 pm

Address: 7 Mary Street

Delivered in partnership with the Alzheimer Society of Muskoka, this 8-week program is designed to provide physical activity and fun, mental stimulation for individuals with early to mid-stages of Alzheimer's disease or other dementias, along with their care partners.

Bobby Orr Community Centre | Wednesdays | 1-3pm

April 16-June 4 & July 2-August 20

\$20 each for participants and care partners

For more information, visit our website here: <https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/minds-in-motion/>

Intro to Yoga

Date and Time: Wednesday, April 16 1:30 pm - 2:15 pm

Address: 29 Mary Street

Light Yoga with certified instructor Ellen Koennecke of Yoga in the Sound.

Weekly Drop-in program, \$5 per session • No registration required

Located in the library auditorium (not wheelchair accessible)

For more information contact 705-746-9601 or askus@pspl.ca

Floor Curling- Drop in

Date and Time: Wednesday, April 16 2:00 pm - 4:00 pm

Address: 7 Mary Street

Floor Curling is a modified version of the Olympic sport of Curling, with one major difference - no ice! It offers participants a great introduction to the game, or a way to continue your love of the game, beyond the ice surface.

Bobby Orr Community Centre | Wednesdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 2:00pm-4:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details above), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Floor Curling- drop in

Date and Time: Wednesday, April 16 2:00 pm - 4:00 pm

Address: 7 Mary Street

Enhance your flexibility, expand your range of motion, and boost circulation with our engaging floor curling sessions. Set aside thoughts of heavy stones and slippery ice—our game takes place indoors, using lightweight, user-friendly equipment that's a breeze to handle.

Bobby Orr Community Centre | Wednesdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 2:00pm-4:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details above), Cost without a Drop-In Pass: \$3.00 per person (cash only)

French Group

Date and Time: Wednesday, April 16 4:30 pm - 6:00 pm

Address: 29 Mary Street

Are you learning to speak French? Would like to practice your language skills with other French speakers in Parry Sound? Join us at the library for a weekly casual French Group (not formal lessons)

Drop-in • All skill levels welcome Located in the auditorium (not wheelchair accessible)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Parry Sound Nature Club

Date and Time: Wednesday, April 16 7:00 pm - 7:30 pm

Address: Mary St. Centre, 24 Mary St, Parry Sound

April 16th, 7:00pm

Conserving, Protecting, and Restoring the Aquatic Ecosystems of Georgian Bay

Mary St. Centre, 24 Mary St, Parry Sound

This presentation will focus on the projects the Georgian Bay Forever performs around Georgian Bay, from plastic pollution education and removal, to invasive species monitoring and eradication.

Thursday, April 17, 2025

Gentle Fit

Date and Time: Thursday, April 17 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and balance exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-May 8 (cancelled April 1-10): \$130.00

Drop in: \$12.00/class

Line Dancing- Drop in

Date and Time: Thursday, April 17 9:30 am - 11:30 am

Address: 7 Mary Street

No partner is necessary for this drop-in dance activity!

Line Dancing is a great activity for maintaining flexibility and balance, and is just downright fun!

No experience required, all abilities welcome.

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 9:30am-11:30am

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: <https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/>), cost without a Drop-In Pass: \$3.00 per person (cash only)

Shuffleboard- Drop in

Date and Time: Thursday, April 17 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is being offered at the Town of Parry Sound. All equipment is provided, no experience necessary. Come out for an afternoon of activity, socializing, and fun!

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street

When: 1:00pm-3:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (details on our website here: <https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Shuffleboard- drop in

Date and Time: Thursday, April 17 1:00 pm - 3:00 pm

Address: 7 Mary Street

Join us for a session of floor shuffleboard, an ideal low-impact activity that keeps both body and mind engaged. We provide all the necessary equipment, ensuring that no prior experience is required. After each game, enjoy a relaxing coffee with fellow participants.

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street

When: 1:00pm-3:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (details on our website here: <https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Friday, April 18, 2025

Easter in the Park

Date and Time: Friday, April 18 10:00 am - 12:00 pm

Address: 110 Parry Sound Drive

Event Highlights:

Join us for a fantastic Easter celebration right at Kinsmen Park! This year's "Easter in the Park" promises to be an exciting day filled with activities and fun for all ages.

Easter Egg Hunt:

- Commences at 10:30 AM.
- Fields allocated by age:
 - Ball Field 1: Ages 4 and under
 - Ball Field 2: Ages 5-7
 - Soccer Field: Ages 8 and up

Post-Hunt Activities:

- Drumming.
- Cultural teachings and bonfires.
- Egg decorating.
- Easter coloring crafts.
- Sensory bins.
- Face painting.

Meet the Easter Bunny:

- The Easter Bunny will be making an appearance, offering a perfect photo opportunity.

Volunteers Needed:

To join us in making "Easter in the Park" a memorable event, volunteer to assist with various activities and field supervision.

Saturday, April 19, 2025

Georgian Jumpers Bottle Drive, Jump Rope Sale & 50/50 Raffle

Date and Time: Saturday, April 19 10:00 am - 12:00 pm

Address: 25 Pine Drive

Join the Georgian Jumpers for our Easter Weekend Fundraising Events!

Location #1 - Sobeys

Location #2 - The Beer Store

Collecting bottles, selling 50/50 tickets & Jump Ropes. All funds go towards our athletes travelling to Saskatoon for Nationals

Sunday, April 20, 2025

Pitch-In Week

Date and Time: Sunday, April 20 7:00 am - 9:00 pm

Address: All over Town

Join Parry Sound's Earth Day Initiative!

Celebrate Earth Day by participating in community-wide litter cleanups! Whether you're a group or an individual, we invite you to help keep our town beautiful.

- **Pitch-in Week:** April 20 - 27, 2025

- **Registration:** Register with the Town of Parry Sound to receive Pitch-In garbage bags and gloves. Our Parks staff will collect your filled bags for proper disposal at the end of your cleanup event.

Let's work together to make Parry Sound cleaner and greener!

To register your clean up, visit the link below:

[2025 Pitch-In Litter Cleanup Registration](#)

Monday, April 21, 2025

Pitch-In Week

Date and Time: Monday, April 21 7:00 am - 9:00 pm

Address: All over Town

Join Parry Sound's Earth Day Initiative!

Celebrate Earth Day by participating in community-wide litter cleanups! Whether you're a group or an individual, we invite you to help keep our town beautiful.

- **Pitch-in Week:** April 20 - 27, 2025
- **Registration:** Register with the Town of Parry Sound to receive Pitch-In garbage bags and gloves. Our Parks staff will collect your filled bags for proper disposal at the end of your cleanup event.

Let's work together to make Parry Sound cleaner and greener!

To register your clean up, visit the link below:

[2025 Pitch-In Litter Cleanup Registration](#)

Tuesday, April 22, 2025

Pitch-In Week

Date and Time: Tuesday, April 22 7:00 am - 9:00 pm

Address: All over Town

Join Parry Sound's Earth Day Initiative!

Celebrate Earth Day by participating in community-wide litter cleanups! Whether you're a group or an individual, we invite you to help keep our town beautiful.

- **Pitch-in Week:** April 20 - 27, 2025
- **Registration:** Register with the Town of Parry Sound to receive Pitch-In garbage bags and gloves. Our Parks staff will collect your filled bags for proper disposal at the end of your cleanup event.

Let's work together to make Parry Sound cleaner and greener!

To register your clean up, visit the link below:

[2025 Pitch-In Litter Cleanup Registration](#)

Gentle Fit

Date and Time: Tuesday, April 22 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and balance exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-May 8 (cancelled April 1-10): \$130.00

Drop in: \$12.00/class

Chess Club at PSPL

Date and Time: Tuesday, April 22 10:00 am - 1:00 pm

Address: 29 Mary Street

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

Located on the main level of the library.

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Art Journaling

Date and Time: Tuesday, April 22 10:30 am - 12:00 pm

Address: 29 Mary Street

Mindful creative sessions. Visual journaling using mixed media.

Materials and journals available • Free drop-in program

Located in the library auditorium (not wheelchair accessible)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Adult Rocket Rollers

Date and Time: Tuesday, April 22 8:00 pm - 9:00 pm

Address: 7 Mary Street

Adult Rocket Rollers Program

Overview:

Welcome to the Adult Rocket Rollers, designed exclusively for adults eager to master the art of quad-skating. Whether you are a beginner or looking to polish your skating skills, this program offers a friendly and supportive environment to skate with confidence.

Program Details:

- **Schedule:** Every Tuesday from April 22 to June 10
- **Time:** 8 PM - 9 PM
- **Location:** Summer Ice Surface at the Bobby Orr Community Centre
- **Cost:** \$60.00 for the entire session

Program Highlights:

- **All Skill Levels Welcome:** Our sessions cater to both beginners and those looking to rekindle their passion for skating.
- **Expert Guidance:** Our experienced instructor will help you feel comfortable and secure on the skates.
- **Social Fun:** Enjoy a lively atmosphere encouraging camaraderie and laughter.
- **Personalized Pace:** Develop your skills at your own speed with personalized attention.

Registration Information:

- Spots are limited! To secure your place in the program, please visit our registration page: www.parrysound.ca/adultprograms.

Wednesday, April 23, 2025

Pitch-In Week

Date and Time: Wednesday, April 23 7:00 am - 9:00 pm

Address: All over Town

Join Parry Sound's Earth Day Initiative!

Celebrate Earth Day by participating in community-wide litter cleanups! Whether you're a group or an individual, we invite you to help keep our town beautiful.

- **Pitch-in Week:** April 20 - 27, 2025
- **Registration:** Register with the Town of Parry Sound to receive Pitch-In garbage bags and gloves. Our

Parks staff will collect your filled bags for proper disposal at the end of your cleanup event.

Let's work together to make Parry Sound cleaner and greener!

To register your clean up, visit the link below:

[2025 Pitch-In Litter Cleanup Registration](#)

Qigong

Date and Time: Wednesday, April 23 10:00 am - 11:00 am

Address: 7 Mary Street

Discover the ancient practice of Qigong in our enriching sessions designed to foster wellness and tranquility. This program integrates refined movements, breath control, and meditation techniques to enhance your physical and mental well-being..

April 23-May 28

Full Session: \$50.00

Drop-in: \$12.00

Bobby Orr Community Centre | Wednesdays | 10am-11am

[Click here to register for Qigong](#)

Minds in Motion

Date and Time: Wednesday, April 23 1:00 pm - 3:00 pm

Address: 7 Mary Street

Delivered in partnership with the Alzheimer Society of Muskoka, this 8-week program is designed to provide physical activity and fun, mental stimulation for individuals with early to mid-stages of Alzheimer's disease or other dementias, along with their care partners.

Bobby Orr Community Centre | Wednesdays | 1-3pm

April 16-June 4 & July 2-August 20

\$20 each for participants and care partners

For more information, visit our website here: <https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/minds-in-motion/>

Intro to Yoga

Date and Time: Wednesday, April 23 1:30 pm - 2:15 pm

Address: 29 Mary Street

Light Yoga with certified instructor Ellen Koennecke of Yoga in the Sound.

Weekly Drop-in program, \$5 per session • No registration required

Located in the library auditorium (not wheelchair accessible)

For more information contact 705-746-9601 or askus@pspl.ca

Floor Curling- Drop in

Date and Time: Wednesday, April 23 2:00 pm - 4:00 pm

Address: 7 Mary Street

Floor Curling is a modified version of the Olympic sport of Curling, with one major difference - no ice! It offers participants a great introduction to the game, or a way to continue your love of the game, beyond the ice surface.

Bobby Orr Community Centre | Wednesdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 2:00pm-4:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details above), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Floor Curling- drop in

Date and Time: Wednesday, April 23 2:00 pm - 4:00 pm

Address: 7 Mary Street

Enhance your flexibility, expand your range of motion, and boost circulation with our engaging floor curling sessions. Set aside thoughts of heavy stones and slippery ice—our game takes place indoors, using lightweight, user-friendly equipment that's a breeze to handle.

Bobby Orr Community Centre | Wednesdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 2:00pm-4:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details above), Cost without a Drop-In Pass: \$3.00 per person (cash only)

French Group

Date and Time: Wednesday, April 23 4:30 pm - 6:00 pm

Address: 29 Mary Street

Are you learning to speak French? Would like to practice your language skills with other French speakers in Parry Sound? Join us at the library for a weekly casual French Group (not formal lessons)

Drop-in • All skill levels welcome Located in the auditorium (not wheelchair accessible)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Thursday, April 24, 2025

Pitch-In Week

Date and Time: Thursday, April 24 7:00 am - 9:00 pm

Address: All over Town

Join Parry Sound's Earth Day Initiative!

Celebrate Earth Day by participating in community-wide litter cleanups! Whether you're a group or an individual, we invite you to help keep our town beautiful.

- **Pitch-in Week:** April 20 - 27, 2025
- **Registration:** Register with the Town of Parry Sound to receive Pitch-In garbage bags and gloves. Our Parks staff will collect your filled bags for proper disposal at the end of your cleanup event.

Let's work together to make Parry Sound cleaner and greener!

To register your clean up, visit the link below:

[2025 Pitch-In Litter Cleanup Registration](#)

Gentle Fit

Date and Time: Thursday, April 24 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and balance exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-May 8 (cancelled April 1-10): \$130.00

Drop in: \$12.00/class

Line Dancing- Drop in

Date and Time: Thursday, April 24 9:30 am - 11:30 am

Address: 7 Mary Street

No partner is necessary for this drop-in dance activity!

Line Dancing is a great activity for maintaining flexibility and balance, and is just downright fun!

No experience required, all abilities welcome.

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 9:30am-11:30am

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: <https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/>), cost without a Drop-In Pass: \$3.00 per person (cash only)

Shuffleboard- Drop in

Date and Time: Thursday, April 24 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is being offered at the Town of Parry Sound. All equipment is provided, no experience necessary. Come out for an afternoon of activity, socializing, and fun!

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street

When: 1:00pm-3:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (details on our website here: <https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Shuffleboard- drop in

Date and Time: Thursday, April 24 1:00 pm - 3:00 pm

Address: 7 Mary Street

Join us for a session of floor shuffleboard, an ideal low-impact activity that keeps both body and mind engaged. We provide all the necessary equipment, ensuring that no prior experience is required. After each game, enjoy a relaxing coffee with fellow participants.

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street

When: 1:00pm-3:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (details on our website here: <https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Rocket Rollers- Youth Roller Skating

Date and Time: Thursday, April 24 5:00 pm - 6:30 pm

Address: 7 Mary Street

Rocket Rollers: Beginners Roller Skating Program

Ignite a love for roller skating with our Rocket Roller Beginners Roller Skating Program! Designed for youth 7-17, this introductory program paves the way into the exhilarating world of quad roller skating. Whether you're completely new to roller sports or aiming to enhance your balance and poise, our program offers an ideal platform to develop essential skills in a fun, supportive environment.

Program Highlights:

- **Skill Development:** Master fundamental techniques like optimal posture, balance, stopping methods, and basic maneuvers.
- **Confidence Building:** Gain comfort on wheels at your pace.
- **Physical Fitness:** Improve coordination, strength, and endurance.
- **Social Interaction:** Enhance teamwork through group activities.

Equipment: Equipment is not provided for this program.

- Hemet & Quad Skates (required)
- Elbow, wrist & knee pads (recommended)

Program Details:

- **When:** Thursdays: April 24-June 12 , 2025
- **Ages:** 7-12 years: 5 PM-5:45 PM, 13-17 years: 5:45 PM-6:30 PM
- **Cost:** \$50.00 per person

Registration: Opens Wednesday, March 19, 2025 at 10AM

- **Online Registration:** [Click here to register for Rocket Rollers](#)
- **In Person Registration:** Stop by the Town Office, 52 Seguin Street, during regular business hours to register for Rocket Rollers.

Friday, April 25, 2025

Pitch-In Week

Date and Time: Friday, April 25 7:00 am - 9:00 pm

Address: All over Town

Join Parry Sound's Earth Day Initiative!

Celebrate Earth Day by participating in community-wide litter cleanups! Whether you're a group or an individual, we invite you to help keep our town beautiful.

- **Pitch-in Week:** April 20 - 27, 2025
- **Registration:** Register with the Town of Parry Sound to receive Pitch-In garbage bags and gloves. Our Parks staff will collect your filled bags for proper disposal at the end of your cleanup event.

Let's work together to make Parry Sound cleaner and greener!

To register your clean up, visit the link below:

[2025 Pitch-In Litter Cleanup Registration](#)

Knitters and Stitches Club

Date and Time: Friday, April 25 11:00 am - 12:00 pm

Address: 29 Mary Street

A social gathering around our favourite pastimes: knitting, crocheting, and all things needlework. Bring your current project and join our drop-in group to learn and share from our collective skills. (not formal lessons)

Located in on the Parry Sound Public Library main level

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Saturday, April 26, 2025

Pitch-In Week

Date and Time: Saturday, April 26 7:00 am - 9:00 pm

Address: All over Town

Join Parry Sound's Earth Day Initiative!

Celebrate Earth Day by participating in community-wide litter cleanups! Whether you're a group or an individual, we invite you to help keep our town beautiful.

- **Pitch-in Week:** April 20 - 27, 2025
- **Registration:** Register with the Town of Parry Sound to receive Pitch-In garbage bags and gloves. Our Parks staff will collect your filled bags for proper disposal at the end of your cleanup event.

Let's work together to make Parry Sound cleaner and greener!

To register your clean up, visit the link below:

[2025 Pitch-In Litter Cleanup Registration](#)

Sunday, April 27, 2025

Pitch-In Week

Date and Time: Sunday, April 27 7:00 am - 9:00 pm

Address: All over Town

Join Parry Sound's Earth Day Initiative!

Celebrate Earth Day by participating in community-wide litter cleanups! Whether you're a group or an individual, we invite you to help keep our town beautiful.

- **Pitch-in Week:** April 20 - 27, 2025
- **Registration:** Register with the Town of Parry Sound to receive Pitch-In garbage bags and gloves. Our Parks staff will collect your filled bags for proper disposal at the end of your cleanup event.

Let's work together to make Parry Sound cleaner and greener!

To register your clean up, visit the link below:

[2025 Pitch-In Litter Cleanup Registration](#)

Tuesday, April 29, 2025

Gentle Fit

Date and Time: Tuesday, April 29 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and balance exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-May 8 (cancelled April 1-10): \$130.00

Drop in: \$12.00/class

Chess Club at PSPL

Date and Time: Tuesday, April 29 10:00 am - 1:00 pm

Address: 29 Mary Street

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

Located on the main level of the library.

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Art Journaling

Date and Time: Tuesday, April 29 10:30 am - 12:00 pm

Address: 29 Mary Street

Mindful creative sessions. Visual journaling using mixed media.

Materials and journals available • Free drop-in program

Located in the library auditorium (not wheelchair accessible)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Adult Rocket Rollers

Date and Time: Tuesday, April 29 8:00 pm - 9:00 pm

Address: 7 Mary Street

Adult Rocket Rollers Program

Overview:

Welcome to the Adult Rocket Rollers, designed exclusively for adults eager to master the art of quad-skating. Whether you are a beginner or looking to polish your skating skills, this program offers a friendly and supportive environment to skate with confidence.

Program Details:

- **Schedule:** Every Tuesday from April 22 to June 10
- **Time:** 8 PM - 9 PM
- **Location:** Summer Ice Surface at the Bobby Orr Community Centre
- **Cost:** \$60.00 for the entire session

Program Highlights:

- **All Skill Levels Welcome:** Our sessions cater to both beginners and those looking to rekindle their passion for skating.
- **Expert Guidance:** Our experienced instructor will help you feel comfortable and secure on the skates.
- **Social Fun:** Enjoy a lively atmosphere encouraging camaraderie and laughter.
- **Personalized Pace:** Develop your skills at your own speed with personalized attention.

Registration Information:

- Spots are limited! To secure your place in the program, please visit our registration page: www.parrysound.ca/adultprograms.

Wednesday, April 30, 2025

Qigong

Date and Time: Wednesday, April 30 10:00 am - 11:00 am

Address: 7 Mary Street

Discover the ancient practice of Qigong in our enriching sessions designed to foster wellness and tranquility. This program integrates refined movements, breath control, and meditation techniques to enhance your physical and mental well-being..

April 23-May 28

Full Session: \$50.00

Drop-in: \$12.00

Bobby Orr Community Centre | Wednesdays | 10am-11am

[Click here to register for Qigong](#)

Minds in Motion

Date and Time: Wednesday, April 30 1:00 pm - 3:00 pm

Address: 7 Mary Street

Delivered in partnership with the Alzheimer Society of Muskoka, this 8-week program is designed to provide physical activity and fun, mental stimulation for individuals with early to mid-stages of Alzheimer's disease or other dementias, along with their care partners.

Bobby Orr Community Centre | Wednesdays | 1-3pm

April 16-June 4 & July 2-August 20

\$20 each for participants and care partners

For more information, visit our website here: <https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/minds-in-motion/>

Intro to Yoga

Date and Time: Wednesday, April 30 1:30 pm - 2:15 pm

Address: 29 Mary Street

Light Yoga with certified instructor Ellen Koennecke of Yoga in the Sound.

Weekly Drop-in program, \$5 per session • No registration required

Located in the library auditorium (not wheelchair accessible)

For more information contact 705-746-9601 or askus@pspl.ca

French Group

Date and Time: Wednesday, April 30 4:30 pm - 6:00 pm

Address: 29 Mary Street

Are you learning to speak French? Would like to practice your language skills with other French speakers in Parry Sound? Join us at the library for a weekly casual French Group (not formal lessons)

Drop-in • All skill levels welcome Located in the auditorium (not wheelchair accessible)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

<https://events.parrysound.ca>