Tuesday, April 1, 2025

Gentle Fit

Date and Time: Tuesday, April 1 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-April 24: \$130.00

Drop in: \$12.00/class

Wednesday, April 2, 2025

Pickleball- Drop In

Date and Time: Wednesday, April 2 9:00 am - 1:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, plated on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for res ervation 6 days in advance of drop-in timeslots. Drop in Pickleball will be limited to 16 participants, to avoid disappointment, pre-registration is highly recommended. *To pre-register, an active Drop-In Pass is required (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/).

To pre-register, please complete the form below, or call the Community Recreation Coordinator at 705-746-27 01 x 201:

Pre-registration Form

Drop-In Pickleball Schedule:

Daytime:

Bobby Orr Community Centre | Wednesday | Stanley Cup Hall

Where: 7 Mary Street

Time: Competitive: 9:00am-11:00am

Recreation: 11:00am-1:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Floor Curling- Drop in

Date and Time: Wednesday, April 2 2:00 pm - 4:00 pm

Address: 7 Mary Street

Floor Curling is a modified version of the Olympic sport of Curling, with one major difference - no ice! It offe rs participants a great introduction to the game, or a way to continue your love of the game, beyond the ice surf ace.

Bobby Orr Community Centre | Wednesdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 2:00pm-4:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details above), Cost without a Drop-In Pass: \$3. 00 per person (cash only)

Thursday, April 3, 2025

Gentle Fit

Date and Time: Thursday, April 3 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-April 24: \$130.00

Drop in: \$12.00/class

Line Dancing- Drop in

Date and Time: Thursday, April 3 9:30 am - 11:30 am

Address: 7 Mary Street

No partner is necessary for this drop-in dance activity!

Line Dancing s a great activity for maintaining flexibility and balance, and is just downright fun!

No experience required, all abilities welcome.

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 9:30am-11:30am

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parryso und.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Shuffleboard- Drop in

Date and Time: Thursday, April 3 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is being offered at the Town of Parry Sound. All equipment is provided, no experience neces sary. Come out for an afternoon of activity, socializing, and fun!

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street

When: 1:00pm-3:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), Cost without a Drop-In Pass: \$3 .00 per person (cash only)

Tuesday, April 8, 2025

Gentle Fit

Date and Time: Tuesday, April 8 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brai

n, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-April 24: \$130.00

Drop in: \$12.00/class

Wednesday, April 9, 2025

Pickleball- Drop In

Date and Time: Wednesday, April 9 9:00 am - 1:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, plated on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for res ervation 6 days in advance of drop-in timeslots. Drop in Pickleball will be limited to 16 participants, to avoid disappointment, pre-registration is highly recommended. *To pre-register, an active Drop-In Pass is required (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/).

To pre-register, please complete the form below, or call the Community Recreation Coordinator at 705-746-27 01 x 201:

Pre-registration Form

Drop-In Pickleball Schedule:

Daytime:

Bobby Orr Community Centre | Wednesday | Stanley Cup Hall

Where: 7 Mary Street

Time: Competitive: 9:00am-11:00am

Recreation: 11:00am-1:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Floor Curling- Drop in

Date and Time: Wednesday, April 9 2:00 pm - 4:00 pm

Address: 7 Mary Street

Floor Curling is a modified version of the Olympic sport of Curling, with one major difference - no ice! It offe rs participants a great introduction to the game, or a way to continue your love of the game, beyond the ice surf ace.

Bobby Orr Community Centre | Wednesdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 2:00pm-4:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details above), Cost without a Drop-In Pass: \$3.

00 per person (cash only)

Thursday, April 10, 2025

Gentle Fit

Date and Time: Thursday, April 10 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-April 24: \$130.00

Drop in: \$12.00/class

Line Dancing- Drop in

Date and Time: Thursday, April 10 9:30 am - 11:30 am

Address: 7 Mary Street

No partner is necessary for this drop-in dance activity!

Line Dancing s a great activity for maintaining flexibility and balance, and is just downright fun!

No experience required, all abilities welcome.

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 9:30am-11:30am

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parryso und.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Shuffleboard-Drop in

Date and Time: Thursday, April 10 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is being offered at the Town of Parry Sound. All equipment is provided, no experience neces sary. Come out for an afternoon of activity, socializing, and fun!

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street

When: 1:00pm-3:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), Cost without a Drop-In Pass: \$3 .00 per person (cash only)

Tuesday, April 15, 2025

Gentle Fit

Date and Time: Tuesday, April 15 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-April 24: \$130.00

Drop in: \$12.00/class

Wednesday, April 16, 2025

Pickleball- Drop In

Date and Time: Wednesday, April 16 9:00 am - 1:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, plated on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for res ervation 6 days in advance of drop-in timeslots. Drop in Pickleball will be limited to 16 participants, to av oid disappointment, pre-registration is highly recommended. *To pre-register, an active Drop-In Pass is required (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/).

To pre-register, please complete the form below, or call the Community Recreation Coordinator at 705-746-27 01 x 201:

Pre-registration Form

Drop-In Pickleball Schedule:

Daytime:

Bobby Orr Community Centre | Wednesday | Stanley Cup Hall

Where: 7 Mary Street

Time: Competitive: 9:00am-11:00am

Recreation: 11:00am-1:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Floor Curling- Drop in

Date and Time: Wednesday, April 16 2:00 pm - 4:00 pm

Address: 7 Mary Street

Floor Curling is a modified version of the Olympic sport of Curling, with one major difference - no ice! It offe rs participants a great introduction to the game, or a way to continue your love of the game, beyond the ice surf ace.

Bobby Orr Community Centre | Wednesdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 2:00pm-4:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details above), Cost without a Drop-In Pass: \$3. 00 per person (cash only)

Thursday, April 17, 2025

Gentle Fit

Date and Time: Thursday, April 17 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-April 24: \$130.00

Drop in: \$12.00/class

Line Dancing- Drop in

Date and Time: Thursday, April 17 9:30 am - 11:30 am

Address: 7 Mary Street

No partner is necessary for this drop-in dance activity!

Line Dancing s a great activity for maintaining flexibility and balance, and is just downright fun!

No experience required, all abilities welcome.

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 9:30am-11:30am

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parryso und.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Shuffleboard-Drop in

Date and Time: Thursday, April 17 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is being offered at the Town of Parry Sound. All equipment is provided, no experience neces sary. Come out for an afternoon of activity, socializing, and fun!

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street

When: 1:00pm-3:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), Cost without a Drop-In Pass: \$3 .00 per person (cash only)

Tuesday, April 22, 2025

Gentle Fit

Date and Time: Tuesday, April 22 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-April 24: \$130.00

Drop in: \$12.00/class

Wednesday, April 23, 2025

Pickleball- Drop In

Date and Time: Wednesday, April 23 9:00 am - 1:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, plated on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for reservation 6 days in advance of drop-in timeslots. Drop in Pickleball will be limited to 16 participants, to avoid disappointment, pre-registration is highly recommended. *To pre-register, an active Drop-In Pass is required (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/).

To pre-register, please complete the form below, or call the Community Recreation Coordinator at 705-746-27 01 x 201:

Pre-registration Form

Drop-In Pickleball Schedule:

Daytime:

Bobby Orr Community Centre | Wednesday | Stanley Cup Hall

Where: 7 Mary Street

Time: Competitive: 9:00am-11:00am

Recreation: 11:00am-1:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Floor Curling- Drop in

Date and Time: Wednesday, April 23 2:00 pm - 4:00 pm

Address: 7 Mary Street

Floor Curling is a modified version of the Olympic sport of Curling, with one major difference - no ice! It offe rs participants a great introduction to the game, or a way to continue your love of the game, beyond the ice surf ace.

Bobby Orr Community Centre | Wednesdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 2:00pm-4:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details above), Cost without a Drop-In Pass: \$3.

00 per person (cash only)

Thursday, April 24, 2025

Gentle Fit

Date and Time: Thursday, April 24 9:00 am - 10:00 am

Address: 7 Mary Street

Gentle Fit is a one-hour class combining low impact movement, strength training, mobility, flexibility, and bala nce exercises. This program is designed to help participants engage all major muscle groups including their brain, lungs and heart using aerobic movement and resistance bands.

Bobby Orr Community Centre | Tuesdays & Thursdays | 9am-10am

Jan 7-Feb 27: \$130.00

Mar 4-April 24: \$130.00

Drop in: \$12.00/class

Line Dancing- Drop in

Date and Time: Thursday, April 24 9:30 am - 11:30 am

Address: 7 Mary Street

No partner is necessary for this drop-in dance activity!

Line Dancing s a great activity for maintaining flexibility and balance, and is just downright fun!

No experience required, all abilities welcome.

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 9:30am-11:30am

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parryso und.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Shuffleboard-Drop in

Date and Time: Thursday, April 24 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is being offered at the Town of Parry Sound. All equipment is provided, no experience neces sary. Come out for an afternoon of activity, socializing, and fun!

Bobby Orr Community Centre | Thursdays | Stanley Cup Hall

Where: 7 Mary Street

When: 1:00pm-3:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), Cost without a Drop-In Pass: \$3 .00 per person (cash only)

Wednesday, April 30, 2025

Date and Time: Wednesday, April 30 9:00 am - 1:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, plated on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for res ervation 6 days in advance of drop-in timeslots. Drop in Pickleball will be limited to 16 participants, to av oid disappointment, pre-registration is highly recommended. *To pre-register, an active Drop-In Pass is required (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/).

To pre-register, please complete the form below, or call the Community Recreation Coordinator at 705-746-27 01 x 201:

Pre-registration Form

Drop-In Pickleball Schedule:

Daytime:

Bobby Orr Community Centre | Wednesday | Stanley Cup Hall

Where: 7 Mary Street

Time: Competitive: 9:00am-11:00am

Recreation: 11:00am-1:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details on our website here: https://www.parrysound.ca/explore-play/recreation-and-leisure/recreation-programs/adult-programs/), cost without a Drop-In Pass: \$3.00 per person (cash only)

Floor Curling- Drop in

Date and Time: Wednesday, April 30 2:00 pm - 4:00 pm

Address: 7 Mary Street

Floor Curling is a modified version of the Olympic sport of Curling, with one major difference - no ice! It offe rs participants a great introduction to the game, or a way to continue your love of the game, beyond the ice surf ace.

Bobby Orr Community Centre | Wednesdays | Stanley Cup Hall

Where: 7 Mary Street, Parry Sound

When: 2:00pm-4:00pm

Cost: Participants encouraged to purchase a Drop-In Pass (see details above), Cost without a Drop-In Pass: \$3. 00 per person (cash only)