

Thursday, August 1, 2024

Gentle Fit-Summer Sessions

Date and Time: Thursday, August 1 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and balance exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Ages: 65+

Where: Bobby Orr Community Centre, 7 Mary Street, Parry Sound, P2A 1C8

When: Tuesdays & Thursdays: 9am - 10am

Session 5: June 04-July 11: (12 classes)

Cost: \$96.00 + HST

Session 6: July 16- August 22: (12 classes)

Cost: \$96.00 + HST

Drop in Rate: \$12.00/ class (cash only)

Shuffleboard- Drop-in

Date and Time: Thursday, August 1 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is now being offered in the Town of Parry Sound. All equipment is provided, no experience necessary. Come out for an afternoon of activity, socializing, and fun! Please bring a pair of clean running shoes to play.

Where: Bobby Orr Community Centre (Stanley Cup Hall), 7 Mary St, Parry Sound, ON P2A 1C8

When: Thursdays, 1:00 - 3:00 PM

What to Bring: Players should bring clean running shoes to play. All equipment is provided!

Cost: Participants encouraged to purchase a Drop-In Pass (details here: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Monday, August 5, 2024

Turtle Open House

Date and Time: Monday, August 5 10:00 am - 2:00 pm

Address: 125 William Street

Come and learn about our turtle conservation programs! Our biologists will be at our office and available to talk about our turtle projects, the turtle species that live within the Biosphere, and how you can help local turtle populations. They will have newly hatched turtles to show you and our educational ambassador snapping turtle Miki will also be there! This is a family friendly, drop-in event. Please note: our office has two active honey bee hives on site.

Tuesday, August 6, 2024

Tuesday Market

Date and Time: Tuesday, August 6 9:00 am

Address: Market Square, Mary St.

Tuesday Market

Date and Time: Tuesday, August 6 9:00 am - 2:00 pm

Address: Market Square 27 Mary St

Gentle Fit-Summer Sessions

Date and Time: Tuesday, August 6 9:00 am - 10:00 am

Address: 7 Mary Street

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Cost: \$96.00 + HST

Session 6: July 16- August 22: (12 classes)

Cost: \$96.00 + HST

Drop in Rate: \$12.00/ class (cash only)

Gardening at Tower Hill

Date and Time: Tuesday, August 6 9:00 am - 12:00 pm

Address: 17 George Street

Gardening promotes physical and mental well-being. The Tower Hill Gardeners meet weekly from May through October to tend the Town's best loved Garden.

No previous experience is required. If you love being outside and don't mind getting dirty, you will be welcomed into the group. Tools can be provided if necessary.

Tower Hill Garden | Tuesdays

Time: 9am-12pm

Cost: Free

Chess Club

Date and Time: Tuesday, August 6 10:00 am - 1:00 pm

Address: 29 Mary Street

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Pickleball- Drop-in

Date and Time: Tuesday, August 6 11:00 am - 3:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout.

Due to the increased popularity of pickleball in the area, Pickleball will be offered at the Bobby Orr Community Centre and Kinsmen Park for the 2024 Summer Season.

Bobby Orr Community Centre | Tuesdays | Summer Ice Pad

Time: Recreational: 11am-1pm
Competitive: 1pm-3pm

Cost: Participants encouraged to purchase a drop-in pass, cost without a drop-in pass: \$3.00 per person (cash only)

Drop-in Beach Volleyball

Date and Time: Tuesday, August 6 6:00 pm - 7:00 pm

Address: 27 Prospect Street

Tuesdays (July 02-August 20) | 6pm-7pm | Beach Volleyball | Waubuno Beach

Come on down to Waubuno Beach to play Beach Volleyball! All skill levels welcome to join in. Recommended for participants over 10 years old.

For more information: [click here to email the program lead](#)

Wednesday, August 7, 2024

Pickleball-FREE

Date and Time: Wednesday, August 7 9:00 am - 11:00 am

Address: 110 Parry Sound Drive

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout.

Due to the increased popularity of pickleball in the area, Pickleball will be offered at the Bobby Orr Community Centre and Kinsmen Park for the 2024 Summer Season.

Kinsmen Park | Wednesdays | Outdoor Summer Ice Pad

Time: 9am-11am

Cost: Free

**Pickleball at Kinsmen Park is unsupervised, players expected to ensure equal play for all is maintained.

**Nets provided, bring your own balls and paddles.

Intro to Yoga

Date and Time: Wednesday, August 7 1:30 pm - 2:15 pm

Address: 29 Mary Street

Intro to Yoga

Wednesdays @ 1:30 to 2:15 PM

Program run to November 27th, 2024.

Intro to yoga with certified Yoga Instructor Ellen Koennecke, of Yoga in the Sound. Located in the library auditorium. (not wheelchair accessible)

Drop-in · \$5 per session • No registration required.

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Floor Curling- Drop In

Date and Time: Wednesday, August 7 2:00 pm - 4:00 pm

Address: 7 Mary Street

Floor Curling is a modified version of the Olympic sport of curling with one major difference – no ice! It offers participants a great introduction to the game, or a way to continue your love for the game beyond the ice surface.

Where: Bobby Orr Community Centre (Stanley Cup Hall), 7 Mary St, Parry Sound, ON P2A 1C8

When: Wednesdays, 2:00 - 4:00 PM

What to Bring: Players should bring clean running shoes to play. All equipment is provided!

Cost: Participants encouraged to purchase a Drop-In Pass (details here: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Thursday, August 8, 2024

Gentle Fit-Summer Sessions

Date and Time: Thursday, August 8 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and balance exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Ages: 65+

Where: Bobby Orr Community Centre, 7 Mary Street, Parry Sound, P2A 1C8

When: Tuesdays & Thursdays: 9am - 10am

Session 5: June 04-July 11: (12 classes)

Cost: \$96.00 + HST

Session 6: July 16- August 22: (12 classes)

Cost: \$96.00 + HST

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Shuffleboard- Drop-in

Date and Time: Thursday, August 8 1:00 pm - 3:00 pm

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Floor shuffleboard is now being offered in the Town of Parry Sound. All equipment is provided, no experience necessary. Come out for an afternoon of activity, socializing, and fun! Please bring a pair of clean running shoes to play.

Where: Bobby Orr Community Centre (Stanley Cup Hall), 7 Mary St, Parry Sound, ON P2A 1C8

When: Thursdays, 1:00 - 3:00 PM

What to Bring: Players should bring clean running shoes to play. All equipment is provided!

Cost: Participants encouraged to purchase a Drop-In Pass (details here: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Tuesday, August 13, 2024

Tuesday Market

Date and Time: Tuesday, August 13 9:00 am - 2:00 pm

Address: Market Square 27 Mary St

Gentle Fit-Summer Sessions

Date and Time: Tuesday, August 13 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and balance exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Ages: 65+

Where: Bobby Orr Community Centre, 7 Mary Street, Parry Sound, P2A 1C8

When: Tuesdays & Thursdays: 9am - 10am

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Cost: \$96.00 + HST

Session 6: July 16- August 22: (12 classes)

Cost: \$96.00 + HST

Drop in Rate: \$12.00/ class (cash only)

Gardening at Tower Hill

Date and Time: Tuesday, August 13 9:00 am - 12:00 pm

Address: 17 George Street

Gardening promotes physical and mental well-being. The Tower Hill Gardeners meet weekly from May through October to tend the Town's best loved Garden.

No previous experience is required. If you love being outside and don't mind getting dirty, you will be welcomed into the group. Tools can be provided if necessary.

Tower Hill Garden | Tuesdays

Time: 9am-12pm

Cost: Free

Tuesday Market

Date and Time: Tuesday, August 13 9:00 am

Address: Market Square, Mary St.

Chess Club

Date and Time: Tuesday, August 13 10:00 am - 1:00 pm

Address: 29 Mary Street

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Pickleball- Drop-in

Date and Time: Tuesday, August 13 11:00 am - 3:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout.

Due to the increased popularity of pickleball in the area, Pickleball will be offered at the Bobby Orr Community Centre and Kinsmen Park for the 2024 Summer Season.

Bobby Orr Community Centre | Tuesdays | Summer Ice Pad

Time: Recreational: 11am-1pm
Competitive: 1pm-3pm

Cost: Participants encouraged to purchase a drop-in pass, cost without a drop-in pass: \$3.00 per person (cash only)

Drop-in Beach Volleyball

Date and Time: Tuesday, August 13 6:00 pm - 7:00 pm

Address: 27 Prospect Street

Tuesdays (July 02-August 20) | 6pm-7pm | Beach Volleyball | Waubuno Beach

Come on down to Waubuno Beach to play Beach Volleyball! All skill levels welcome to join in. Recommended for participants over 10 years old.

For more information: [click here to email the program lead](#)

Wednesday, August 14, 2024

Pickleball-FREE

Date and Time: Wednesday, August 14 9:00 am - 11:00 am

Address: 110 Parry Sound Drive

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout.

Due to the increased popularity of pickleball in the area, Pickleball will be offered at the Bobby Orr Community Centre and Kinsmen Park for the 2024 Summer Season.

Kinsmen Park | Wednesdays | Outdoor Summer Ice Pad

Time: 9am-11am

Cost: Free

****Pickleball at Kinsmen Park is unsupervised, players expected to ensure equal play for all is maintained.**

****Nets provided, bring your own balls and paddles.**

Intro to Yoga

Date and Time: Wednesday, August 14 1:30 pm - 2:15 pm

Address: 29 Mary Street

Intro to Yoga

Wednesdays @ 1:30 to 2:15 PM

Program run to November 27th, 2024.

Intro to yoga with certified Yoga Instructor Ellen Koennecke, of Yoga in the Sound. Located in the library auditorium. (not wheelchair accessible)

Drop-in · \$5 per session • No registration required.

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Floor Curling- Drop In

Date and Time: Wednesday, August 14 2:00 pm - 4:00 pm

Address: 7 Mary Street

Floor Curling is a modified version of the Olympic sport of curling with one major difference – no ice! It offers participants a great introduction to the game, or a way to continue your love for the game beyond the ice surface.

Where: Bobby Orr Community Centre (Stanley Cup Hall), 7 Mary St, Parry Sound, ON P2A 1C8

When: Wednesdays, 2:00 - 4:00 PM

What to Bring: Players should bring clean running shoes to play. All equipment is provided!

Cost: Participants encouraged to purchase a Drop-In Pass (details here: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Thursday, August 15, 2024

Gentle Fit-Summer Sessions

Date and Time: Thursday, August 15 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and balance exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Ages: 65+

Where: Bobby Orr Community Centre, 7 Mary Street, Parry Sound, P2A 1C8

When: Tuesdays & Thursdays: 9am - 10am

Session 5: June 04-July 11: (12 classes)

Cost: \$96.00 + HST

Session 6: July 16- August 22: (12 classes)

Cost: \$96.00 + HST

Drop in Rate: \$12.00/ class (cash only)

Family Movie Night in Carling

Date and Time: Thursday, August 15 7:30 pm - 9:30 pm

Address: 2 West Carling Bay Road

Join us at the Carling Community Centre for a family movie night!

Admission by donation. Snacks available to purchase.

Proceeds go to the new community play structure.

Featuring: Elemental (Rated G)

Tuesday, August 20, 2024

Tuesday Market

Date and Time: Tuesday, August 20 9:00 am

Address: Market Square, Mary St.

Gentle Fit-Summer Sessions

Date and Time: Tuesday, August 20 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and balance exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Ages: 65+

Where: Bobby Orr Community Centre, 7 Mary Street, Parry Sound, P2A 1C8

When: Tuesdays & Thursdays: 9am - 10am

Session 5: June 04-July 11: (12 classes)

Cost: \$96.00 + HST

Session 6: July 16- August 22: (12 classes)

Cost: \$96.00 + HST

Drop in Rate: \$12.00/ class (cash only)

Gardening at Tower Hill

Date and Time: Tuesday, August 20 9:00 am - 12:00 pm

Address: 17 George Street

Gardening promotes physical and mental well-being. The Tower Hill Gardeners meet weekly from May through October to tend the Town's best loved Garden.

No previous experience is required. If you love being outside and don't mind getting dirty, you will be welcomed into the group. Tools can be provided if necessary.

Tower Hill Garden | Tuesdays

Time: 9am-12pm

Cost: Free

Tuesday Market

Date and Time: Tuesday, August 20 9:00 am - 2:00 pm

Address: Market Square 27 Mary St

Chess Club

Date and Time: Tuesday, August 20 10:00 am - 1:00 pm

Address: 29 Mary Street

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Pickleball- Drop-in

Date and Time: Tuesday, August 20 11:00 am - 3:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout.

Due to the increased popularity of pickleball in the area, Pickleball will be offered at the Bobby Orr Community Centre and Kinsmen Park for the 2024 Summer Season.

Bobby Orr Community Centre | Tuesdays | Summer Ice Pad

Time: Recreational: 11am-1pm
Competitive: 1pm-3pm

Cost: Participants encouraged to purchase a drop-in pass, cost without a drop-in pass: \$3.00 per person (cash only)

Drop-in Beach Volleyball

Date and Time: Tuesday, August 20 6:00 pm - 7:00 pm

Address: 27 Prospect Street

Tuesdays (July 02-August 20) | 6pm-7pm | Beach Volleyball | Waubuno Beach

Come on down to Waubuno Beach to play Beach Volleyball! All skill levels welcome to join in. Recommended for participants over 10 years old.

For more information: [click here to email the program lead](#)

Wednesday, August 21, 2024

Pickleball-FREE

Date and Time: Wednesday, August 21 9:00 am - 11:00 am

Address: 110 Parry Sound Drive

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers

participants a terrific workout.

Due to the increased popularity of pickleball in the area, Pickleball will be offered at the Bobby Orr Community Centre and Kinsmen Park for the 2024 Summer Season.

Kinsmen Park | Wednesdays | Outdoor Summer Ice Pad

Time: 9am-11am

Cost: Free

****Pickleball at Kinsmen Park is unsupervised, players expected to ensure equal play for all is maintained.**

****Nets provided, bring your own balls and paddles.**

Intro to Yoga

Date and Time: Wednesday, August 21 1:30 pm - 2:15 pm

Address: 29 Mary Street

Intro to Yoga

Wednesdays @ 1:30 to 2:15 PM

Program run to November 27th, 2024.

Intro to yoga with certified Yoga Instructor Ellen Koennecke, of Yoga in the Sound. Located in the library auditorium. (not wheelchair accessible)

Drop-in · \$5 per session • No registration required.

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Floor Curling- Drop In

Date and Time: Wednesday, August 21 2:00 pm - 4:00 pm

Address: 7 Mary Street

Floor Curling is a modified version of the Olympic sport of curling with one major difference – no ice! It offers participants a great introduction to the game, or a way to continue your love for the game beyond the ice surface.

Where: Bobby Orr Community Centre (Stanley Cup Hall), 7 Mary St, Parry Sound, ON P2A 1C8

When: Wednesdays, 2:00 - 4:00 PM

What to Bring: Players should bring clean running shoes to play. All equipment is provided!

Cost: Participants encouraged to purchase a Drop-In Pass (details here: www.parrysound.ca/adultprograms), C

ost without a Drop-In Pass: \$3.00 per person (cash only)

Thursday, August 22, 2024

Gentle Fit-Summer Sessions

Date and Time: Thursday, August 22 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and balance exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Ages: 65+

Where: Bobby Orr Community Centre, 7 Mary Street, Parry Sound, P2A 1C8

When: Tuesdays & Thursdays: 9am - 10am

Session 5: June 04-July 11: (12 classes)

Cost: \$96.00 + HST

Session 6: July 16- August 22: (12 classes)

Cost: \$96.00 + HST

Drop in Rate: \$12.00/ class (cash only)

Shuffleboard- Drop-in

Date and Time: Thursday, August 22 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is now being offered in the Town of Parry Sound. All equipment is provided, no experience necessary. Come out for an afternoon of activity, socializing, and fun! Please bring a pair of clean running shoes to play.

Where: Bobby Orr Community Centre (Stanley Cup Hall), 7 Mary St, Parry Sound, ON P2A 1C8

When: Thursdays, 1:00 - 3:00 PM

What to Bring: Players should bring clean running shoes to play. All equipment is provided!

Cost: Participants encouraged to purchase a Drop-In Pass (details here: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Tuesday, August 27, 2024

Tuesday Market

Date and Time: Tuesday, August 27 9:00 am - 2:00 pm

Address: Market Square 27 Mary St

Gardening at Tower Hill

Date and Time: Tuesday, August 27 9:00 am - 12:00 pm

Address: 17 George Street

Gardening promotes physical and mental well-being. The Tower Hill Gardeners meet weekly from May through October to tend the Town's best loved Garden.

No previous experience is required. If you love being outside and don't mind getting dirty, you will be welcomed into the group. Tools can be provided if necessary.

Tower Hill Garden | Tuesdays

Time: 9am-12pm

Cost: Free

Tuesday Market

Date and Time: Tuesday, August 27 9:00 am

Address: Market Square, Mary St.

Chess Club

Date and Time: Tuesday, August 27 10:00 am - 1:00 pm

Address: 29 Mary Street

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Wednesday, August 28, 2024

Pickleball-FREE

Date and Time: Wednesday, August 28 9:00 am - 11:00 am

Address: 110 Parry Sound Drive

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout.

Due to the increased popularity of pickleball in the area, Pickleball will be offered at the Bobby Orr Community Centre and Kinsmen Park for the 2024 Summer Season.

Kinsmen Park | Wednesdays | Outdoor Summer Ice Pad

Time: 9am-11am

Cost: Free

****Pickleball at Kinsmen Park is unsupervised, players expected to ensure equal play for all is maintained.**

****Nets provided, bring your own balls and paddles.**

Intro to Yoga

Date and Time: Wednesday, August 28 1:30 pm - 2:15 pm

Address: 29 Mary Street

Intro to Yoga

Wednesdays @ 1:30 to 2:15 PM

Program run to November 27th, 2024.

Intro to yoga with certified Yoga Instructor Ellen Koennecke, of Yoga in the Sound. Located in the library auditorium. (not wheelchair accessible)

Drop-in · \$5 per session • No registration required.

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

<http://events.parrysound.ca>