Thursday, January 2, 2025

Adult Skate-Drop in

Date and Time: Thursday, January 2 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Homeschool Skate- Drop in

Date and Time: Thursday, January 2 1:00 pm - 2:00 pm

Address: 7 Mary Street

□ ★ Calling all homeschool families! Join us for our Homeschool Skate Drop-In Program at the Bobby Orr C ommunity Centre, where learning meets fun on the ice! A fantastic opportunity for homeschoolers to stay active , socialize, and sharpen their skating skills in a friendly and safe environment. □

When: Thursdays from 1pm-2pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per adult (cash only)

Shuffleboard- Drop in

Date and Time: Thursday, January 2 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is being offered at the Town of Parry Sound. All equipment is provided, no experience neces sary. Come out for an afternoon of activity, socializing, and fun!

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street

When: 1:00pm-3:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), Cost without a Drop-In Pass: \$3 .00 per person (cash only)

FREE Holiday Skate

Date and Time: Thursday, January 2 5:00 pm - 7:00 pm

Address: 7 Mary Street

'Tis the season to skate for free! Spread holiday cheer on the ice with friends and family this holiday season!

The Town of Parry Sound FREE Holiday Skate Schedule:

Dec 21: 1pm-2pm (Sponsored by Kingston Electric)

Dec 27: 10am-11am

Dec 28: 12pm-2pm

Dec 29: 12pm-2pm

Dec 30: 2pm-3pm

Jan 02: 5pm-7pm

Jan 04: 1pm-2pm (Sponsored by Kingston Electric)

Saturday, January 4, 2025

FREE Holiday Skate

Date and Time: Saturday, January 4 1:00 pm - 2:00 pm

Address: 7 Mary Street

'Tis the season to skate for free! Spread holiday cheer on the ice with friends and family this holiday season!

The Town of Parry Sound FREE Holiday Skate Schedule:

Dec 21: 1pm-2pm (Sponsored by Kingston Electric)

Dec 27: 10am-11am

Dec 28: 12pm-2pm

Dec 29: 12pm-2pm

Dec 30: 2pm-3pm

Jan 02: 5pm-7pm

Jan 04: 1pm-2pm (Sponsored by Kingston Electric)

Monday, January 6, 2025

Parent and Tot Skate-Drop in

Date and Time: Monday, January 6 9:00 am - 10:00 am

Address: 7 Mary Street

Parent and Tot Skating: Put on your skates and join us for a heartwarming Parent & Tot Drop-In Skating P rogram at the Bobby Orr Community Centre! Enjoy a fun-filled morning of bonding, learning, and laughter on t he ice, perfect for building confidence and creating unforgettable memories together. □

When: Mondays from 9am-10am

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per adult (cash only)

Adult Skate-Drop in

Date and Time: Monday, January 6 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Tuesday, January 7, 2025

Gentle Fit

Date and Time: Tuesday, January 7 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-April 24: \$130.00

Drop in: \$12.00/class

Adult Skate-Drop in

Date and Time: Tuesday, January 7 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment.

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Pickleball- Drop in

Date and Time: Tuesday, January 7 5:00 pm - 7:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, plated on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for reservation 6 days in advance of drop-in timeslots. Drop in Pickleball will be limited to 16 participants, to avoid disappointment, pre-registration is highly recommended. *To pre-register, an active Drop-In Pass is required (please see Drop-In Pass details on our website: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/).

To pre-register, please complete the form below, or call the Community Recreation Coordinator at 705-746-27 01 x 201:

Pre-registration Form

Drop-In Pickleball Schedule:

Evening:

Bobby Orr Community Centre | Tuesdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 5:00pm-7:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (visit our website for details: https://www.parrysoun d.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$

Wednesday, January 8, 2025

Pickleball- Drop In

Date and Time: Wednesday, January 8 9:00 am - 1:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, plated on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for res ervation 6 days in advance of drop-in timeslots. Drop in Pickleball will be limited to 16 participants, to av oid disappointment, pre-registration is highly recommended. *To pre-register, an active Drop-In Pass is required (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/).

To pre-register, please complete the form below, or call the Community Recreation Coordinator at 705-746-27 01 x 201:

Pre-registration Form

Drop-In Pickleball Schedule:

Daytime:

Bobby Orr Community Centre | Wednesday | Stanley Cup Hall

Where: 7 Mary Street

Time: Competitive: 9:00am-11:00am

Recreation: 11:00am-1:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Adult Skate-Drop in

Date and Time: Wednesday, January 8 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Minds in Motion

Date and Time: Wednesday, January 8 1:00 pm - 3:00 pm

Address: 7 Mary Street

This 8-week program is designed to provide physical activity and fun, mental stimulation for individuals with e arly to mid Alzheimer's disease or other forms of dementia, along with their care partners.

Registration is requried for this program. Visit our website here to register: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/minds-in-motion/

\$20 each for participants and care partners

Bobby Orr Community Centre | Wednesdays | 1-3pm

January 08-February 26, 2025

Floor Curling- Drop in

Date and Time: Wednesday, January 8 2:00 pm - 4:00 pm

Address: 7 Mary Street

Floor Curling is a modified version of the Olympic sport of Curling, with one major difference - no ice! It offe rs participants a great introduction to the game, or a way to continue your love of the game, beyond the ice surf ace.

Bobby Orr Community Centre | Wednesdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 2:00pm-4:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details above), Cost without a Drop-In Pass: \$3.

00 per person (cash only)

Thursday, January 9, 2025

Gentle Fit

Date and Time: Thursday, January 9 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brai

n, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-April 24: \$130.00

Drop in: \$12.00/class

Line Dancing- Drop in

Date and Time: Thursday, January 9 9:30 am - 11:30 am

Address: 7 Mary Street

No partner is necessary for this drop-in dance activity!

Line Dancing s a great activity for maintaining flexibility and balance, and is just downright fun!

No experience required, all abilities welcome.

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 9:30am-11:30am

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parryso und.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Adult Skate-Drop in

Date and Time: Thursday, January 9 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Homeschool Skate- Drop in

Date and Time: Thursday, January 9 1:00 pm - 2:00 pm

□ ★ Calling all homeschool families! Join us for our Homeschool Skate Drop-In Program at the Bobby Orr C ommunity Centre, where learning meets fun on the ice! A fantastic opportunity for homeschoolers to stay active , socialize, and sharpen their skating skills in a friendly and safe environment. □

When: Thursdays from 1pm-2pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per adult (cash only)

Shuffleboard-Drop in

Date and Time: Thursday, January 9 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is being offered at the Town of Parry Sound. All equipment is provided, no experience neces sary. Come out for an afternoon of activity, socializing, and fun!

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street

When: 1:00pm-3:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), Cost without a Drop-In Pass: \$3 .00 per person (cash only)

Monday, January 13, 2025

Parent and Tot Skate-Drop in

Date and Time: Monday, January 13 9:00 am - 10:00 am

Address: 7 Mary Street

Parent and Tot Skating: Put on your skates and join us for a heartwarming Parent & Tot Drop-In Skating P rogram at the Bobby Orr Community Centre! Enjoy a fun-filled morning of bonding, learning, and laughter on t he ice, perfect for building confidence and creating unforgettable memories together. □

When: Mondays from 9am-10am

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per adult (cash only)

Adult Skate-Drop in

Date and Time: Monday, January 13 12:00 pm - 1:00 pm

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Tuesday, January 14, 2025

Gentle Fit

Date and Time: Tuesday, January 14 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-April 24: \$130.00

Drop in: \$12.00/class

Adult Skate-Drop in

Date and Time: Tuesday, January 14 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Pickleball- Drop in

Date and Time: Tuesday, January 14 5:00 pm - 7:00 pm

Pickleball is a game similar to tennis, plated on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for reservation 6 days in advance of drop-in timeslots. Drop in Pickleball will be limited to 16 participants, to avoid disappointment, pre-registration is highly recommended. *To pre-register, an active Drop-In Pass is required (please see Drop-In Pass details on our website: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/).

To pre-register, please complete the form below, or call the Community Recreation Coordinator at 705-746-27 01 x 201:

Pre-registration Form

Drop-In Pickleball Schedule:

Evening:

Bobby Orr Community Centre | Tuesdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 5:00pm-7:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (visit our website for details: https://www.parrysoun d.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$ 3.00 per person (cash only)

Wednesday, January 15, 2025

Pickleball- Drop In

Date and Time: Wednesday, January 15 9:00 am - 1:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, plated on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for reservation 6 days in advance of drop-in timeslots. Drop in Pickleball will be limited to 16 participants, to avoid disappointment, pre-registration is highly recommended. *To pre-register, an active Drop-In Pass is required (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/).

To pre-register, please complete the form below, or call the Community Recreation Coordinator at 705-746-27 01 x 201:

Pre-registration Form

Drop-In Pickleball Schedule:

Daytime:

Bobby Orr Community Centre | Wednesday | Stanley Cup Hall

Where: 7 Mary Street

Time: Competitive: 9:00am-11:00am

Recreation: 11:00am-1:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Adult Skate-Drop in

Date and Time: Wednesday, January 15 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Minds in Motion

Date and Time: Wednesday, January 15 1:00 pm - 3:00 pm

Address: 7 Mary Street

This 8-week program is designed to provide physical activity and fun, mental stimulation for individuals with e arly to mid Alzheimer's disease or other forms of dementia, along with their care partners.

Registration is requried for this program. Visit our website here to register: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/minds-in-motion/

\$20 each for participants and care partners

Bobby Orr Community Centre | Wednesdays | 1-3pm

January 08-February 26, 2025

Floor Curling- Drop in

Date and Time: Wednesday, January 15 2:00 pm - 4:00 pm

Floor Curling is a modified version of the Olympic sport of Curling, with one major difference - no ice! It offe rs participants a great introduction to the game, or a way to continue your love of the game, beyond the ice surf ace.

Bobby Orr Community Centre | Wednesdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 2:00pm-4:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details above), Cost without a Drop-In Pass: \$3.

00 per person (cash only)

Young Artists- Session 3

Date and Time: Wednesday, January 15 6:00 pm - 7:00 pm

Address: 7 Mary Street

Perfect for the child who loves to create masterpieces. Participants will exercise their creativity through step by step painting projects during this 4-week program. Each week focuses on nurturing basic art skills and creativit y. Led by Instructor Stephanie Horsman.

Registration is required: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/y outh-programs/

Ages 6-13

Session 1: Oct. 9, 16, 23, 30

Session 2: Nov. 20, 27, Dec. 4, 11

Session 3: Jan. 15, 22, 29, Feb. 5

Session 4: Feb. 26, Mar. 5, 12, 19

Bobby Orr Community Centre | Wednesdays | 6pm-7pm

Thursday, January 16, 2025

Gentle Fit

Date and Time: Thursday, January 16 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-April 24: \$130.00

Drop in: \$12.00/class

Line Dancing- Drop in

Date and Time: Thursday, January 16 9:30 am - 11:30 am

Address: 7 Mary Street

No partner is necessary for this drop-in dance activity!

Line Dancing s a great activity for maintaining flexibility and balance, and is just downright fun!

No experience required, all abilities welcome.

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 9:30am-11:30am

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parryso und.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Adult Skate-Drop in

Date and Time: Thursday, January 16 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Homeschool Skate- Drop in

Date and Time: Thursday, January 16 1:00 pm - 2:00 pm

Address: 7 Mary Street

□ ★ Calling all homeschool families! Join us for our Homeschool Skate Drop-In Program at the Bobby Orr C ommunity Centre, where learning meets fun on the ice! A fantastic opportunity for homeschoolers to stay active , socialize, and sharpen their skating skills in a friendly and safe environment. □

When: Thursdays from 1pm-2pm

Cost: Participants encouraged to purchase a Drop-In Pass (click here for details), Cost without a Drop-In Pass:

\$3.00 per adult (cash only)

Shuffleboard- Drop in

Date and Time: Thursday, January 16 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is being offered at the Town of Parry Sound. All equipment is provided, no experience neces sary. Come out for an afternoon of activity, socializing, and fun!

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street

When: 1:00pm-3:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), Cost without a Drop-In Pass: \$3 .00 per person (cash only)

Saturday, January 18, 2025

FREE Public Skating

Date and Time: Saturday, January 18 1:00 pm - 2:00 pm

Address: 7 Mary Street

Enjoy free public skating sessions at the Bobby Orr Community Centre! Lace up your skates this fall and winter, and glide with family and friends in our friendly, fun-filled environment.

Where: Bobby Orr Community Centre- 7 Mary Street,

When: Saturdays from 1pm-2pm (cancelled for Tournaments & Special events- please visit our Events Calenda r for the most up to date information)

Regular Public Skating Rules apply, click here for a list of rules

Monday, January 20, 2025

Parent and Tot Skate-Drop in

Date and Time: Monday, January 20 9:00 am - 10:00 am

Parent and Tot Skating: Put on your skates and join us for a heartwarming Parent & Tot Drop-In Skating P rogram at the Bobby Orr Community Centre! Enjoy a fun-filled morning of bonding, learning, and laughter on t he ice, perfect for building confidence and creating unforgettable memories together. □

When: Mondays from 9am-10am

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per adult (cash only)

Adult Skate-Drop in

Date and Time: Monday, January 20 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Tuesday, January 21, 2025

Gentle Fit

Date and Time: Tuesday, January 21 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-April 24: \$130.00

Drop in: \$12.00/class

Adult Skate-Drop in

Date and Time: Tuesday, January 21 12:00 pm - 1:00 pm

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Pickleball- Drop in

Date and Time: Tuesday, January 21 5:00 pm - 7:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, plated on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for res ervation 6 days in advance of drop-in timeslots. Drop in Pickleball will be limited to 16 participants, to av oid disappointment, pre-registration is highly recommended. *To pre-register, an active Drop-In Pass is required (please see Drop-In Pass details on our website: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/).

To pre-register, please complete the form below, or call the Community Recreation Coordinator at 705-746-27 01 x 201:

Pre-registration Form

Drop-In Pickleball Schedule:

Evening:

Bobby Orr Community Centre | Tuesdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 5:00pm-7:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (visit our website for details: https://www.parrysoun d.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$ 3.00 per person (cash only)

Wednesday, January 22, 2025

Pickleball- Drop In

Date and Time: Wednesday, January 22 9:00 am - 1:00 pm

Pickleball is a game similar to tennis, plated on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for res ervation 6 days in advance of drop-in timeslots. Drop in Pickleball will be limited to 16 participants, to av oid disappointment, pre-registration is highly recommended. *To pre-register, an active Drop-In Pass is requ ired (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/).

To pre-register, please complete the form below, or call the Community Recreation Coordinator at 705-746-27 01 x 201:

Pre-registration Form

Drop-In Pickleball Schedule:

Daytime:

Bobby Orr Community Centre | Wednesday | Stanley Cup Hall

Where: 7 Mary Street

Time: Competitive: 9:00am-11:00am

Recreation: 11:00am-1:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Adult Skate-Drop in

Date and Time: Wednesday, January 22 12:00 pm - 1:00 pm

Address: 7 Mary Street

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Minds in Motion

Date and Time: Wednesday, January 22 1:00 pm - 3:00 pm

This 8-week program is designed to provide physical activity and fun, mental stimulation for individuals with e arly to mid Alzheimer's disease or other forms of dementia, along with their care partners.

Registration is requried for this program. Visit our website here to register: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/minds-in-motion/

\$20 each for participants and care partners

Bobby Orr Community Centre | Wednesdays | 1-3pm

January 08-February 26, 2025

Floor Curling- Drop in

Date and Time: Wednesday, January 22 2:00 pm - 4:00 pm

Address: 7 Mary Street

Floor Curling is a modified version of the Olympic sport of Curling, with one major difference - no ice! It offe rs participants a great introduction to the game, or a way to continue your love of the game, beyond the ice surf ace.

Bobby Orr Community Centre | Wednesdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 2:00pm-4:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details above), Cost without a Drop-In Pass: \$3. 00 per person (cash only)

Young Artists- Session 3

Date and Time: Wednesday, January 22 6:00 pm - 7:00 pm

Address: 7 Mary Street

Perfect for the child who loves to create masterpieces. Participants will exercise their creativity through step by step painting projects during this 4-week program. Each week focuses on nurturing basic art skills and creativit y. Led by Instructor Stephanie Horsman.

Registration is required: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/y outh-programs/

Ages 6-13

Session 1: Oct. 9, 16, 23, 30

Session 2: Nov. 20, 27, Dec. 4, 11

Session 3: Jan. 15, 22, 29, Feb. 5

Session 4: Feb. 26, Mar. 5, 12, 19

Thursday, January 23, 2025

Gentle Fit

Date and Time: Thursday, January 23 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-April 24: \$130.00

Drop in: \$12.00/class

Line Dancing- Drop in

Date and Time: Thursday, January 23 9:30 am - 11:30 am

Address: 7 Mary Street

No partner is necessary for this drop-in dance activity!

Line Dancing s a great activity for maintaining flexibility and balance, and is just downright fun!

No experience required, all abilities welcome.

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 9:30am-11:30am

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parryso und.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Adult Skate-Drop in

Date and Time: Thursday, January 23 12:00 pm - 1:00 pm

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Homeschool Skate- Drop in

Date and Time: Thursday, January 23 1:00 pm - 2:00 pm

Address: 7 Mary Street

 \square * Calling all homeschool families! Join us for our Homeschool Skate Drop-In Program at the Bobby Orr C ommunity Centre, where learning meets fun on the ice! A fantastic opportunity for homeschoolers to stay active , socialize, and sharpen their skating skills in a friendly and safe environment. \square

When: Thursdays from 1pm-2pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per adult (cash only)

Shuffleboard-Drop in

Date and Time: Thursday, January 23 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is being offered at the Town of Parry Sound. All equipment is provided, no experience neces sary. Come out for an afternoon of activity, socializing, and fun!

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street

When: 1:00pm-3:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), Cost without a Drop-In Pass: \$3 .00 per person (cash only)

Saturday, January 25, 2025

FREE Public Skating

Date and Time: Saturday, January 25 1:00 pm - 2:00 pm

Enjoy free public skating sessions at the Bobby Orr Community Centre! Lace up your skates this fall and winter, and glide with family and friends in our friendly, fun-filled environment.

Where: Bobby Orr Community Centre- 7 Mary Street,

When: Saturdays from 1pm-2pm (cancelled for Tournaments & Special events- please visit our Events Calenda r for the most up to date information)

Regular Public Skating Rules apply, click here for a list of rules

Monday, January 27, 2025

Parent and Tot Skate-Drop in

Date and Time: Monday, January 27 9:00 am - 10:00 am

Address: 7 Mary Street

Parent and Tot Skating: Put on your skates and join us for a heartwarming Parent & Tot Drop-In Skating P rogram at the Bobby Orr Community Centre! Enjoy a fun-filled morning of bonding, learning, and laughter on t he ice, perfect for building confidence and creating unforgettable memories together. □

When: Mondays from 9am-10am

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per adult (cash only)

Adult Skate-Drop in

Date and Time: Monday, January 27 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Tuesday, January 28, 2025

Gentle Fit

Date and Time: Tuesday, January 28 9:00 am - 10:00 am

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-April 24: \$130.00

Drop in: \$12.00/class

Adult Skate-Drop in

Date and Time: Tuesday, January 28 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Pickleball- Drop in

Date and Time: Tuesday, January 28 5:00 pm - 7:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, plated on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for reservation 6 days in advance of drop-in timeslots. Drop in Pickleball will be limited to 16 participants, to avoid disappointment, pre-registration is highly recommended. *To pre-register, an active Drop-In Pass is required (please see Drop-In Pass details on our website: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/).

To pre-register, please complete the form below, or call the Community Recreation Coordinator at 705-746-27 01 x 201:

Pre-registration Form

Drop-In Pickleball Schedule:

Evening:

Bobby Orr Community Centre | Tuesdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 5:00pm-7:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (visit our website for details: https://www.parrysoun d.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$

3.00 per person (cash only)

Wednesday, January 29, 2025

Pickleball- Drop In

Date and Time: Wednesday, January 29 9:00 am - 1:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, plated on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for res ervation 6 days in advance of drop-in timeslots. Drop in Pickleball will be limited to 16 participants, to av oid disappointment, pre-registration is highly recommended. *To pre-register, an active Drop-In Pass is requ ired (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation -programs/adult-programs/).

To pre-register, please complete the form below, or call the Community Recreation Coordinator at 705-746-27 01 x 201:

Pre-registration Form

Drop-In Pickleball Schedule:

Daytime:

Bobby Orr Community Centre | Wednesday | Stanley Cup Hall

Where: 7 Mary Street

Time: Competitive: 9:00am-11:00am

Recreation: 11:00am-1:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parryso und.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Adult Skate-Drop in

Date and Time: Wednesday, January 29 12:00 pm - 1:00 pm

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Minds in Motion

Date and Time: Wednesday, January 29 1:00 pm - 3:00 pm

Address: 7 Mary Street

This 8-week program is designed to provide physical activity and fun, mental stimulation for individuals with e arly to mid Alzheimer's disease or other forms of dementia, along with their care partners.

Registration is requried for this program. Visit our website here to register: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/minds-in-motion/

\$20 each for participants and care partners

Bobby Orr Community Centre | Wednesdays | 1-3pm

January 08-February 26, 2025

Floor Curling- Drop in

Date and Time: Wednesday, January 29 2:00 pm - 4:00 pm

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Bobby Orr Community Centre | Wednesdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 2:00pm-4:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details above), Cost without a Drop-In Pass: \$3. 00 per person (cash only)

Young Artists- Session 3

Date and Time: Wednesday, January 29 6:00 pm - 7:00 pm

Perfect for the child who loves to create masterpieces. Participants will exercise their creativity through step by step painting projects during this 4-week program. Each week focuses on nurturing basic art skills and creativit y. Led by Instructor Stephanie Horsman.

Registration is required: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/y outh-programs/

Ages 6-13

Session 1: Oct. 9, 16, 23, 30

Session 2: Nov. 20, 27, Dec. 4, 11

Session 3: Jan. 15, 22, 29, Feb. 5

Session 4: Feb. 26, Mar. 5, 12, 19

Bobby Orr Community Centre | Wednesdays | 6pm-7pm

Thursday, January 30, 2025

Gentle Fit

Date and Time: Thursday, January 30 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

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Line Dancing- Drop in

Date and Time: Thursday, January 30 9:30 am - 11:30 am

Address: 7 Mary Street

No partner is necessary for this drop-in dance activity!

Line Dancing s a great activity for maintaining flexibility and balance, and is just downright fun!

No experience required, all abilities welcome.

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 9:30am-11:30am

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parryso und.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Adult Skate-Drop in

Date and Time: Thursday, January 30 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult Skate: Escape daily stresses and glide into relaxation with our Adult-Only Drop-In Skating Program a t the Bobby Orr Community Centre! Enjoy a serene, child-free skating session, perfect for unwinding and redisc overing the joy of skating in a welcoming environment. □

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Homeschool Skate- Drop in

Date and Time: Thursday, January 30 1:00 pm - 2:00 pm

Address: 7 Mary Street

□ ★ Calling all homeschool families! Join us for our Homeschool Skate Drop-In Program at the Bobby Orr C ommunity Centre, where learning meets fun on the ice! A fantastic opportunity for homeschoolers to stay active , socialize, and sharpen their skating skills in a friendly and safe environment. □

When: Thursdays from 1pm-2pm

Cost: Participants encouraged to purchase a Drop-In Pass (<u>click here for details</u>), Cost without a Drop-In Pass: \$3.00 per adult (cash only)

Shuffleboard-Drop in

Date and Time: Thursday, January 30 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is being offered at the Town of Parry Sound. All equipment is provided, no experience neces sary. Come out for an afternoon of activity, socializing, and fun!

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street

When: 1:00pm-3:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), Cost without a Drop-In Pass: \$3 .00 per person (cash only)

https://events.parrysound.ca