



# Qigong

with instructor  
Norma Pumphrey

Apr. 23-May 28, 2025

Wednesdays | 10 am | BOCC

\$50.00/ session or \$12.00/class

Register: [www.parrysound.ca/adultprograms](http://www.parrysound.ca/adultprograms)

[www.parrysound.ca/adultprograms](http://www.parrysound.ca/adultprograms)