

Sunday, March 23, 2025

Spring Maple Magic with Parry Sound Forest School

Date and Time: Sunday, March 23 1:00 pm - 3:00 pm

Address: 1 College Dr.

Maple Magic

Sunday, Mar. 23, 1:00 - 3:00 pm

Parry Sound Forest School invites your family to enjoy the start of spring at our maple forest. We'll enjoy a little hike and experience the magical transformation of maple sap to syrup.

Registration is required and can be found [at this link](#) or on our website.

This event is pay-what-you-can with a suggested donation of \$10/family.

Monday, March 24, 2025

Parent and Tot Skate-Drop in

Date and Time: Monday, March 24 9:00 am - 10:00 am

Address: 7 Mary Street

Parent and Tot Skating: Put on your skates and join us for a heartwarming Parent & Tot Drop-In Skating Program at the Bobby Orr Community Centre! Enjoy a fun-filled morning of bonding, learning, and laughter on the ice, perfect for building confidence and creating unforgettable memories together. ☐

When: Mondays from 9am-10am

Cost: Participants encouraged to purchase a Drop-In Pass ([click here for details](#)), Cost without a Drop-In Pass: \$3.00 per adult (cash only)

Adult Skate-Drop in

Date and Time: Monday, March 24 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a

t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and rediscovering the joy of skating in a welcoming environment. ☐

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass ([click here for details](#)), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Tuesday, March 25, 2025

Gentle Fit

Date and Time: Tuesday, March 25 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and balance exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-May 8 (cancelled April 1-10): \$130.00

Drop in: \$12.00/class

Chess Club at PSPL

Date and Time: Tuesday, March 25 10:00 am - 1:00 pm

Address: 29 Mary Street

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

Located on the main level of the library.

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Art Journaling

Date and Time: Tuesday, March 25 10:30 am - 12:00 pm

Address: 29 Mary Street

Mindful creative sessions. Visual journaling using mixed media.

Materials and journals available • Free drop-in program

Located in the library auditorium (not wheelchair accessible)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Adult Skate-Drop in

Date and Time: Tuesday, March 25 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program at the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and rediscovering the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass ([click here for details](#)), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Wednesday, March 26, 2025

Pickleball- Drop In

Date and Time: Wednesday, March 26 9:00 am - 1:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for reservation 6 days in advance of drop-in timeslots. Drop in Pickleball will be limited to 16 participants, to avoid disappointment, pre-registration is highly recommended. *To pre-register, an active Drop-In Pass is required (see details on our website here: <https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/>).

To pre-register, please complete the form below, or call the Community Recreation Coordinator at 705-746-2701 x 201:

[Pre-registration Form](#)

Drop-In Pickleball Schedule:

Daytime:

Bobby Orr Community Centre | Wednesday | Stanley Cup Hall

Where: 7 Mary Street

Time: Competitive: 9:00am-11:00am

Recreation: 11:00am-1:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: <https://www.parrysond.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/>), cost without a Drop-In Pass: \$3.00 per person (cash only)

Adult Skate-Drop in

Date and Time: Wednesday, March 26 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program at the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and rediscovering the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass ([click here for details](#)), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Intro to Yoga

Date and Time: Wednesday, March 26 1:30 pm - 2:15 pm

Address: 29 Mary Street

Light Yoga with certified instructor Ellen Koennecke of Yoga in the Sound.

Weekly Drop-in program, \$5 per session • No registration required

Located in the library auditorium (not wheelchair accessible)

For more information contact 705-746-9601 or askus@pspl.ca

Floor Curling- Drop in

Date and Time: Wednesday, March 26 2:00 pm - 4:00 pm

Address: 7 Mary Street

Floor Curling is a modified version of the Olympic sport of Curling, with one major difference - no ice! It offers participants a great introduction to the game, or a way to continue your love of the game, beyond the ice surface.

Where: 7 Mary Street, Parry Sound

When: 2:00pm-4:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details above), Cost without a Drop-In Pass: \$3.00 per person (cash only)

French Group

Date and Time: Wednesday, March 26 4:30 pm - 6:00 pm

Address: 29 Mary Street

Are you learning to speak French? Would like to practice your language skills with other French speakers in Parry Sound? Join us at the library for a weekly casual French Group (not formal lessons)

Drop-in • All skill levels welcome Located in the auditorium (not wheelchair accessible)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Thursday, March 27, 2025

Gentle Fit

Date and Time: Thursday, March 27 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and balance exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-May 8 (cancelled April 1-10): \$130.00

Drop in: \$12.00/class

Line Dancing- Drop in

Date and Time: Thursday, March 27 9:30 am - 11:30 am

Address: 7 Mary Street

No partner is necessary for this drop-in dance activity!

Line Dancing is a great activity for maintaining flexibility and balance, and is just downright fun!

No experience required, all abilities welcome.

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 9:30am-11:30am

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: <https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/>), cost without a Drop-In Pass: \$3.00 per person (cash only)

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Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program at the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and rediscovering the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass ([click here for details](#)), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Shuffleboard- Drop in

Date and Time: Thursday, March 27 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is being offered at the Town of Parry Sound. All equipment is provided, no experience necessary. Come out for an afternoon of activity, socializing, and fun!

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street

When: 1:00pm-3:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (details on our website here: <https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Homeschool Skate- Drop in

Date and Time: Thursday, March 27 1:00 pm - 2:00 pm

Address: 7 Mary Street

☐ ✨ Calling all homeschool families! Join us for our Homeschool Skate Drop-In Program at the Bobby Orr Community Centre, where learning meets fun on the ice! A fantastic opportunity for homeschoolers to stay active, socialize, and sharpen their skating skills in a friendly and safe environment. ☐

When: Thursdays from 1pm-2pm

Cost: Participants encouraged to purchase a Drop-In Pass ([click here for details](#)), Cost without a Drop-In Pass: \$3.00 per adult (cash only)

The Stockey Centre: The Dreamboats

Date and Time: Thursday, March 27 7:00 pm

Address: 2 Bay Street

Dive into a musical time machine with The Dreamboats as they bring back the magic of classic, original rock 'n' roll! Infusing the timeless sounds of the 50s & 60s with a fresh, contemporary energy, this Canadian quartet promises an evening of non-stop dancing, nostalgic melodies, and electrifying entertainment. From the spirited rhythms of Chuck Berry to the infectious charm of The Wonders, The Dreamboats offer a revival of the golden age of rock and roll that will have you falling in love with these classic tunes all over again. Experience the heartthrob appeal and electric energy reminiscent of icons like Elvis Presley, Chuck Berry, Buddy Holly and more, brought to life by these charismatic performers.

Tickets are \$49.95 + HST each. Available at <https://stockeycentre.com/event/the-dreamboats/>

Friday, March 28, 2025

Knitters and Stitchers Club

Date and Time: Friday, March 28 11:00 am - 12:00 pm

Address: 29 Mary Street

A social gathering around our favourite pastimes: knitting, crocheting, and all things needlework. Bring your current project and join our drop-in group to learn and share from our collective skills. (not formal lessons)

Located in on the Parry Sound Public Library main level

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Saturday, March 29, 2025

Essentrics® Full-Body Dynamic Strength Workout at Stockey Centre for Performance Arts

Date and Time: Saturday, March 29 10:30 am - 11:30 am

Address: 2 Bay Street

Essentrics® Full-Body Dynamic Strength Workout

This full-body toning and energizing workout consists of dynamic fluid movements to:

- activate your connective tissue and fascia
- relieve stiffness in the joints and spine
- build strength in muscle groups that are often overlooked to prevent injuries
- Improve overall strength, endurance and agility
- tone arms, thighs, glutes and core
- boost cardiovascular system
- improve balance and muscular endurance
- body alignment to improve posture
- ALWAYS low impact to protect our joints

Celebrate the love of movement!

If you are active and want to condition the body for pickleball, racket sports, cross country skiing or your favorite winter activity this class is for you.

Bring exercise mat and water bottle.

Stockey Centre for the Performing Arts
2 Bay Street, Parry Sound

Saturdays 10:30am

Drop In \$15/class or purchase a class pass.

Check out details of class pass in FAQ section
www.essentricswithcaroline.ca

Visit class schedule to discover a variety of workouts and locations.

Participants are asked to read and sign waiver.

The Stockey Centre: The Alphabet of Awesome Science

Date and Time: Saturday, March 29 2:00 pm - 3:00 pm

Address: 2 Bay Street

A scientific race through the alphabet — where awesome words inspire awesome science!

Join professors Lexi Con and Noel Edge (the Word Nerd and the Science Freak) for a thrilling voyage through the alphabet — where great big chewy sesquipedalian words inspire mind-blowing scientific surprises.

Professor Lexi Con has curated a curious collection of her favourite words (one for every letter of the alphabet) with each word providing Professor Noel Edge with an inspirational jumping off point for 26 quirky scientific demonstrations – that squish and squirt, float and fly, erupt and explode.

Together, this dad-joke quipping, prank-pulling pair of polished professors strut their stuff in a performance that's equal parts explosive, messy, spectacular, hilarious, fascinating and gross. And if things weren't exciting enough, every show is completely different, with audiences determining the order in which the letters are revealed and explored.

Plus, did we mention, this is a race? The plucky pair of professors have just 52 minutes to complete their alphabetical, scientific countdown. That's just 2 minutes per experiment! Will they make it in time...?

Brace yourself for an immersive hour of carefully crafted alphabetical, scientific (award-winning!) chaos!

The performance is 60 minutes approximately in length. Recommended for families and ages 5 to 12 years old. Please note this performance includes some loud noises, flashing lights, and smoke and haze events.

Tickets are:

Adults – \$17.95 + HST

Children – \$14.95 + HST

Family (4 tickets, purchased at the same time) – \$49.96 + HST ***Please note that family passes may only be purchased via phone or in-person at our Box Office. At this time, they are not available for purchase online.**

Tickets are available at <https://stockeycentre.com/event/the-alphabet-of-awesome-science/>

<https://events.parrysound.ca>