

June 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:00 am Essentrics Stretch and Tone
2	3 10:00 am JRPM: Pickleball	4 9:00 am Gardening at Tower Hill 9:00 am Gentle Fit- Summer Sessions 10:00 am Chess Club 11:00 am Art Journaling 11:00 am Pickleball- Drop-in	5 9:00 am Pickleball- FREE 1:30 pm Intro to Yoga 2:00 pm Floor Curling- Drop In 4:30 pm French Group	6 9:00 am Gentle Fit- Summer Sessions 11:00 am Seniors Information Session with Canada Revenue Agency and Service Canada 1:00 pm Shuffleboard- Drop- in 5:30 pm JRPM: Circuit Training	7	8 9:00 am JRPM: Children in the Garden 10:00 am Essentrics Stretch and Tone 11:00 am Kids' Tech Day
9	10	11 9:00 am Gardening at Tower Hill 9:00 am Gentle Fit- Summer Sessions 10:00 am Chess Club 11:00 am Art Journaling 11:00 am Pickleball- Drop-in 2:00 pm Aging with Confidence	12 9:00 am Pickleball- FREE 1:30 pm Intro to Yoga 2:00 pm Floor Curling- Drop In 4:30 pm French Group	13 9:00 am Gentle Fit- Summer Sessions 1:00 pm Shuffleboard- Drop- in	14	15
16	17 10:00 am JRPM: Qigong	18 9:00 am Gardening at Tower Hill 9:00 am Gentle Fit- Summer Sessions 10:00 am Chess Club 11:00 am Pickleball- Drop-in	19 9:00 am Pickleball- FREE 1:30 pm Intro to Yoga 2:00 pm Floor Curling- Drop In 4:30 pm French Group 7:00 pm Parry Sound Nature Club	20 9:00 am Gentle Fit- Summer Sessions 1:00 pm Shuffleboard- Drop- in	21	22 10:00 am Essentrics Stretch and Tone
23	24	25 9:00 am Gentle Fit- Summer Sessions 9:00 am Gardening at Tower Hill 9:00 am Tuesday	26 9:00 am Pickleball- FREE 1:30 pm Intro to Yoga 2:00 pm Floor	27 9:00 am Gentle Fit- Summer Sessions 1:00 pm Shuffleboard- Drop- in	28	29

		Market 10:00 am Chess Club 11:00 am Pickleball-Drop-in 6:00 pm JRPM: Beach Volleyball	Curling- Drop In 4:30 pm French Group			
30						

<http://events.parrysound.ca>