

## Tuesday, August 1, 2023

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### Parry Sound Tuesday Market

Date and Time: Tuesday, August 1 9:00 am - 2:00 pm

Address: Market Square Park, 27 Mary Street

Come down and check out the selection of fresh produce, smoked fish, meats, and baked goods.

The Parry Sound Summer Market features original designs and handmade gifts from local artists and craftspeople. From toys to jewelry, ceramics and art, this is the perfect place to pick up a unique handcrafted gift.

You're sure to find something for the entire family!!!

### Chess Club at Parry Sound Public Library

Date and Time: Tuesday, August 1 10:00 am - 1:00 pm

Address: 29 Mary Street

Chess Club

Tuesdays @ 10 AM to 1 PM

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

For more information, contact PSPL at 705-746-9601 or [askus@pspl.ca](mailto:askus@pspl.ca)

### Pickleball Court Rentals

Date and Time: Tuesday, August 1 12:00 pm - 3:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities. Join in, and see why Pickleball is one of the fastest growing sports in North America!

**Due to the increased participation and popularity of Pickleball in our community and the variety of skill levels of players, we have introduced a court rental system. Court rentals must be approved by Town Staff based on availability. Once approved, payment must be made in full to reserve the court. Please reach out to Jayme Young, at 705-746-2701 x 201 or [click here to email Jayme](#) to request your time slot.**

**Court rentals are welcome to use Town equipment, including balls and paddles, or are welcome to bring t**

**their own equipment. We do request that all participants wear indoor shoes on the courts to limit sand/dust which make the courts slippery.**

**Court rentals are available, first come- first serve under the following schedule:**

Tuesdays: 12pm-3pm & 6:30pm-8:30pm

Wednesdays: 1pm-3pm & 7pm-9pm

Thursdays: 1pm-3pm

**\*\*Additional days/times may be available upon request. Please reach out to Jayme for availability.**

**Cost: \$15.00 + HST per hour (this cost is inclusive of insurance coverage)**

## **Festival of the Sound: Chamberkids Series**

Date and Time: Tuesday, August 1 1:00 pm - 3:00 pm

Address: 29 Mary Street

Free Children's concerts hosted at the Parry Sound Public Library. Located in the library auditorium (not wheelchair accessible)

July 11th - Doogie & Dun (kid's duo), Long & McQuade Instrument Petting Zoo

July 18th - Bad Actors (bluegrass duo), Long & McQuade Instrument Petting Zoo

July 25th - Cameron & Friends (classical musicians)

August 1st - Ethan Allers, Vinci Chen, Jacob MacDonald (cello), Long & McQuade Instrument Petting Zoo

## **Children's Chess Club at Parry Sound Public Library**

Date and Time: Tuesday, August 1 5:30 pm - 6:30 pm

Address: 29 Mary Street

Children's Chess Club - Summer Hours

Hosted by Samuel!

Join us in the library auditorium for a bi-weekly chess club!

The club will run from 5:30 - 6:30 pm

On the following dates:

June 6 & 20, July 4 & 18, August 1 & 15

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## **Wednesday, August 2, 2023**

## Storytime at PSPL

Date and Time: Wednesday, August 2 11:00 am - 12:00 pm

Address: 29 Mary Street

Join us in the children's department at Parry Sound Public Library for a storytime and craft. Drop-in, no registration required.

## Minds in Motion

Date and Time: Wednesday, August 2 1:00 pm - 3:00 pm

Address: 7 Mary Street

The Town of Parry Sound has partnered with the Alzheimer's Society of Muskoka to offer the Minds in Motion program.

Minds in Motion is a community-based social program that incorporates physical and mental stimulation for people with early to mid-stage Alzheimer's disease or other forms of dementia and their care partners. Through the 8-week Minds in Motion program, both the person living with dementia and their care partner can benefit from the following:

- Increasing physical activity through gentle group exercise.
- Establishing new friendships with others who are living with similar experiences.
- Engaging in fun, social activities.

For more information on the program and its availability, please visit our Minds in Motion webpage by clicking the link below: <https://www.parrysound.ca/play-here/recreation-and-leisure/recreation-programs/minds-in-motion/>

## Pickleball Court Rentals

Date and Time: Wednesday, August 2 1:00 pm - 3:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities. Join in, and see why Pickleball is one of the fastest growing sports in North America!

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**Court rentals are welcome to use Town equipment, including balls and paddles, or are welcome to bring their own equipment. We do request that all participants wear indoor shoes on the courts to limit sand/dust which make the courts slippery.**

**Court rentals are available, first come- first serve under the following schedule:**

Tuesdays: 12pm-3pm & 6:30pm-8:30pm

Wednesdays: 1pm-3pm & 7pm-9pm

Thursdays: 1pm-3pm

**\*\*Additional days/times may be available upon request. Please reach out to Jayme for availability.**

**Cost:** \$15.00 + HST per hour (this cost is inclusive of insurance coverage)

## **Intro to Yoga at Parry Sound Public Library**

Date and Time: Wednesday, August 2 1:30 pm - 2:15 pm

Address: 29 Mary Street

Intro to Yoga

Wednesdays @ 1:30 to 2:15 PM

Introduction to yoga with certified Yoga Instructor Ellen Koennecke, of Yoga in the Sound. Located in the library Auditorium. (not wheelchair accessible)

Program is on a drop-in basis at \$5 per session, no registration required. Masks are optional.

For more information, contact PSPL at 705-746-9601 or [askus@pspl.ca](mailto:askus@pspl.ca)

## **Thursday, August 3, 2023**

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### **Zoo to You at PSPL**

Date and Time: Thursday, August 3 11:30 am - 12:30 pm

Address: 29 Mary Street

Come to Parry Sound Public Library for a hands on interactive event with such animals as reptiles, mammals and exotics. The animals are well socialized, tame, friendly and handled on a daily basis. You will have the opportunity to see, hold, interact with the animals while learning fun facts about them.

Free program - registration required. Contact the library to register (starting June 15th)

Located in the library auditorium - not wheelchair accessible

### **Pickleball Court Rentals**

Date and Time: Thursday, August 3 1:00 pm - 3:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers

participants a terrific workout and social opportunities. Join in, and see why Pickleball is one of the fastest growing sports in North America!

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Tuesdays: 12pm-3pm & 6:30pm-8:30pm

Wednesdays: 1pm-3pm & 7pm-9pm

Thursdays: 1pm-3pm

**\*\*Additional days/times may be available upon request. Please reach out to Jayme for availability.**

**Cost: \$15.00 + HST per hour (this cost is inclusive of insurance coverage)**

## **Friday, August 4, 2023**

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### **LEGO Club at PSPL**

Date and Time: Friday, August 4 11:00 am - 12:00 pm

Address: 29 Mary Street

Join us at Parry Sound Public Library to get creative with LEGO. Fun weekly theme to get inspired. Projects will have to chance to be displayed in the library!

Free Drop-in program. Located in the library auditorium - not wheelchair accessible

### **Xenia Concerts in partnership with Festival of the Sound: Despax Quartet**

Date and Time: Friday, August 4 11:00 am - 12:00 pm

Address: 86 Gibson Street

#### **Featuring**

Despax Quartet

#### **Concert Description**

Join Xenia Concerts and Quatuor Despax for a fun, family-friendly, bilingual concert that embraces neurodiversity and disability! In this fun-filled concert, you'll be introduced to the instruments of the string quartet, and th

e different personalities of the instruments (and their players). You'll hear music from across three centuries, including quartets by Chevalier St. George, Emmanuel Despax, Felix Mendelssohn, tango tunes, and pop songs arranged by the performers. You'll also have plenty of opportunities to move your bodies, ask questions, and meet the musicians – in English et en français!

This concert is designed to welcome members of the neurodiversity and disability communities, their friends, and families, and anyone else who benefits from a relaxed, supportive concert environment.

Do you have a suggestion for how we can make our events more welcoming and accessible? Write to Executive and Artistic Director Rory McLeod at [rory.mcleod@xeniaconcerts.com](mailto:rory.mcleod@xeniaconcerts.com) or 647-896-8295.

## Concert Features

- All expressions welcome! Feel free to make noise, get up, or stim!
- Wheelchair accessible venue
- Gender-neutral, wheelchair accessible washrooms
- PDF Venue Guide
- Accessible PDF concert programs and listening guide emailed before event
- Fidget toys and noise-cancelling earmuffs can be provided upon request (please bring your own if you can)
- Flexible seating and a separate area for breaks
- Stretch breaks
- Visual schedule

## Covid Safety Measures

- Masks are recommended
- Hand sanitizer is available
- If you have any symptoms of COVID-19, please stay home regardless of test results

## Thanks to our partners

Lyndsey Stevenato Children's Therapy Services, Autism Ontario, Community Living Parry Sound, One Kids Place Parry Sound, Hands TheFamilyHelpNetwork, and Festival of the Sound.

## Thanks to our funders

The Canada Council for the Arts, The Ontario Arts Council, The Toronto Arts Council, The Government of Canada, The Azrieli Foundation, a donation in honour of the R.S. Williams & Sons Company Ltd., and Xenia Concerts donors.

## Tuesday, August 8, 2023

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### Parry Sound Tuesday Market

Date and Time: Tuesday, August 8 9:00 am - 2:00 pm

Address: Market Square Park, 27 Mary Street

Come down and check out the selection of fresh produce, smoked fish, meats, and baked goods.

The Parry Sound Summer Market features original designs and handmade gifts from local artists and craftspeople. From toys to jewelry, ceramics and art, this is the perfect place to pick up a unique handcrafted gift.

You're sure to find something for the entire family!!!

## Chess Club at Parry Sound Public Library

Date and Time: Tuesday, August 8 10:00 am - 1:00 pm

Address: 29 Mary Street

Chess Club

Tuesdays @ 10 AM to 1 PM

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

For more information, contact PSPL at 705-746-9601 or [askus@pspl.ca](mailto:askus@pspl.ca)

## Pickleball Court Rentals

Date and Time: Tuesday, August 8 12:00 pm - 3:00 pm

Address: 7 Mary Street

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**Court rentals are available, first come- first serve under the following schedule:**

Tuesdays: 12pm-3pm & 6:30pm-8:30pm

Wednesdays: 1pm-3pm & 7pm-9pm

Thursdays: 1pm-3pm

\*\*Additional days/times may be available upon request. Please reach out to Jayme for availability.

**Cost:** \$15.00 + HST per hour (this cost is inclusive of insurance coverage)

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## Wednesday, August 9, 2023

## Storytime at PSPL

Date and Time: Wednesday, August 9 11:00 am - 12:00 pm

Address: 29 Mary Street

Join us in the children's department at Parry Sound Public Library for a storytime and craft. Drop-in, no registration required.

## Pickleball Court Rentals

Date and Time: Wednesday, August 9 1:00 pm - 3:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities. Join in, and see why Pickleball is one of the fastest growing sports in North America!

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**Cost: \$15.00 + HST per hour (this cost is inclusive of insurance coverage)**

## Minds in Motion

Date and Time: Wednesday, August 9 1:00 pm - 3:00 pm

Address: 7 Mary Street

The Town of Parry Sound has partnered with the Alzheimer's Society of Muskoka to offer the Minds in Motion program.

Minds in Motion is a community-based social program that incorporates physical and mental stimulation for people with early to mid-stage Alzheimer's disease or other forms of dementia and their care partners. Through the 8-week Minds in Motion program, both the person living with dementia and their care partner can benefit from



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For more information on the program and its availability, please visit our Minds in Motion webpage by clicking the link below: <https://www.parrysound.ca/play-here/recreation-and-leisure/recreation-programs/minds-in-motion/>

## **Intro to Yoga at Parry Sound Public Library**

Date and Time: Wednesday, August 9 1:30 pm - 2:15 pm

Address: 29 Mary Street

Intro to Yoga

Wednesdays @ 1:30 to 2:15 PM

Introduction to yoga with certified Yoga Instructor Ellen Koennecke, of Yoga in the Sound. Located in the library Auditorium. (not wheelchair accessible)

Program is on a drop-in basis at \$5 per session, no registration required. Masks are optional.

For more information, contact PSPL at 705-746-9601 or [askus@pspl.ca](mailto:askus@pspl.ca)

## **Thursday, August 10, 2023**

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### **Kids' Watercolour Painting Workshop at PSPL**

Date and Time: Thursday, August 10 11:00 am - 12:00 pm

Address: 29 Mary Street

Come to Parry Sound Public Library for a fun kids' watercolour landscape workshop with Art Student Nadiia Livinska (volunteer).

Program offered with two timeslots available: 1st Workshop at 11 am and 2nd Workshop at 1 pm

Free program - registration required. Contact the library to register (starting June 15th)

Located in the library auditorium - not wheelchair accessible

### **Kids' Watercolour Painting Workshop at PSPL**

Date and Time: Thursday, August 10 1:00 pm - 2:00 pm

Address: 29 Mary Street

Come to Parry Sound Public Library for a fun kids' watercolour landscape workshop with Art Student Nadiia Livinska (volunteer).

Program offered with two timeslots available: 1st Workshop at 11 am and 2nd Workshop at 1 pm

Free program - registration required. Contact the library to register (starting June 15th)

Located in the library auditorium - not wheelchair accessible

## Pickleball Court Rentals

Date and Time: Thursday, August 10 1:00 pm - 3:00 pm

Address: 7 Mary Street

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Tuesdays: 12pm-3pm & 6:30pm-8:30pm

Wednesdays: 1pm-3pm & 7pm-9pm

Thursdays: 1pm-3pm

**\*\*Additional days/times may be available upon request. Please reach out to Jayme for availability.**

**Cost:** \$15.00 + HST per hour (this cost is inclusive of insurance coverage)

## Friday, August 11, 2023

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### LEGO Club at PSPL

Date and Time: Friday, August 11 11:00 am - 12:00 pm

Address: 29 Mary Street

Join us at Parry Sound Public Library to get creative with LEGO. Fun weekly theme to get inspired. Projects will have to chance to be displayed in the library!

## Tuesday, August 15, 2023

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### Parry Sound Tuesday Market

Date and Time: Tuesday, August 15 9:00 am - 2:00 pm

Address: Market Square Park, 27 Mary Street

Come down and check out the selection of fresh produce, smoked fish, meats, and baked goods.

The Parry Sound Summer Market features original designs and handmade gifts from local artists and craftspeople. From toys to jewelry, ceramics and art, this is the perfect place to pick up a unique handcrafted gift.

You're sure to find something for the entire family!!!

### Chess Club at Parry Sound Public Library

Date and Time: Tuesday, August 15 10:00 am - 1:00 pm

Address: 29 Mary Street

Chess Club

Tuesdays @ 10 AM to 1 PM

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

For more information, contact PSPL at 705-746-9601 or [askus@pspl.ca](mailto:askus@pspl.ca)

### Pickleball Court Rentals

Date and Time: Tuesday, August 15 12:00 pm - 3:00 pm

Address: 7 Mary Street

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Thursdays: 1pm-3pm

**\*\*Additional days/times may be available upon request. Please reach out to Jayme for availability.**

**Cost: \$15.00 + HST per hour (this cost is inclusive of insurance coverage)**

## **Children's Chess Club at Parry Sound Public Library**

Date and Time: Tuesday, August 15 5:30 pm - 6:30 pm

Address: 29 Mary Street

Children's Chess Club - Summer Hours

Hosted by Samuel!

Join us in the library auditorium for a bi-weekly chess club!

The club will run from 5:30 - 6:30 pm

On the following dates:

June 6 & 20, July 4 & 18, August 1 & 15

## **Pickleball Court Rentals**

Date and Time: Tuesday, August 15 6:30 pm - 8:30 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities. Join in, and see why Pickleball is one of the fastest growing sports in North America!

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Thursdays: 1pm-3pm

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**Cost:** \$15.00 + HST per hour (this cost is inclusive of insurance coverage)

## Wednesday, August 16, 2023

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### Pickleball Court Rentals

Date and Time: Wednesday, August 16 1:00 pm - 3:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities. Join in, and see why Pickleball is one of the fastest growing sports in North America!

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Thursdays: 1pm-3pm

\*\*Additional days/times may be available upon request. Please reach out to Jayme for availability.

**Cost:** \$15.00 + HST per hour (this cost is inclusive of insurance coverage)

### Minds in Motion

Date and Time: Wednesday, August 16 1:00 pm - 3:00 pm

Address: 7 Mary Street

The Town of Parry Sound has partnered with the Alzheimer's Society of Muskoka to offer the Minds in Motion program.

Minds in Motion is a community-based social program that incorporates physical and mental stimulation for people with early to mid-stage Alzheimer's disease or other forms of dementia and their care partners. Through the 8-week Minds in Motion program, both the person living with dementia and their care partner can benefit from the following:

- Increasing physical activity through gentle group exercise.
- Establishing new friendships with others who are living with similar experiences.
- Engaging in fun, social activities.

For more information on the program and its availability, please visit our Minds in Motion webpage by clicking the link below: <https://www.parrysound.ca/play-here/recreation-and-leisure/recreation-programs/minds-in-motion/>

## Floor Curling- Drop-In

Date and Time: Wednesday, August 16 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor Curling is a modified version of the Olympic sport of curling with one major difference – no ice! It offers participants a great introduction to the game, or a way to continue your love for the game beyond the ice surface.

**Where:** Bobby Orr Community Centre (Stanley Cup Hall), 7 Mary St, Parry Sound, ON P2A 1C8

**When:** Wednesdays, 2:00 - 4:00 PM (NEW TIME AS OF SEPTEMBER 20, 2023)

**What to Bring:** Players should bring clean running shoes to play. All equipment is provided!

**Cost:** Participants encouraged to purchase a Drop-In Pass (details here: [www.parrysound.ca/adultprograms](http://www.parrysound.ca/adultprograms)), Cost without a Drop-In Pass: \$3.00 per person (cash only)

## Intro to Yoga at Parry Sound Public Library

Date and Time: Wednesday, August 16 1:30 pm - 2:15 pm

Address: 29 Mary Street

Intro to Yoga

Wednesdays @ 1:30 to 2:15 PM

Introduction to yoga with certified Yoga Instructor Ellen Koennecke, of Yoga in the Sound. Located in the library Auditorium. (not wheelchair accessible)

Program is on a drop-in basis at \$5 per session, no registration required. Masks are optional.

For more information, contact PSPL at 705-746-9601 or [askus@pspl.ca](mailto:askus@pspl.ca)

## Pickleball Court Rentals

Date and Time: Wednesday, August 16 7:00 pm - 9:00 pm

Address: 7 Mary Street

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Wednesdays: 1pm-3pm & 7pm-9pm

Thursdays: 1pm-3pm

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**Cost: \$15.00 + HST per hour (this cost is inclusive of insurance coverage)**

## **Thursday, August 17, 2023**

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### **Pickleball Court Rentals**

Date and Time: Thursday, August 17 1:00 pm - 3:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities. Join in, and see why Pickleball is one of the fastest growing sports in North America!

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Wednesdays: 1pm-3pm & 7pm-9pm

Thursdays: 1pm-3pm

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**Cost:** \$15.00 + HST per hour (this cost is inclusive of insurance coverage)

## Shuffleboard- Drop-In

Date and Time: Thursday, August 17 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is now being offered in the Town of Parry Sound. All equipment is provided, no experience necessary. Come out for an afternoon of activity, socializing, and fun! Please bring a pair of clean running shoes to play.

**Where:** Bobby Orr Community Centre (Stanley Cup Hall), 7 Mary St, Parry Sound, ON P2A 1C8

**When:** Thursdays, 1:00 - 3:00 PM

**What to Bring:** Players should bring clean running shoes to play. All equipment is provided!

**Cost:** Participants encouraged to purchase a Drop-In Pass (details here: [www.parrysound.ca/adultprograms](http://www.parrysound.ca/adultprograms)), Cost without a Drop-In Pass: \$3.00 per person (cash only)

## Saturday, August 19, 2023

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### Parry Sound Anglers and Hunters Sportsman's Gun Show

Date and Time: Saturday, August 19 9:00 am - 3:00 pm

Address: Bobby Orr Community Centre 17 Mary Street

Parry Sound Anglers and Hunters Sportsman's Gun show

Bobby Orr Community Centre

Saturday August 19th

9:00am to 3:00pm

Admission \$6.00 each

All profits to Conservation Projects

buy/sell/trade

### Sustainable Transportation Event



Date and Time: Saturday, August 19 10:00 am - 5:00 pm

Address: Charles W. Stockey Centre for the Performing Arts, 2 Bay St, Parry Sound

Join us Saturday August 19th from 10 AM – 5 PM at the Stockey Centre in Parry Sound, for our Sustainable Transportation Event!

This exciting event offers a unique opportunity to test drive electric vehicles and eBikes for free, giving you the first-hand experience of zero-emission travel.

Discover the latest advancements in sustainable transportation while engaging with industry experts and local EV owners.

RSVP [here](#)

## Sunday, August 20, 2023

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### Turtle Open House

Date and Time: Sunday, August 20 10:00 am - 2:00 pm

Address: 125 William St.

Come and learn about the Biosphere's turtle conservation programs! Their biologists will be at their office and available to talk about turtle projects, the turtle species that live within the Biosphere, and how you can help local turtle populations. They will have newly hatched turtles to show you and an educational ambassador snapping turtle Miki will also be there! This is a free family friendly, drop-in event.

## Tuesday, August 22, 2023

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### Parry Sound Tuesday Market

Date and Time: Tuesday, August 22 9:00 am - 2:00 pm

Address: Market Square Park, 27 Mary Street

Come down and check out the selection of fresh produce, smoked fish, meats, and baked goods.

The Parry Sound Summer Market features original designs and handmade gifts from local artists and craftspeople. From toys to jewelry, ceramics and art, this is the perfect place to pick up a unique handcrafted gift.

You're sure to find something for the entire family!!!

### Chess Club at Parry Sound Public Library

Date and Time: Tuesday, August 22 10:00 am - 1:00 pm

Address: 29 Mary Street

## Chess Club

Tuesdays @ 10 AM to 1 PM

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

For more information, contact PSPL at 705-746-9601 or [askus@pspl.ca](mailto:askus@pspl.ca)

## Pickleball Court Rentals

Date and Time: Tuesday, August 22 6:30 pm - 8:30 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities. Join in, and see why Pickleball is one of the fastest growing sports in North America!

**Due to the increased participation and popularity of Pickleball in our community and the variety of skill levels of players, we have introduced a court rental system. Court rentals must be approved by Town Staff based on availability. Once approved, payment must be made in full to reserve the court. Please reach out to Jayme Young, at 705-746-2701 x 201 or [click here to email Jayme](#) to request your time slot.**

**Court rentals are welcome to use Town equipment, including balls and paddles, or are welcome to bring their own equipment. We do request that all participants wear indoor shoes on the courts to limit sand/dust which make the courts slippery.**

**Court rentals are available, first come- first serve under the following schedule:**

Tuesdays: 12pm-3pm & 6:30pm-8:30pm

Wednesdays: 1pm-3pm & 7pm-9pm

Thursdays: 1pm-3pm

**\*\*Additional days/times may be available upon request. Please reach out to Jayme for availability.**

**Cost: \$15.00 + HST per hour (this cost is inclusive of insurance coverage)**

## Wednesday, August 23, 2023

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### Minds in Motion

Date and Time: Wednesday, August 23 1:00 pm - 3:00 pm

Address: 7 Mary Street

The Town of Parry Sound has partnered with the Alzheimer's Society of Muskoka to offer the Minds in Motion program.

Minds in Motion is a community-based social program that incorporates physical and mental stimulation for people with early to mid-stage Alzheimer's disease or other forms of dementia and their care partners. Through the 8-week Minds in Motion program, both the person living with dementia and their care partner can benefit from the following:

- Increasing physical activity through gentle group exercise.
- Establishing new friendships with others who are living with similar experiences.
- Engaging in fun, social activities.

For more information on the program and its availability, please visit our Minds in Motion webpage by clicking the link below: <https://www.parrysound.ca/play-here/recreation-and-leisure/recreation-programs/minds-in-motion/>

## Floor Curling- Drop-In

Date and Time: Wednesday, August 23 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor Curling is a modified version of the Olympic sport of curling with one major difference – no ice! It offers participants a great introduction to the game, or a way to continue your love for the game beyond the ice surface.

**Where:** Bobby Orr Community Centre (Stanley Cup Hall), 7 Mary St, Parry Sound, ON P2A 1C8

**When:** Wednesdays, 2:00 - 4:00 PM (NEW TIME AS OF SEPTEMBER 20, 2023)

**What to Bring:** Players should bring clean running shoes to play. All equipment is provided!

**Cost:** Participants encouraged to purchase a Drop-In Pass (details here: [www.parrysound.ca/adultprograms](http://www.parrysound.ca/adultprograms)), Cost without a Drop-In Pass: \$3.00 per person (cash only)

## Intro to Yoga at Parry Sound Public Library

Date and Time: Wednesday, August 23 1:30 pm - 2:15 pm

Address: 29 Mary Street

Intro to Yoga

Wednesdays @ 1:30 to 2:15 PM

Introduction to yoga with certified Yoga Instructor Ellen Koennecke, of Yoga in the Sound. Located in the library Auditorium. (not wheelchair accessible)

Program is on a drop-in basis at \$5 per session, no registration required. Masks are optional.

For more information, contact PSPL at 705-746-9601 or [askus@pspl.ca](mailto:askus@pspl.ca)

## Pickleball Court Rentals

Date and Time: Wednesday, August 23 7:00 pm - 9:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities. Join in, and see why Pickleball is one of the fastest growing sports in North America!

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Wednesdays: 1pm-3pm & 7pm-9pm

Thursdays: 1pm-3pm

\*\*Additional days/times may be available upon request. Please reach out to Jayme for availability.

**Cost:** \$15.00 + HST per hour (this cost is inclusive of insurance coverage)

## Thursday, August 24, 2023

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### Shuffleboard- Drop-In

Date and Time: Thursday, August 24 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is now being offered in the Town of Parry Sound. All equipment is provided, no experience necessary. Come out for an afternoon of activity, socializing, and fun! Please bring a pair of clean running shoes to play.

**Where:** Bobby Orr Community Centre (Stanley Cup Hall), 7 Mary St, Parry Sound, ON P2A 1C8

**When:** Thursdays, 1:00 - 3:00 PM

**What to Bring:** Players should bring clean running shoes to play. All equipment is provided!

**Cost:** Participants encouraged to purchase a Drop-In Pass (details here: [www.parrysound.ca/adultprograms](http://www.parrysound.ca/adultprograms)), Cost without a Drop-In Pass: \$3.00 per person (cash only)

## Friday, August 25, 2023

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## **Grab A Dugout for The Drop**

Date and Time: Friday, August 25 9:00 am - 6:00 pm

Address: 110 Parry Sound Drive

Join us for a baseball tournament fundraiser for The Drop!

Register your team of 10 players (6 males / 4 females) by August 11th.

Cost is \$350/team and players must be 16+ years-old.

## **Saturday, August 26, 2023**

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### **Grab A Dugout for The Drop**

Date and Time: Saturday, August 26 9:00 am - 6:00 pm

Address: 110 Parry Sound Drive

Join us for a baseball tournament fundraiser for The Drop!

Register your team of 10 players (6 males / 4 females) by August 11th.

Cost is \$350/team and players must be 16+ years-old.

## **Sunday, August 27, 2023**

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### **Grab A Dugout for The Drop**

Date and Time: Sunday, August 27 9:00 am - 6:00 pm

Address: 110 Parry Sound Drive

Join us for a baseball tournament fundraiser for The Drop!

Register your team of 10 players (6 males / 4 females) by August 11th.

Cost is \$350/team and players must be 16+ years-old.

## Parry Sound Tuesday Market

Date and Time: Tuesday, August 29 9:00 am - 2:00 pm

Address: Market Square Park, 27 Mary Street

Come down and check out the selection of fresh produce, smoked fish, meats, and baked goods.

The Parry Sound Summer Market features original designs and handmade gifts from local artists and craftspeople. From toys to jewelry, ceramics and art, this is the perfect place to pick up a unique handcrafted gift.

You're sure to find something for the entire family!!!

## Chess Club at Parry Sound Public Library

Date and Time: Tuesday, August 29 10:00 am - 1:00 pm

Address: 29 Mary Street

Chess Club

Tuesdays @ 10 AM to 1 PM

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

For more information, contact PSPL at 705-746-9601 or [askus@pspl.ca](mailto:askus@pspl.ca)

## Pickleball Court Rentals

Date and Time: Tuesday, August 29 6:30 pm - 8:30 pm

Address: 7 Mary Street

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Thursdays: 1pm-3pm

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**Cost:** \$15.00 + HST per hour (this cost is inclusive of insurance coverage)

## Wednesday, August 30, 2023

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### Minds in Motion

Date and Time: Wednesday, August 30 1:00 pm - 3:00 pm

Address: 7 Mary Street

The Town of Parry Sound has partnered with the Alzheimer's Society of Muskoka to offer the Minds in Motion program.

Minds in Motion is a community-based social program that incorporates physical and mental stimulation for people with early to mid-stage Alzheimer's disease or other forms of dementia and their care partners. Through the 8-week Minds in Motion program, both the person living with dementia and their care partner can benefit from the following:

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Date and Time: Wednesday, August 30 1:00 pm - 3:00 pm

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**What to Bring:** Players should bring clean running shoes to play. All equipment is provided!

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## Intro to Yoga at Parry Sound Public Library

Date and Time: Wednesday, August 30 1:30 pm - 2:15 pm

Address: 29 Mary Street

Intro to Yoga

Wednesdays @ 1:30 to 2:15 PM

Introduction to yoga with certified Yoga Instructor Ellen Koennecke, of Yoga in the Sound. Located in the library Auditorium. (not wheelchair accessible)

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## Pickleball Court Rentals

Date and Time: Wednesday, August 30 7:00 pm - 9:00 pm

Address: 7 Mary Street

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Thursdays: 1pm-3pm

**\*\*Additional days/times may be available upon request. Please reach out to Jayme for availability.**

**Cost: \$15.00 + HST per hour (this cost is inclusive of insurance coverage)**

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## Thursday, August 31, 2023



## Shuffleboard- Drop-In

Date and Time: Thursday, August 31 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is now being offered in the Town of Parry Sound. All equipment is provided, no experience necessary. Come out for an afternoon of activity, socializing, and fun! Please bring a pair of clean running shoes to play.

**Where:** Bobby Orr Community Centre (Stanley Cup Hall), 7 Mary St, Parry Sound, ON P2A 1C8

**When:** Thursdays, 1:00 - 3:00 PM

**What to Bring:** Players should bring clean running shoes to play. All equipment is provided!

**Cost:** Participants encouraged to purchase a Drop-In Pass (details here: [www.parrysound.ca/adultprograms](http://www.parrysound.ca/adultprograms)), Cost without a Drop-In Pass: \$3.00 per person (cash only)

<http://events.parrysound.ca>