Monday, March 3, 2025

Parent and Tot Skate-Drop in

Date and Time: Monday, March 3 9:00 am - 10:00 am

Address: 7 Mary Street

Parent and Tot Skating: Put on your skates and join us for a heartwarming Parent & Tot Drop-In Skating P rogram at the Bobby Orr Community Centre! Enjoy a fun-filled morning of bonding, learning, and laughter on t he ice, perfect for building confidence and creating unforgettable memories together. □

When: Mondays from 9am-10am

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per adult (cash only)

Adult Skate-Drop in

Date and Time: Monday, March 3 12:00 pm - 1:00 pm

Address: 7 Mary Street

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Tuesday, March 4, 2025

Gentle Fit

Date and Time: Tuesday, March 4 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-May 8 (cancelled April 1-10): \$130.00

Drop in: \$12.00/class

Chess Club at PSPL

Date and Time: Tuesday, March 4 10:00 am - 1:00 pm

Address: 29 Mary Street

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

Located on the main level of the library.

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Art Journaling

Date and Time: Tuesday, March 4 10:30 am - 12:00 pm

Address: 29 Mary Street

Mindful creative sessions. Visual journaling using mixed media.

Materials and journals available • Free drop-in program

Located in the library auditorium (not wheelchair accessible)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Adult Skate-Drop in

Date and Time: Tuesday, March 4 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Pickleball- Drop in

Date and Time: Tuesday, March 4 5:00 pm - 7:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, plated on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for reservation 6 days in advance of drop-in timeslots. Drop in Pickleball will be limited to 16 participants, to avoid disappointment, pre-registration is highly recommended. *To pre-register, an active Drop-In Pass is required (please see Drop-In Pass details on our website: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/).

To pre-register, please complete the form below, or call the Community Recreation Coordinator at 705-746-27 01 x 201:

Pre-registration Form

Drop-In Pickleball Schedule:

Evening:

Bobby Orr Community Centre | Tuesdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 5:00pm-7:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (visit our website for details: https://www.parrysoun d.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$ 3.00 per person (cash only)

Wednesday, March 5, 2025

Pickleball- Drop In

Date and Time: Wednesday, March 5 9:00 am - 1:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, plated on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for reservation 6 days in advance of drop-in timeslots. Drop in Pickleball will be limited to 16 participants, to avoid disappointment, pre-registration is highly recommended. *To pre-register, an active Drop-In Pass is required (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/).

To pre-register, please complete the form below, or call the Community Recreation Coordinator at 705-746-27 01 x 201:

Pre-registration Form

Drop-In Pickleball Schedule:

Daytime:

Bobby Orr Community Centre | Wednesday | Stanley Cup Hall

Where: 7 Mary Street

Time: Competitive: 9:00am-11:00am

Recreation: 11:00am-1:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Adult Skate-Drop in

Date and Time: Wednesday, March 5 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Intro to Yoga

Date and Time: Wednesday, March 5 1:30 pm - 2:15 pm

Address: 29 Mary Street

Light Yoga with certified instructor Ellen Koennecke of Yoga in the Sound.

Weekly Drop-in program, \$5 per session • No registration required

Located in the library auditorium (not wheelchair accessible)

For more information contact 705-746-9601 or askus@pspl.ca

Floor Curling- Drop in

Date and Time: Wednesday, March 5 2:00 pm - 4:00 pm

Address: 7 Mary Street

Floor Curling is a modified version of the Olympic sport of Curling, with one major difference - no ice! It offe rs participants a great introduction to the game, or a way to continue your love of the game, beyond the ice surf ace.

Bobby Orr Community Centre | Wednesdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 2:00pm-4:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details above), Cost without a Drop-In Pass: \$3. 00 per person (cash only)

French Group

Date and Time: Wednesday, March 5 4:30 pm - 6:00 pm

Address: 29 Mary Street

Are you learning to speak French? Would like to practice your language skills with other French speakers in Pa rry Sound? Join us at the library for a weekly casual French Group (not formal lessons)

Drop-in • All skill levels welcome Located in the auditorium (not wheelchair accessible)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Young Artists- Session 4

Date and Time: Wednesday, March 5 6:00 pm - 7:00 pm

Address: 7 Mary Street

Perfect for the child who loves to create masterpieces. Participants will exercise their creativity through step by step painting projects during this 4-week program. Each week focuses on nurturing basic art skills and creativit y. Led by Instructor Stephanie Horsman.

Registration is required: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/y outh-programs/

Ages 6-13

Session 1: Oct. 9, 16, 23, 30

Session 2: Nov. 20, 27, Dec. 4, 11

Session 3: Jan. 15, 22, 29, Feb. 5

Session 4: Feb. 26, Mar. 5, 12, 19

Bobby Orr Community Centre | Wednesdays | 6pm-7pm

Thursday, March 6, 2025

Gentle Fit

Date and Time: Thursday, March 6 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-May 8 (cancelled April 1-10): \$130.00

Drop in: \$12.00/class

Line Dancing- Drop in

Date and Time: Thursday, March 6 9:30 am - 11:30 am

Address: 7 Mary Street

No partner is necessary for this drop-in dance activity!

Line Dancing s a great activity for maintaining flexibility and balance, and is just downright fun!

No experience required, all abilities welcome.

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 9:30am-11:30am

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parryso und.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Adult Skate-Drop in

Date and Time: Thursday, March 6 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (click here for details), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Homeschool Skate- Drop in

Date and Time: Thursday, March 6 1:00 pm - 2:00 pm

Address: 7 Mary Street

□ ★ Calling all homeschool families! Join us for our Homeschool Skate Drop-In Program at the Bobby Orr C ommunity Centre, where learning meets fun on the ice! A fantastic opportunity for homeschoolers to stay active, socialize, and sharpen their skating skills in a friendly and safe environment. □

When: Thursdays from 1pm-2pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per adult (cash only)

Friday, March 7, 2025

Knitters and Stitchers Club

Date and Time: Friday, March 7 11:00 am - 12:00 pm

Address: 29 Mary Street

A social gathering around our favourite pastimes: knitting, crocheting, and all things needlework. Bring your cu rrent project and join our drop-in group to learn and share from our collective skills. (not formal lessons)

Located in on the Parry Sound Public Library main level

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Saturday, March 8, 2025

Essentrics® Full-Body Dynamic Strength Workout at Stockey Centre for Performance Arts

Date and Time: Saturday, March 8 10:30 am - 11:30 am

Address: 2 Bay Street

Essentrics® Full-Body Dynamic Strength Workout

This full-body toning and energizing workout consists of dynamic fluid movements to:

- activate your connective tissue and fascia
- relieve stiffness in the joints and spine
- build strength in muscle groups that are often overlooked to prevent injuries
- Improve overall strength, endurance and agility
- tone arms, thighs, glutes and core
- boost cardiovascular system
- improve balance and muscular endurance
- body alignment to improve posture
- ALWAYS low impact to protect our joints

Celebrate the love of movement!

If you are active and want to condition the body for pickleball, racket sports, cross country skiing or your favorite winter activity this class is for you.

Bring exercise mat and water bottle.

Stockey Centre for the Performing Arts 2 Bay Street, Parry Sound

Saturdays 10:30am

Drop In \$15/class or purchase a class pass.

Check out details of class pass in FAQ section www.essentricswithcaroline.ca

Visit class schedule to discover a variety of workouts and locations.

Participants are asked to read and sign waiver.

FREE Public Skating

Date and Time: Saturday, March 8 1:00 pm - 2:00 pm

Address: 7 Mary Street

Enjoy free public skating sessions at the Bobby Orr Community Centre! Lace up your skates this fall and winter, and glide with family and friends in our friendly, fun-filled environment.

Where: Bobby Orr Community Centre- 7 Mary Street,

When: Saturdays from 1pm-2pm (cancelled for Tournaments & Special events- please visit our Events Calenda r for the most up to date information)

Regular Public Skating Rules apply, click here for a list of rules

Monday, March 10, 2025

Parent and Tot Skate-Drop in

Date and Time: Monday, March 10 9:00 am - 10:00 am

Address: 7 Mary Street

Parent and Tot Skating: Put on your skates and join us for a heartwarming Parent & Tot Drop-In Skating P rogram at the Bobby Orr Community Centre! Enjoy a fun-filled morning of bonding, learning, and laughter on t he ice, perfect for building confidence and creating unforgettable memories together. □

When: Mondays from 9am-10am

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per adult (cash only)

Adult Skate-Drop in

Date and Time: Monday, March 10 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

The Stockey Centre: Zoo To You

Date and Time: Monday, March 10 1:00 pm - 4:00 pm

Address: 2 Bay Street

Join us at The Charles W. Stockey Centre for the Performing Arts & Bobby Orr Hall of Fame for March Break, all events are free! For all our March Break activities, visit here: https://stockevcentre.com/events/

category/march-break-event/

Zoo To You is a traveling educational event that is designed to both educate and entertain all ages and audience s. They provide a hands on interactive event with such animals as reptiles, mammals and exotics. Their animals are well socialized, tame, friendly and handled on a daily basis. They offer the opportunity to see and interact wi th the animals while learning fun facts about them!

This event is free admission in our lobby.

March Break Free Skate

Date and Time: Monday, March 10 2:00 pm - 3:00 pm

Address: 7 Mary Street

Free March Break Skating Extravaganza!

Join us for a week of fun on the ice during March Break! We're thrilled to offer free skating sessions at the Bob by Orr Community Centre for everyone to enjoy. Dust off your skates and glide into some family fun!

Schedule:

• Monday, March 10: 2:00 PM - 3:00 PM

• Tuesday, March 11: 2:00 PM - 3:00 PM

• Wednesday, March 12: 2:00 PM - 3:00 PM

• Thursday, March 13: 2:00 PM - 3:00 PM

Details:

- All ages welcome!
- No pre-registration is required; just show up and have fun.
- Don't forget about safety helmets are highly recommended for all skaters.

Location:

Bobby Orr Community Centre- 7 Mary Street, Parry Sound

Whether you're a seasoned skater or stepping onto the ice for the first time, we can't wait to see you there!

Tuesday, March 11, 2025

Gentle Fit

Date and Time: Tuesday, March 11 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-May 8 (cancelled April 1-10): \$130.00

Drop in: \$12.00/class

Chess Club at PSPL

Date and Time: Tuesday, March 11 10:00 am - 1:00 pm

Address: 29 Mary Street

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

Located on the main level of the library.

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

The Stockey Centre: Science North's Imagineering Exhibit & Science Show

Date and Time: Tuesday, March 11 10:00 am - 4:00 pm

Address: 2 Bay Street

Join us at The Charles W. Stockey Centre for the Performing Arts & Bobby Orr Hall of Fame for March Break, all events are free! For all our March Break activities, visit here: https://stockeycentre.com/events/category/march-break-event/

Join us in our lobby for Science North's Imagineering Exhibit. At 1pm, join us in the performance hall for their Science Show!

These events are free admission. The performance hall Science show with be general seating, no tickets required . Seats are first come, first served.

Art Journaling

Date and Time: Tuesday, March 11 10:30 am - 12:00 pm

Address: 29 Mary Street

Mindful creative sessions. Visual journaling using mixed media.

Materials and journals available • Free drop-in program

Located in the library auditorium (not wheelchair accessible)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Adult Skate-Drop in

Date and Time: Tuesday, March 11 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

March Break Free Skate

Date and Time: Tuesday, March 11 2:00 pm - 3:00 pm

Address: 7 Mary Street

Free March Break Skating Extravaganza!

Join us for a week of fun on the ice during March Break! We're thrilled to offer free skating sessions at the Bob by Orr Community Centre for everyone to enjoy. Dust off your skates and glide into some family fun!

Schedule:

- Monday, March 10: 2:00 PM 3:00 PM
- Tuesday, March 11: 2:00 PM 3:00 PM
- Wednesday, March 12: 2:00 PM 3:00 PM
- Thursday, March 13: 2:00 PM 3:00 PM

Details:

- All ages welcome!
- No pre-registration is required; just show up and have fun.
- Don't forget about safety helmets are highly recommended for all skaters.

Location:

Bobby Orr Community Centre- 7 Mary Street, Parry Sound

Whether you're a seasoned skater or stepping onto the ice for the first time, we can't wait to see you there!

Pickleball- Drop in

Date and Time: Tuesday, March 11 5:00 pm - 7:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, plated on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for res ervation 6 days in advance of drop-in timeslots. Drop in Pickleball will be limited to 16 participants, to av oid disappointment, pre-registration is highly recommended. *To pre-register, an active Drop-In Pass is required (please see Drop-In Pass details on our website: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/).

To pre-register, please complete the form below, or call the Community Recreation Coordinator at 705-746-27 01 x 201:

Pre-registration Form

Drop-In Pickleball Schedule:

Evening:

Bobby Orr Community Centre | Tuesdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 5:00pm-7:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (visit our website for details: https://www.parrysoun d.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$ 3.00 per person (cash only)

Wednesday, March 12, 2025

Pickleball- Drop In

Date and Time: Wednesday, March 12 9:00 am - 1:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, plated on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for res ervation 6 days in advance of drop-in timeslots. Drop in Pickleball will be limited to 16 participants, to av oid disappointment, pre-registration is highly recommended. *To pre-register, an active Drop-In Pass is required (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/).

To pre-register, please complete the form below, or call the Community Recreation Coordinator at 705-746-27 01 x 201:

Pre-registration Form

Drop-In Pickleball Schedule:

Daytime:

Bobby Orr Community Centre | Wednesday | Stanley Cup Hall

Where: 7 Mary Street

Time: Competitive: 9:00am-11:00am

Recreation: 11:00am-1:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Adult Skate-Drop in

Date and Time: Wednesday, March 12 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Intro to Yoga

Date and Time: Wednesday, March 12 1:30 pm - 2:15 pm

Address: 29 Mary Street

Light Yoga with certified instructor Ellen Koennecke of Yoga in the Sound.

Weekly Drop-in program, \$5 per session • No registration required

Located in the library auditorium (not wheelchair accessible)

For more information contact 705-746-9601 or askus@pspl.ca

Floor Curling- Drop in

Date and Time: Wednesday, March 12 2:00 pm - 4:00 pm

Address: 7 Mary Street

Floor Curling is a modified version of the Olympic sport of Curling, with one major difference - no ice! It offe rs participants a great introduction to the game, or a way to continue your love of the game, beyond the ice surf

ace.

Bobby Orr Community Centre | Wednesdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 2:00pm-4:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details above), Cost without a Drop-In Pass: \$3.

00 per person (cash only)

March Break Free Skate

Date and Time: Wednesday, March 12 2:00 pm - 3:00 pm

Address: 7 Mary Street

Free March Break Skating Extravaganza!

Join us for a week of fun on the ice during March Break! We're thrilled to offer free skating sessions at the Bob by Orr Community Centre for everyone to enjoy. Dust off your skates and glide into some family fun!

Schedule:

• Monday, March 10: 2:00 PM - 3:00 PM

• Tuesday, March 11: 2:00 PM - 3:00 PM

• Wednesday, March 12: 2:00 PM - 3:00 PM

• Thursday, March 13: 2:00 PM - 3:00 PM

Details:

- All ages welcome!
- No pre-registration is required; just show up and have fun.
- Don't forget about safety helmets are highly recommended for all skaters.

Location:

Bobby Orr Community Centre- 7 Mary Street, Parry Sound

Whether you're a seasoned skater or stepping onto the ice for the first time, we can't wait to see you there!

The Stockey Centre: AbraKIDabra

Date and Time: Wednesday, March 12 2:30 pm - 3:30 pm

Address: 2 Bay Street

Join us at The Charles W. Stockey Centre for the Performing Arts & Bobby Orr Hall of Fame for March Break, all events are free! For all our March Break activities, visit here: https://stockeycentre.com/events/category/march-break-event/

PETER MENNIE: That Magic Guy presents a "fun filled, hysterically funny, family-friendly, festival of foolin" that has been touring North America and Europe & the Middle East for the past 30 years and is guaranteed to be the funniest magic show you (and they) will see all year.

Thoughout his career as CANADA'S FAMILY FRIENDLY FOOLER – magician Peter Mennie has done it all fr om full illusion shows right down to intimate close-up magic and almost every style in between. However, noth ing compares to the satisfaction received from entertaining family audiences. He loves entertaining the kids and Mom & Dad – together. Two levels of comedy, two levels of astonishment, all in one amazing performance. Pet er Mennie's Magic Show truly is a "stand-up-situational-comedy-of-errors" performance.

This event is free admission with general seating, no tickets required. Seats are first come, first served.

French Group

Date and Time: Wednesday, March 12 4:30 pm - 6:00 pm

Address: 29 Mary Street

Are you learning to speak French? Would like to practice your language skills with other French speakers in Parry Sound? Join us at the library for a weekly casual French Group (not formal lessons)

Drop-in • All skill levels welcome Located in the auditorium (not wheelchair accessible)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Young Artists- Session 4

Date and Time: Wednesday, March 12 6:00 pm - 7:00 pm

Address: 7 Mary Street

Perfect for the child who loves to create masterpieces. Participants will exercise their creativity through step by step painting projects during this 4-week program. Each week focuses on nurturing basic art skills and creativit y. Led by Instructor Stephanie Horsman.

Registration is required: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/youth-programs/

Ages 6-13

Session 1: Oct. 9, 16, 23, 30

Session 2: Nov. 20, 27, Dec. 4, 11

Session 3: Jan. 15, 22, 29, Feb. 5

Session 4: Feb. 26, Mar. 5, 12, 19

Bobby Orr Community Centre | Wednesdays | 6pm-7pm

Thursday, March 13, 2025

Gentle Fit

Date and Time: Thursday, March 13 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-May 8 (cancelled April 1-10): \$130.00

Drop in: \$12.00/class

Line Dancing- Drop in

Date and Time: Thursday, March 13 9:30 am - 11:30 am

Address: 7 Mary Street

No partner is necessary for this drop-in dance activity!

Line Dancing s a great activity for maintaining flexibility and balance, and is just downright fun!

No experience required, all abilities welcome.

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 9:30am-11:30am

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parryso und.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Bobby Orr Hall of Fame March Break Activities

Date and Time: Thursday, March 13 11:00 am - 2:00 pm

Address: 2 Bay Street

Join us at The Charles W. Stockey Centre for the Performing Arts & Bobby Orr Hall of Fame for March Break, all events are free! For all our March Break activities, visit here: https://stockeycentre.com/events/category/march-break-event/

- Free Admission to the Bobby Orr Hall of Fame from 11am to 2pm
- Arts and Crafts Station Featuring hockey themed colouring pages and crafts.
- Top Shot Targets Shoot the puck and hit the targets to score as many points as you can within the time

limit.

- Scavenger Hunt A self-guided scavenger hunt sheet for learning more about the Bobby Orr Hall of Fame.
- Light snacks will be available. There will be tables and seating available for bagged lunches brought from home.

Adult Skate-Drop in

Date and Time: Thursday, March 13 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Shuffleboard- Drop in

Date and Time: Thursday, March 13 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is being offered at the Town of Parry Sound. All equipment is provided, no experience neces sary. Come out for an afternoon of activity, socializing, and fun!

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street

When: 1:00pm-3:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), Cost without a Drop-In Pass: \$3 .00 per person (cash only)

Homeschool Skate- Drop in

Date and Time: Thursday, March 13 1:00 pm - 2:00 pm

Address: 7 Mary Street

□ ★ Calling all homeschool families! Join us for our Homeschool Skate Drop-In Program at the Bobby Orr C ommunity Centre, where learning meets fun on the ice! A fantastic opportunity for homeschoolers to stay active , socialize, and sharpen their skating skills in a friendly and safe environment. □

When: Thursdays from 1pm-2pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per adult (cash only)

March Break Free Skate

Date and Time: Thursday, March 13 2:00 pm - 3:00 pm

Address: 7 Mary Street

Free March Break Skating Extravaganza!

Join us for a week of fun on the ice during March Break! We're thrilled to offer free skating sessions at the Bob by Orr Community Centre for everyone to enjoy. Dust off your skates and glide into some family fun!

Schedule:

• Monday, March 10: 2:00 PM - 3:00 PM

• Tuesday, March 11: 2:00 PM - 3:00 PM

• Wednesday, March 12: 2:00 PM - 3:00 PM

• Thursday, March 13: 2:00 PM - 3:00 PM

Details:

- All ages welcome!
- No pre-registration is required; just show up and have fun.
- Don't forget about safety helmets are highly recommended for all skaters.

Location:

Bobby Orr Community Centre- 7 Mary Street, Parry Sound

Whether you're a seasoned skater or stepping onto the ice for the first time, we can't wait to see you there!

The Stockey Centre: The Wild Robot

Date and Time: Thursday, March 13 2:00 pm - 3:45 pm

Address: 2 Bay Street

Join us at The Charles W. Stockey Centre for the Performing Arts & Bobby Orr Hall of Fame for March Break, all events are free! For all our March Break activities, visit here: https://stockeycentre.com/events/category/march-break-event/

After a shipwreck, an intelligent robot called Roz is stranded on an uninhabited island. To survive the harsh environment, Roz bonds with the island's animals and cares for an orphaned baby goose.

Rated PG for action/peril and thematic elements.

This event is free admission with general seating, no tickets required. Seats are first come, first served.

Friday, March 14, 2025

Knitters and Stitchers Club

Date and Time: Friday, March 14 11:00 am - 12:00 pm

Address: 29 Mary Street

A social gathering around our favourite pastimes: knitting, crocheting, and all things needlework. Bring your cu rrent project and join our drop-in group to learn and share from our collective skills. (not formal lessons)

Located in on the Parry Sound Public Library main level

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

The Stockey Centre: Little Fingers Music presents Planet Hope

Date and Time: Friday, March 14 2:00 pm - 3:00 pm

Address: 2 Bay Street

Join us at The Charles W. Stockey Centre for the Performing Arts & Bobby Orr Hall of Fame for March Break, all events are free! For all our March Break activities, visit here: https://stockeycentre.com/events/category/march-break-event/

Children journey through sound to 5 different planets in search of a new home. They discover that every planet has its own problems and that Earth still fills them with hope and wonder. Join us for an interactive musical!

This event is free admission with general seating, no tickets required. Seats are first come, first served.

Saturday, March 15, 2025

Essentrics® Full-Body Dynamic Strength Workout at Stockey Centre for Performance Arts

Date and Time: Saturday, March 15 10:30 am - 11:30 am

Address: 2 Bay Street

Essentrics® Full-Body Dynamic Strength Workout

This full-body toning and energizing workout consists of dynamic fluid movements to:

- activate your connective tissue and fascia
- relieve stiffness in the joints and spine

- build strength in muscle groups that are often overlooked to prevent injuries
- Improve overall strength, endurance and agility
- tone arms, thighs, glutes and core
- boost cardiovascular system
- improve balance and muscular endurance
- body alignment to improve posture
- ALWAYS low impact to protect our joints

Celebrate the love of movement! If you are active and want to condition the body for pickleball, racket sports, cross country skiing or your favorite winter activity this class is for you.

Bring exercise mat and water bottle.

Stockey Centre for the Performing Arts 2 Bay Street, Parry Sound

Saturdays 10:30am

Drop In \$15/class or purchase a class pass.

Check out details of class pass in FAQ section www.essentricswithcaroline.ca

Visit class schedule to discover a variety of workouts and locations.

Participants are asked to read and sign waiver.

FREE Public Skating

Date and Time: Saturday, March 15 1:00 pm - 2:00 pm

Address: 7 Mary Street

Enjoy free public skating sessions at the Bobby Orr Community Centre! Lace up your skates this fall and winter, and glide with family and friends in our friendly, fun-filled environment.

Where: Bobby Orr Community Centre- 7 Mary Street,

When: Saturdays from 1pm-2pm (cancelled for Tournaments & Special events- please visit our Events Calenda r for the most up to date information)

Regular Public Skating Rules apply, click here for a list of rules

Owling with Parry Sound Forest School

Date and Time: Saturday, March 15 6:00 pm - 8:00 pm

Address: 1 College Drive

Let's Go Owling!

Parry Sound Forest School invites your family to come enjoy a night hike and campfire listening for and learnin g about owls.

Sat. Mar. 15 from 6:00 pm - 8:00 pm.

This event is recommended for families with children older than 6 yrs.

Registration is required and can be found <u>here (link)</u> or on our website.

This event is pay-what-you-can with a suggested donation of \$10/family.

Monday, March 17, 2025

Parent and Tot Skate-Drop in

Date and Time: Monday, March 17 9:00 am - 10:00 am

Address: 7 Mary Street

Parent and Tot Skating: Put on your skates and join us for a heartwarming Parent & Tot Drop-In Skating P rogram at the Bobby Orr Community Centre! Enjoy a fun-filled morning of bonding, learning, and laughter on t he ice, perfect for building confidence and creating unforgettable memories together. □

When: Mondays from 9am-10am

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per adult (cash only)

Adult Skate-Drop in

Date and Time: Monday, March 17 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Tuesday, March 18, 2025

Gentle Fit

Date and Time: Tuesday, March 18 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-May 8 (cancelled April 1-10): \$130.00

Drop in: \$12.00/class

Chess Club at PSPL

Date and Time: Tuesday, March 18 10:00 am - 1:00 pm

Address: 29 Mary Street

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

Located on the main level of the library.

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Art Journaling

Date and Time: Tuesday, March 18 10:30 am - 12:00 pm

Address: 29 Mary Street

Mindful creative sessions. Visual journaling using mixed media.

Materials and journals available • Free drop-in program

Located in the library auditorium (not wheelchair accessible)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Adult Skate-Drop in

Date and Time: Tuesday, March 18 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Pickleball- Drop in

Date and Time: Tuesday, March 18 5:00 pm - 7:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, plated on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for res ervation 6 days in advance of drop-in timeslots. Drop in Pickleball will be limited to 16 participants, to av oid disappointment, pre-registration is highly recommended. *To pre-register, an active Drop-In Pass is required (please see Drop-In Pass details on our website: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/).

To pre-register, please complete the form below, or call the Community Recreation Coordinator at 705-746-27 01 x 201:

Pre-registration Form

Drop-In Pickleball Schedule:

Evening:

Bobby Orr Community Centre | Tuesdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 5:00pm-7:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (visit our website for details: https://www.parrysoun d.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$ 3.00 per person (cash only)

Wednesday, March 19, 2025

Pickleball- Drop In

Date and Time: Wednesday, March 19 9:00 am - 1:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, plated on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for res ervation 6 days in advance of drop-in timeslots. Drop in Pickleball will be limited to 16 participants, to av oid disappointment, pre-registration is highly recommended. *To pre-register, an active Drop-In Pass is required (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/).

To pre-register, please complete the form below, or call the Community Recreation Coordinator at 705-746-27 01 x 201:

Pre-registration Form

Drop-In Pickleball Schedule:

Daytime:

Bobby Orr Community Centre | Wednesday | Stanley Cup Hall

Where: 7 Mary Street

Time: Competitive: 9:00am-11:00am

Recreation: 11:00am-1:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Adult Skate-Drop in

Date and Time: Wednesday, March 19 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Intro to Yoga

Date and Time: Wednesday, March 19 1:30 pm - 2:15 pm

Address: 29 Mary Street

Light Yoga with certified instructor Ellen Koennecke of Yoga in the Sound.

Weekly Drop-in program, \$5 per session • No registration required

Located in the library auditorium (not wheelchair accessible)

For more information contact 705-746-9601 or askus@pspl.ca

Floor Curling- Drop in

Date and Time: Wednesday, March 19 2:00 pm - 4:00 pm

Address: 7 Mary Street

Floor Curling is a modified version of the Olympic sport of Curling, with one major difference - no ice! It offe rs participants a great introduction to the game, or a way to continue your love of the game, beyond the ice surf ace.

Bobby Orr Community Centre | Wednesdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 2:00pm-4:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details above), Cost without a Drop-In Pass: \$3.

00 per person (cash only)

French Group

Date and Time: Wednesday, March 19 4:30 pm - 6:00 pm

Address: 29 Mary Street

Are you learning to speak French? Would like to practice your language skills with other French speakers in Pa rry Sound? Join us at the library for a weekly casual French Group (not formal lessons)

Drop-in • All skill levels welcome Located in the auditorium (not wheelchair accessible)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Young Artists- Session 4

Date and Time: Wednesday, March 19 6:00 pm - 7:00 pm

Address: 7 Mary Street

Perfect for the child who loves to create masterpieces. Participants will exercise their creativity through step by step painting projects during this 4-week program. Each week focuses on nurturing basic art skills and creativit y. Led by Instructor Stephanie Horsman.

Registration is required: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/youth-programs/

Ages 6-13

Session 1: Oct. 9, 16, 23, 30

Session 2: Nov. 20, 27, Dec. 4, 11

Session 3: Jan. 15, 22, 29, Feb. 5

Session 4: Feb. 26, Mar. 5, 12, 19

Bobby Orr Community Centre | Wednesdays | 6pm-7pm

Parry Sound Nature Club

Date and Time: Wednesday, March 19 7:00 pm - 8:30 pm

Address: Mary St. Centre, 24 Mary St, Parry Sound

March 19th, 7:00pm

Shawanaga Island IPCA with Andrew Byrne

Mary St. Centre, 24 Mary St, Parry Sound

Shawanaga Island is located along the shoreline of Georgian Bay. The Island has been enjoyed by many for gene rations – for swimming, boating, picnics, camping, hunting, education, exploring and adventures. Shawanaga Fi rst Nation has been working since 2019 to establish an Indigenous Protected and Conserved Area on Shawanaga a Island and its surrounding waters. The Georgian Bay shoreline and Shawanaga Island has been home to us, the Anishinabe of Shawanaga First Nation, for thousands of years.

Parry Sound Nature Club

Date and Time: Wednesday, March 19 7:00 pm - 8:30 pm

Address: Mary St. Centre, 24 Mary St, Parry Sound

March 19th, 7:00pm

Shawanaga Island IPCA with Andrew Byrne

Mary St. Centre, 24 Mary St, Parry Sound

Shawanaga Island is located along the shoreline of Georgian Bay. The Island has been enjoyed by many for gene rations – for swimming, boating, picnics, camping, hunting, education, exploring and adventures. Shawanaga Fi rst Nation has been working since 2019 to establish an Indigenous Protected and Conserved Area on Shawanaga a Island and its surrounding waters. The Georgian Bay shoreline and Shawanaga Island has been home to us, the Anishinabe of Shawanaga First Nation, for thousands of years.

Thursday, March 20, 2025

Gentle Fit

Date and Time: Thursday, March 20 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-May 8 (cancelled April 1-10): \$130.00

Drop in: \$12.00/class

Line Dancing- Drop in

Date and Time: Thursday, March 20 9:30 am - 11:30 am

Address: 7 Mary Street

No partner is necessary for this drop-in dance activity!

Line Dancing s a great activity for maintaining flexibility and balance, and is just downright fun!

No experience required, all abilities welcome.

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 9:30am-11:30am

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parryso und.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Adult Skate-Drop in

Date and Time: Thursday, March 20 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment.

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Shuffleboard- Drop in

Date and Time: Thursday, March 20 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is being offered at the Town of Parry Sound. All equipment is provided, no experience neces sary. Come out for an afternoon of activity, socializing, and fun!

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street

When: 1:00pm-3:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), Cost without a Drop-In Pass: \$3 .00 per person (cash only)

Homeschool Skate- Drop in

Date and Time: Thursday, March 20 1:00 pm - 2:00 pm

Address: 7 Mary Street

□ ★ Calling all homeschool families! Join us for our Homeschool Skate Drop-In Program at the Bobby Orr C ommunity Centre, where learning meets fun on the ice! A fantastic opportunity for homeschoolers to stay active , socialize, and sharpen their skating skills in a friendly and safe environment. □

When: Thursdays from 1pm-2pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per adult (cash only)

The Stockey Centre: Danny Michel

Date and Time: Thursday, March 20 7:00 pm

Address: 2 Bay Street

The only good thing about not shopping in record stores anymore is you won't have to figure out what genre to look for Danny under. If that were the case, you could try looking under, rock, pop, folk, world or even classica

His own self-described musical A.D.D. has kept his music fresh for decades. Maybe it has something to do with being born next to a candy factory, or his ambidextrous brain, but his thoughtful lyrics & charming performance s have earned a devoted fan base, multiple nominations for Junos, The Polaris Prize, CBC's "Heart Of Gold", a nd most recently winning the CFMA's "Producer of the year" and "Oliver Schroder Pushing the Boundaries" A wards.

But Danny considers his career highlights to be the unique real life moments like performing for Jane Goodall's 85th birthday party, touring with Stuart Mclean and working with charities close to his heart.

In 2015, his adventurous spirit took him to the country of Belize where he tracked down one of his favourite B elizean bands; The Garifuna Collective (a unique Afro-Amerindian cultural group) and convinced them to creat e an album together. That album ("Black Birds Are Dancing Over Me") was called "One of the finest musical w orks of our time" by Billboard's Larry Leblanc, landed Danny's 3rd Juno nomination (World Music Album Of The Year), and a sold out summer tour of North America with The Garifuna Collective.

While in Belize, Danny also founded the DM Ocean Academy Fund that helps raise scholarships for a small no n-profit community high school. To date, Danny & his fans have raised over \$125,000.00 for the school.

In 2016, Danny returned to Canada to record "Matadora," his most deeply humanist album to date. This ten-son g collection explores the environmentalist, pacifist, romanticist, archivist, and space enthusiast in Danny.

Then it was off to the Canadian high Arctic where Danny recorded "Khlebnikov" (possibly the most northern al bum ever recorded/above 80°) aboard the legendary Soviet-era Russian ice-breaker, Kapitan Khlebnikov during an 18-day arctic expedition curated by Astronaut Col. Chris Hadfield. Once home, Danny's recordings were arranged for brass & strings by film composer Rob Carli. The result is a suite of atmospheric and haunting songs a bout the Arctic, our planet, and our place in it.

When he's not performing he's fighting for musicians' rights, the environment, making short films, producing, r unning his studio or filming his comedy/sci-fi/music show "Dan's Space Van".

Tickets are \$44.95 + HST each. Available at https://stockeycentre.com/event/danny-michel/

Friday, March 21, 2025

Knitters and Stitchers Club

Date and Time: Friday, March 21 11:00 am - 12:00 pm

Address: 29 Mary Street

A social gathering around our favourite pastimes: knitting, crocheting, and all things needlework. Bring your cu rrent project and join our drop-in group to learn and share from our collective skills. (not formal lessons)

Located in on the Parry Sound Public Library main level

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Essentrics® Full-Body Dynamic Strength Workout at Stockey Centre for Performance Arts

Date and Time: Saturday, March 22 10:30 am - 11:30 am

Address: 2 Bay Street

Essentrics® Full-Body Dynamic Strength Workout

This full-body toning and energizing workout consists of dynamic fluid movements to:

- activate your connective tissue and fascia
- relieve stiffness in the joints and spine
- build strength in muscle groups that are often overlooked to prevent injuries
- Improve overall strength, endurance and agility
- tone arms, thighs, glutes and core
- boost cardiovascular system
- improve balance and muscular endurance
- body alignment to improve posture
- ALWAYS low impact to protect our joints

Celebrate the love of movement! If you are active and want to condition the body for pickleball, racket sports, cross country skiing or your favorite winter activity this class is for you.

Bring exercise mat and water bottle.

Stockey Centre for the Performing Arts 2 Bay Street, Parry Sound

Saturdays 10:30am

Drop In \$15/class or purchase a class pass.

Check out details of class pass in FAQ section www.essentricswithcaroline.ca

Visit class schedule to discover a variety of workouts and locations.

Participants are asked to read and sign waiver.

FREE Public Skating

Date and Time: Saturday, March 22 1:00 pm - 2:00 pm

Address: 7 Mary Street

Enjoy free public skating sessions at the Bobby Orr Community Centre! Lace up your skates this fall and winter, and glide with family and friends in our friendly, fun-filled environment.

Where: Bobby Orr Community Centre- 7 Mary Street,

When: Saturdays from 1pm-2pm (cancelled for Tournaments & Special events- please visit our Events Calenda r for the most up to date information)

Regular Public Skating Rules apply, click here for a list of rules

Spring Maple Magic with Parry Sound Forest School

Date and Time: Saturday, March 22 1:00 pm - 3:00 pm

Address: 1 College Dr.

Maple Magic

Sat. Mar. 22, 1:00 - 3:00 pm

Parry Sound Forest School invites your family to enjoy the start of spring at our maple forest. We'll enjoy a little hike and experience the magical transformation of maple sap to syrup.

Registration is required and can be found at this link or on our website.

This event is pay-what-you-can with a suggested donation of \$10/family.

Sunday, March 23, 2025

Spring Maple Magic with Parry Sound Forest School

Date and Time: Sunday, March 23 1:00 pm - 3:00 pm

Address: 1 College Dr.

Maple Magic

Sunday. Mar. 23, 1:00 - 3:00 pm

Parry Sound Forest School invites your family to enjoy the start of spring at our maple forest. We'll enjoy a littl

e hike and experience the magical transformation of maple sap to syrup.

Registration is required and can be found at this link or on our website.

This event is pay-what-you-can with a suggested donation of \$10/family.

Monday, March 24, 2025

Parent and Tot Skate-Drop in

Date and Time: Monday, March 24 9:00 am - 10:00 am

Address: 7 Mary Street

Parent and Tot Skating: Put on your skates and join us for a heartwarming Parent & Tot Drop-In Skating P rogram at the Bobby Orr Community Centre! Enjoy a fun-filled morning of bonding, learning, and laughter on t he ice, perfect for building confidence and creating unforgettable memories together. □

When: Mondays from 9am-10am

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per adult (cash only)

Adult Skate-Drop in

Date and Time: Monday, March 24 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Tuesday, March 25, 2025

Gentle Fit

Date and Time: Tuesday, March 25 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-May 8 (cancelled April 1-10): \$130.00

Drop in: \$12.00/class

Chess Club at PSPL

Date and Time: Tuesday, March 25 10:00 am - 1:00 pm

Address: 29 Mary Street

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

Located on the main level of the library.

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Art Journaling

Date and Time: Tuesday, March 25 10:30 am - 12:00 pm

Address: 29 Mary Street

Mindful creative sessions. Visual journaling using mixed media.

Materials and journals available • Free drop-in program

Located in the library auditorium (not wheelchair accessible)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Adult Skate-Drop in

Date and Time: Tuesday, March 25 12:00 pm - 1:00 pm

Address: 7 Mary Street

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (click here for details), Cost without a Drop-In Pass:

\$3.00 per person (cash only)

Wednesday, March 26, 2025

Pickleball- Drop In

Date and Time: Wednesday, March 26 9:00 am - 1:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, plated on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for reservation 6 days in advance of drop-in timeslots. Drop in Pickleball will be limited to 16 participants, to avoid disappointment, pre-registration is highly recommended. *To pre-register, an active Drop-In Pass is required (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/).

To pre-register, please complete the form below, or call the Community Recreation Coordinator at 705-746-27 01 x 201:

Pre-registration Form

Drop-In Pickleball Schedule:

Daytime:

Bobby Orr Community Centre | Wednesday | Stanley Cup Hall

Where: 7 Mary Street

Time: Competitive: 9:00am-11:00am

Recreation: 11:00am-1:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Adult Skate-Drop in

Date and Time: Wednesday, March 26 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a

t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment.

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Intro to Yoga

Date and Time: Wednesday, March 26 1:30 pm - 2:15 pm

Address: 29 Mary Street

Light Yoga with certified instructor Ellen Koennecke of Yoga in the Sound.

Weekly Drop-in program, \$5 per session • No registration required

Located in the library auditorium (not wheelchair accessible)

For more information contact 705-746-9601 or askus@pspl.ca

Floor Curling- Drop in

Date and Time: Wednesday, March 26 2:00 pm - 4:00 pm

Address: 7 Mary Street

Floor Curling is a modified version of the Olympic sport of Curling, with one major difference - no ice! It offe rs participants a great introduction to the game, or a way to continue your love of the game, beyond the ice surf ace.

Bobby Orr Community Centre | Wednesdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 2:00pm-4:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details above), Cost without a Drop-In Pass: \$3.

00 per person (cash only)

French Group

Date and Time: Wednesday, March 26 4:30 pm - 6:00 pm

Address: 29 Mary Street

Are you learning to speak French? Would like to practice your language skills with other French speakers in Pa rry Sound? Join us at the library for a weekly casual French Group (not formal lessons)

Drop-in • All skill levels welcome Located in the auditorium (not wheelchair accessible)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Thursday, March 27, 2025

Gentle Fit

Date and Time: Thursday, March 27 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-May 8 (cancelled April 1-10): \$130.00

Drop in: \$12.00/class

Line Dancing- Drop in

Date and Time: Thursday, March 27 9:30 am - 11:30 am

Address: 7 Mary Street

No partner is necessary for this drop-in dance activity!

Line Dancing s a great activity for maintaining flexibility and balance, and is just downright fun!

No experience required, all abilities welcome.

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 9:30am-11:30am

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parryso und.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Adult Skate-Drop in

Date and Time: Thursday, March 27 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc

overing the joy of skating in a welcoming environment. \Box

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (click here for details), Cost without a Drop-In Pass:

\$3.00 per person (cash only)

Shuffleboard- Drop in

Date and Time: Thursday, March 27 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is being offered at the Town of Parry Sound. All equipment is provided, no experience neces sary. Come out for an afternoon of activity, socializing, and fun!

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street

When: 1:00pm-3:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (details on our website here: https://www.parrysound .ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), Cost without a Drop-In Pass: \$3

.00 per person (cash only)

Homeschool Skate- Drop in

Date and Time: Thursday, March 27 1:00 pm - 2:00 pm

Address: 7 Mary Street

□ * Calling all homeschool families! Join us for our Homeschool Skate Drop-In Program at the Bobby Orr C ommunity Centre, where learning meets fun on the ice! A fantastic opportunity for homeschoolers to stay active , socialize, and sharpen their skating skills in a friendly and safe environment. \Box

When: Thursdays from 1pm-2pm

Cost: Participants encouraged to purchase a Drop-In Pass (click here for details), Cost without a Drop-In Pass: \$3.00 per adult (cash only)

The Stockey Centre: The Dreamboats

Date and Time: Thursday, March 27 7:00 pm

Address: 2 Bay Street

Dive into a musical time machine with The Dreamboats as they bring back the magic of classic, original rock 'n 'roll! Infusing the timeless sounds of the 50s & 60s with a fresh, contemporary energy, this Canadian quartet pr omises an evening of non-stop dancing, nostalgic melodies, and electrifying entertainment. From the spirited rh ythms of Chuck Berry to the infectious charm of The Wonders, The Dreamboats offer a revival of the golden ag e of rock and roll that will have you falling in love with these classic tunes all over again. Experience the heartt hrob appeal and electric energy reminiscent of icons like Elvis Presley, Chuck Berry, Buddy Holly and more, br ought to life by these charismatic performers.

Tickets are \$49.95 + HST each. Available at https://stockeycentre.com/event/the-dreamboats/

Friday, March 28, 2025

Knitters and Stitchers Club

Date and Time: Friday, March 28 11:00 am - 12:00 pm

Address: 29 Mary Street

A social gathering around our favourite pastimes: knitting, crocheting, and all things needlework. Bring your cu rrent project and join our drop-in group to learn and share from our collective skills. (not formal lessons)

Located in on the Parry Sound Public Library main level

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Saturday, March 29, 2025

Essentrics® Full-Body Dynamic Strength Workout at Stockey Centre for Performance Arts

Date and Time: Saturday, March 29 10:30 am - 11:30 am

Address: 2 Bay Street

Essentrics® Full-Body Dynamic Strength Workout

This full-body toning and energizing workout consists of dynamic fluid movements to:

- activate your connective tissue and fascia
- relieve stiffness in the joints and spine
- build strength in muscle groups that are often overlooked to prevent injuries

- Improve overall strength, endurance and agility
- tone arms, thighs, glutes and core
- boost cardiovascular system
- improve balance and muscular endurance
- body alignment to improve posture
- ALWAYS low impact to protect our joints

Celebrate the love of movement!

If you are active and want to condition the body for pickleball, racket sports, cross country skiing or your favorite winter activity this class is for you.

Bring exercise mat and water bottle.

Stockey Centre for the Performing Arts 2 Bay Street, Parry Sound

Saturdays 10:30am

Drop In \$15/class or purchase a class pass.

Check out details of class pass in FAQ section www.essentricswithcaroline.ca

Visit class schedule to discover a variety of workouts and locations.

Participants are asked to read and sign waiver.

The Stockey Centre: The Alphabet of Awesome Science

Date and Time: Saturday, March 29 2:00 pm - 3:00 pm

Address: 2 Bay Street

A scientific race through the alphabet — where awesome words inspire awesome science!

Join professors Lexi Con and Noel Edge (the Word Nerd and the Science Freak) for a thrilling voyage through t he alphabet — where great big chewy sesquipedalian words inspire mind-blowing scientific surprises.

Professor Lexi Con has curated a curious collection of her favourite words (one for every letter of the alphabet) with each word providing Professor Noel Edge with an inspirational jumping off point for 26 quirky scientific demonstrations – that squish and squirt, float and fly, erupt and explode.

Together, this dad-joke quipping, prank-pulling pair of polished professors strut their stuff in a performance that's equal parts explosive, messy, spectacular, hilarious, fascinating and gross. And if things weren't exciting enough, every show is completely different, with audiences determining the order in which the letters are revealed and explored.

Plus, did we mention, this is a race? The plucky pair of professors have just 52 minutes to complete their alpha betical, scientifical countdown. That's just 2 minutes per experiment! Will they make it in time...?

Brace yourself for an immersive hour of carefully crafted alphabetical, scientifical (award-winning!) chaos!

The performance is 60 minutes approximately in length. Recommended for families and ages 5 to 12 years old. Please note this performance includes some loud noises, flashing lights, and smoke and haze events.

Tickets are:

Adults - \$17.95 + HST

Children - \$14.95 + HST

Family (4 tickets, purchased at the same time) - \$49.96 + HST *Please note that family passes may only be purchased via phone or in-person at our Box Office. At this time, they are not available for purchase onli ne.

Tickets are available at https://stockeycentre.com/event/the-alphabet-of-awesome-science/

Sunday, March 30, 2025

Ice Painting Party

Date and Time: Sunday, March 30 1:00 pm - 3:00 pm

Address: 7 Mary Street

Create Your Frozen Masterpiece: Say farewell to the ice skating season in style with our Ice Painting Party! This unique event invites families to unleash their creativity directly on the ice surface, transforming it into a canvas for your frosty masterpieces.

Highlights:

- Families are allocated their own special section of the ice to decorate.
- Each paintbrush is just \$5.00, helping you bring your artistic vision to life.
- All painting supplies, including vibrant paints, are provided by the Town of Parry Sound.

Safety Guidelines:

- Helmets are mandatory for all participants due to potential slip risks
- Participants must wear boots or shoes- leave the skates at home
- All registrations are required to sign a safety waiver before joining the fun

Gather your family and get ready for an unforgettable day of colour and creativity on ice. This is the perfect opp ortunity to celebrate the season with art and fun!

The Stockey Centre: Brett Kissel - The Side You've Never Seen

Date and Time: Sunday, March 30 7:00 pm

Address: 2 Bay Street

It all "Started With a Song" over ten years ago, and ever since, Brett Kissel has had an extraordinary rise to supe

rstardom in the Canadian country music scene. With three Platinum and ten Gold singles, two Gold-certified al bums, and 18 Top-10 radio hits, he has become one of the country's most celebrated artists. 'The Side You've Never Seen' acoustic tour offers an intimate night of songs and stories that fans won't want to miss.

Tickets are:

Orchestra Pit (Rows AA – FF): \$109.95 + HST

Orchestra (Rows A - J): \$99.95 + HST

Mezzanine: \$89.95 + HST

Balcony: \$79.95 + HST

Tickets are available at https://stockeycentre.com/event/brett-kissel-the-side-youve-never-seen/

https://events.parrysound.ca