

Monday, April 1, 2024

Parent and Tot Skate-Drop In

Date and Time: Monday, April 1 9:00 am - 10:00 am

Address: 7 Mary Street

Parent and Tot Skating is returning for the 2023/2024 season.

When: Mondays from 9am-10am

Cost: Participants encouraged to purchase a Drop-In Pass ([click here for details](#)), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Adult Skate- Drop in

Date and Time: Monday, April 1 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult skate is returning to the BOCC for the 2023/2024 season.

When: Mondays, Tuesdays, Wednesdays & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass ([click here for details](#)), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Tuesday, April 2, 2024

Chess Club

Date and Time: Tuesday, April 2 10:00 am - 1:00 pm

Address: 29 Mary Street

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Adult Skate- Drop in

Date and Time: Tuesday, April 2 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult skate is returning to the BOCC for the 2023/2024 season.

When: Mondays, Tuesdays, Wednesdays & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass ([click here for details](#)), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Children's Chess Club

Date and Time: Tuesday, April 2 4:00 pm - 5:00 pm

Address: 29 Mary Street

Join us in the library auditorium for a bi-weekly chess club!

FREE • Drop-in program • All skill levels welcome

On the following dates:

Jan 23rd, Feb 6th & 20th, Mar 5th & 19th, and Apr 2nd

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Pickleball-Drop-In

Date and Time: Tuesday, April 2 5:00 pm - 7:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for reservation 6 days in advance of drop-in timeslots. Drop-In Pickleball will be limited to 16 participants, to a void disappointment, pre-registration is highly recommended. Please visit our website here for pre-registration details: www.parrysound.ca/adultprograms

Open Division (evening):

Where: Bobby Orr Community Centre, 7 Mary Street

When: Tuesdays, 5:00pm-7:00pm, beginning Tuesday, September 19, 2023

Cost: Participants encouraged to purchase a Drop-In Pass (Drop-In Pass Details: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Wednesday, April 3, 2024

Pickleball Drop-In- Competitive

Date and Time: Wednesday, April 3 9:00 am - 11:00 am

Address: 7 Mary Street

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for reservation 6 days in advance of drop-in timeslots. Drop-In Pickleball will be limited to 16 participants, to a void disappointment, pre-registration is highly recommended. Pre-registration details available here: www.parrysound.ca/adultprograms

Competitive (daytime):

Where: Bobby Orr Community Centre, 7 Mary Street

When: Wednesdays, 9:00am-11:00am, beginning Wednesday, September 20, 2023

Cost: Participants encouraged to purchase a Drop-In Pass (Drop-in Pass details available here: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Pickleball Drop-In- Recreational

Date and Time: Wednesday, April 3 11:00 am - 1:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for reservation 6 days in advance of drop-in timeslots. Drop-In Pickleball will be limited to 16 participants, to a void disappointment, pre-registration is highly recommended. Pre-registration details available on our website here: www.parrysound.ca/adultprograms

Recreational (daytime):

Where: Bobby Orr Community Centre, 7 Mary Street

When: Wednesdays, 11:00am-1:00pm, beginning Wednesday, September 20, 2023

Cost: Participants encouraged to purchase a Drop-In Pass (Drop-In Pass details: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Adult Skate

Date and Time: Wednesday, April 3 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult skate is returning to the BOCC for the 2023/2024 season.

When: Mondays, Tuesdays, Wednesday & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass ([click here for details](#)), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Intro to Yoga

Date and Time: Wednesday, April 3 1:30 pm - 2:15 pm

Address: 29 Mary Street

Intro to Yoga

Wednesdays @ 1:30 to 2:15 PM

Program run to November 27th, 2024.

Intro to yoga with certified Yoga Instructor Ellen Koennecke, of Yoga in the Sound. Located in the library auditorium. (not wheelchair accessible)

Drop-in · \$5 per session • No registration required.

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Floor Curling- Drop In

Date and Time: Wednesday, April 3 2:00 pm - 4:00 pm

Address: 7 Mary Street

Floor Curling is a modified version of the Olympic sport of curling with one major difference – no ice! It offers participants a great introduction to the game, or a way to continue your love for the game beyond the ice surface.

Where: Bobby Orr Community Centre (Stanley Cup Hall), 7 Mary St, Parry Sound, ON P2A 1C8

When: Wednesdays, 2:00 - 4:00 PM

What to Bring: Players should bring clean running shoes to play. All equipment is provided!

Cost: Participants encouraged to purchase a Drop-In Pass (details here: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

French Group

Date and Time: Wednesday, April 3 4:30 pm - 6:00 pm

Address: 29 Mary Street

Practice your language skills with other French speakers in Parry Sound. Join us at the library for a weekly casual French Group. (not formal lessons)

Drop-in • All skill levels welcome

Located in the auditorium (not wheelchair accessible)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Thursday, April 4, 2024

Line Dancing- Drop-In

Date and Time: Thursday, April 4 9:30 am - 11:30 am

Address: 7 Mary Street

No partner is necessary for this drop-in dance activity!

Line Dancing is a great activity for maintaining flexibility and balance, and is just downright fun!

No experience required, all abilities welcome.

Where: Bobby Orr Community Centre, 7 Mary Street

When: Thursdays, 9:30am-11:30am, beginning September 14, 2023

Cost: Participants encouraged to purchase a Drop-In Pass (Drop-In Pass Details: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Adult Skate- Drop in

Date and Time: Thursday, April 4 12:00 pm - 1:00 pm

Address: 7 Mary Street

Adult skate is returning to the BOCC for the 2023/2024 season.

When: Mondays, Tuesdays, Wednesdays & Thursdays from 12pm-1pm

Cost: Participants encouraged to purchase a Drop-In Pass ([click here for details](#)), Cost without a Drop-In Pass: \$3.00 per person (cash only)

General Tax Awareness

Date and Time: Thursday, April 4 12:15 pm - 1:00 pm

Address: 29 Mary Street

Presentation by a CRA Thursday, April 4th @ 12:15 to 1 PM

Learn about the benefits and credits available to you such as the GST/HST, Disability Tax Credit (DTC), Canada Child Benefit (CCB), Canada's Workers Benefit, Canada Carbon Rebate.

CVITP & Benefit Outreach Officer Booth - 10 AM to 3 PM

CVITP & Benefit Officer will be available to assist you in-person to answer questions and find free tax filing clinics.

Homeschool Skate

Date and Time: Thursday, April 4 1:00 pm - 2:00 pm

Address: 7 Mary Street

Homeschool Skating is available on Thursday afternoons from 1pm-2pm at the Bobby Orr Community Centre.

When: Thursdays from 1pm-2pm

**Please note: Homeschool skate has been rescheduled on February 08, March 07 and March 21 to 10am-11am

Cost: Participants encouraged to purchase a Drop-In Pass ([click here for details](#)), Cost without a Drop-In Pass: \$3.00 per adult (cash only)

Shuffleboard- Drop-in

Date and Time: Thursday, April 4 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is now being offered in the Town of Parry Sound. All equipment is provided, no experience necessary. Come out for an afternoon of activity, socializing, and fun! Please bring a pair of clean running shoes to play.

Where: Bobby Orr Community Centre (Stanley Cup Hall), 7 Mary St, Parry Sound, ON P2A 1C8

When: Thursdays, 1:00 - 3:00 PM

What to Bring: Players should bring clean running shoes to play. All equipment is provided!

Cost: Participants encouraged to purchase a Drop-In Pass (details here: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Friday, April 5, 2024

Knitting Club at PSPL

Date and Time: Friday, April 5 11:00 am - 12:00 pm

Address: 29 Mary Street

Knitting Club

Fridays @ 11 AM (Feb. 2nd to Apr. 26th, 2024)

Come to Parry Sound Public Library for a social knitting club! Meet on the main level of the library to knit, mingle and share tips and techniques with other local knitters. * Please note: there will be no meeting on Friday, March 29th, as the library is closed for Good Friday.

Drop-in • No registration required

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Saturday, April 6, 2024

Essentrics Aging Backwards

Date and Time: Saturday, April 6 10:00 am - 11:00 am

Address: 17 Mary St.

Boost your health in Winter and Spring! Join us in the Hart Room at the Bobby Orr Community Center (second floor).

Workout is suitable for all fitness levels and body types. If you are active and want to maintain an active lifestyle this class is for you. If you are beginning to exercise, modifications are suggested to decrease difficulty or intensity to help you on your journey to well-being.

Approx. 60 min. Standing and Barre Workout. We use a chair for the barre portion (*but we are not sitting*)! The barre component is used to stretch and strengthen the hip joint and for deep leg and glute stretches.

This full-body toning, conditioning and energizing workout results in improved mobility, strength, posture and greater energy.

Dynamic fluid movements focus on:

- Build strength in muscle groups that are often overlooked to prevent injuries,
- Boost cardiovascular system,
- Strengthen the core,

- Leg and glute strengthening,
- Compound movements to intelligently activate more than one muscle group at a time,
- Move your fascia and connective tissue to relieve stiffness in joints including the spine,
- Improve balance and muscular endurance
- Classes are ALWAYS low impact for protecting our joints with an emphasis on body alignment,
- Classes are ALWAYS full body to rebalance the muscle the groups from head to toe.

You will leave feeling invigorated and move throughout your day with greater ease and well-being.

Bring exercise mat and water bottle.

Drop In \$15/class or purchase a class pass.

Check out details of class pass in FAQ section www.essentricswithcaroline.ca

Visit www.essentricswithcaroline.ca for class schedule and a variety of workouts offered in Parry Sound and Humphrey.

Participants are asked to read, review and sign waiver.

Sunday, April 7, 2024

Paint Winter Good-Bye

Date and Time: Sunday, April 7 10:00 am - 12:00 pm

Address: 7 Mary Street

Join us for an Ice Painting Party on the Ice Surface at the Bobby Orr Community Centre!

Register today to reserve a section of the 2023/24 Ice Surface for your family to decorate. This is a "skate free" event, no skates will be allowed on the ice surface. Boots/shoes & Helmets are REQUIRED!

Pre-registration is required for this event- registration closes Wednesday, April 03, 2024:

Online: [Click here to register online](#)

In person: Visit the Town Office at 52 Seguin Street, Parry Sound, Monday-Friday between 8:30am-4:30pm to register.

Date: Sunday, April 07, 2024

Time: 10am-12pm

Cost: \$5.00 per paint brush

[Click here for program flyer](#)

Tuesday, April 9, 2024

Chess Club

Date and Time: Tuesday, April 9 10:00 am - 1:00 pm

Address: 29 Mary Street

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Art Journaling

Date and Time: Tuesday, April 9 11:00 am - 12:00 pm

Address: 29 Mary Street

Weekly on Tuesdays @ 11 am

April 9th to June 11th, 2024

Mindful creative sessions. Visual journaling using mixed media

Materials and journals available • Free drop-in program

Located in the library auditorium (not wheelchair accessible)

Pickleball-Drop-In

Date and Time: Tuesday, April 9 5:00 pm - 7:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for reservation 6 days in advance of drop-in timeslots. Drop-In Pickleball will be limited to 16 participants, to a void disappointment, pre-registration is highly recommended. Please visit our website here for pre-registration details: www.parrysound.ca/adultprograms

Open Division (evening):

Where: Bobby Orr Community Centre, 7 Mary Street

When: Tuesdays, 5:00pm-7:00pm, beginning Tuesday, September 19, 2023

Cost: Participants encouraged to purchase a Drop-In Pass (Drop-In Pass Details: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Wednesday, April 10, 2024

Pickleball Drop-In- Competitive

Date and Time: Wednesday, April 10 9:00 am - 11:00 am

Address: 7 Mary Street

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for reservation 6 days in advance of drop-in timeslots. Drop-In Pickleball will be limited to 16 participants, to a void disappointment, pre-registration is highly recommended. Pre-registration details available here: www.parrysound.ca/adultprograms

Competitive (daytime):

Where: Bobby Orr Community Centre, 7 Mary Street

When: Wednesdays, 9:00am-11:00am, beginning Wednesday, September 20, 2023

Cost: Participants encouraged to purchase a Drop-In Pass (Drop-in Pass details available here: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Pickleball Drop-In- Recreational

Date and Time: Wednesday, April 10 11:00 am - 1:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for reservation 6 days in advance of drop-in timeslots. Drop-In Pickleball will be limited to 16 participants, to a void disappointment, pre-registration is highly recommended. Pre-registration details available on our website here: www.parrysound.ca/adultprograms

Recreational (daytime):

Where: Bobby Orr Community Centre, 7 Mary Street

When: Wednesdays, 11:00am-1:00pm, beginning Wednesday, September 20, 2023

Cost: Participants encouraged to purchase a Drop-In Pass (Drop-In Pass details: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Intro to Yoga

Date and Time: Wednesday, April 10 1:30 pm - 2:15 pm

Address: 29 Mary Street

Intro to Yoga

Wednesdays @ 1:30 to 2:15 PM

Program run to November 27th, 2024.

Intro to yoga with certified Yoga Instructor Ellen Koennecke, of Yoga in the Sound. Located in the library auditorium. (not wheelchair accessible)

Drop-in • \$5 per session • No registration required.

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Floor Curling- Drop In

Date and Time: Wednesday, April 10 2:00 pm - 4:00 pm

Address: 7 Mary Street

Floor Curling is a modified version of the Olympic sport of curling with one major difference – no ice! It offers participants a great introduction to the game, or a way to continue your love for the game beyond the ice surface.

Where: Bobby Orr Community Centre (Stanley Cup Hall), 7 Mary St, Parry Sound, ON P2A 1C8

When: Wednesdays, 2:00 - 4:00 PM

What to Bring: Players should bring clean running shoes to play. All equipment is provided!

Cost: Participants encouraged to purchase a Drop-In Pass (details here: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

French Group

Date and Time: Wednesday, April 10 4:30 pm - 6:00 pm

Address: 29 Mary Street

Practice your language skills with other French speakers in Parry Sound. Join us at the library for a weekly casual French Group. (not formal lessons)

Drop-in • All skill levels welcome

Located in the auditorium (not wheelchair accessible)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Thursday, April 11, 2024

Line Dancing- Drop-In

Date and Time: Thursday, April 11 9:30 am - 11:30 am

Address: 7 Mary Street

No partner is necessary for this drop-in dance activity!

Line Dancing is a great activity for maintaining flexibility and balance, and is just downright fun!

No experience required, all abilities welcome.

Where: Bobby Orr Community Centre, 7 Mary Street

When: Thursdays, 9:30am-11:30am, beginning September 14, 2023

Cost: Participants encouraged to purchase a Drop-In Pass (Drop-In Pass Details: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Shuffleboard- Drop-in

Date and Time: Thursday, April 11 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is now being offered in the Town of Parry Sound. All equipment is provided, no experience necessary. Come out for an afternoon of activity, socializing, and fun! Please bring a pair of clean running shoes to play.

Where: Bobby Orr Community Centre (Stanley Cup Hall), 7 Mary St, Parry Sound, ON P2A 1C8

When: Thursdays, 1:00 - 3:00 PM

What to Bring: Players should bring clean running shoes to play. All equipment is provided!

Cost: Participants encouraged to purchase a Drop-In Pass (details here: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Friday, April 12, 2024

Knitting Club at PSPL

Date and Time: Friday, April 12 11:00 am - 12:00 pm

Address: 29 Mary Street

Knitting Club

Fridays @ 11 AM (Feb. 2nd to Apr. 26th, 2024)

Come to Parry Sound Public Library for a social knitting club! Meet on the main level of the library to knit, mingle and share tips and techniques with other local knitters. * Please note: there will be no meeting on Friday, March 29th, as the library is closed for Good Friday.

Drop-in • No registration required

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Saturday, April 13, 2024

Essentrics Aging Backwards

Date and Time: Saturday, April 13 10:00 am - 11:00 am

Address: 17 Mary St.

Boost your health in Winter and Spring! Join us in the Hart Room at the Bobby Orr Community Center (second floor).

Workout is suitable for all fitness levels and body types. If you are active and want to maintain an active lifestyle this class is for you. If you are beginning to exercise, modifications are suggested to decrease difficulty or intensity to help you on your journey to well-being.

Approx. 60 min. Standing and Barre Workout. We use a chair for the barre portion (*but we are not sitting*)! The barre component is used to stretch and strengthen the hip joint and for deep leg and glute stretches.

This full-body toning, conditioning and energizing workout results in improved mobility, strength, posture and greater energy.

Dynamic fluid movements focus on:

- Build strength in muscle groups that are often overlooked to prevent injuries,
- Boost cardiovascular system,
- Strengthen the core,
- Leg and glute strengthening,
- Compound movements to intelligently activate more than one muscle group at a time,
- Move your fascia and connective tissue to relieve stiffness in joints including the spine,
- Improve balance and muscular endurance
- Classes are ALWAYS low impact for protecting our joints with an emphasis on body alignment,
- Classes are ALWAYS full body to rebalance the muscle groups from head to toe.

You will leave feeling invigorated and move throughout your day with greater ease and well-being.

Bring exercise mat and water bottle.

Drop In \$15/class or purchase a class pass.

Check out details of class pass in FAQ section www.essentricswithcaroline.ca

Visit www.essentricswithcaroline.ca for class schedule and a variety of workouts offered in Parry Sound and Humphrey.

Participants are asked to read, review and sign waiver.

Tuesday, April 16, 2024

Chess Club

Date and Time: Tuesday, April 16 10:00 am - 1:00 pm

Address: 29 Mary Street

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Art Journaling

Date and Time: Tuesday, April 16 11:00 am - 12:00 pm

Address: 29 Mary Street

Weekly on Tuesdays @ 11 am

April 9th to June 11th, 2024

Mindful creative sessions. Visual journaling using mixed media

Materials and journals available • Free drop-in program

Located in the library auditorium (not wheelchair accessible)

Pickleball-Drop-In

Date and Time: Tuesday, April 16 5:00 pm - 7:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for reservation 6 days in advance of drop-in timeslots. Drop-In Pickleball will be limited to 16 participants, to a void disappointment, pre-registration is highly recommended. Please visit our website here for pre-registration details: www.parrysound.ca/adultprograms

Open Division (evening):

Where: Bobby Orr Community Centre, 7 Mary Street

When: Tuesdays, 5:00pm-7:00pm, beginning Tuesday, September 19, 2023

Cost: Participants encouraged to purchase a Drop-In Pass (Drop-In Pass Details: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Wednesday, April 17, 2024

Pickleball Drop-In- Competitive

Date and Time: Wednesday, April 17 9:00 am - 11:00 am

Address: 7 Mary Street

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for reservation 6 days in advance of drop-in timeslots. Drop-In Pickleball will be limited to 16 participants, to a void disappointment, pre-registration is highly recommended. Pre-registration details available here: www.parrysound.ca/adultprograms

Competitive (daytime):

Where: Bobby Orr Community Centre, 7 Mary Street

When: Wednesdays, 9:00am-11:00am, beginning Wednesday, September 20, 2023

Cost: Participants encouraged to purchase a Drop-In Pass (Drop-in Pass details available here: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Pickleball Drop-In- Recreational

Date and Time: Wednesday, April 17 11:00 am - 1:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for reservation 6 days in advance of drop-in timeslots. Drop-In Pickleball will be limited to 16 participants, to a void disappointment, pre-registration is highly recommended. Pre-registration details available on our website here: www.parrysound.ca/adultprograms

Recreational (daytime):

Where: Bobby Orr Community Centre, 7 Mary Street

When: Wednesdays, 11:00am-1:00pm, beginning Wednesday, September 20, 2023

Cost: Participants encouraged to purchase a Drop-In Pass (Drop-In Pass details: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Intro to Yoga

Date and Time: Wednesday, April 17 1:30 pm - 2:15 pm

Address: 29 Mary Street

Intro to Yoga

Wednesdays @ 1:30 to 2:15 PM

Program run to November 27th, 2024.

Intro to yoga with certified Yoga Instructor Ellen Koennecke, of Yoga in the Sound. Located in the library auditorium. (not wheelchair accessible)

Drop-in · \$5 per session • No registration required.

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Floor Curling- Drop In

Date and Time: Wednesday, April 17 2:00 pm - 4:00 pm

Address: 7 Mary Street

Floor Curling is a modified version of the Olympic sport of curling with one major difference – no ice! It offers participants a great introduction to the game, or a way to continue your love for the game beyond the ice surface.

Where: Bobby Orr Community Centre (Stanley Cup Hall), 7 Mary St, Parry Sound, ON P2A 1C8

When: Wednesdays, 2:00 - 4:00 PM

What to Bring: Players should bring clean running shoes to play. All equipment is provided!

Cost: Participants encouraged to purchase a Drop-In Pass (details here: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

French Group

Date and Time: Wednesday, April 17 4:30 pm - 6:00 pm

Address: 29 Mary Street

Practice your language skills with other French speakers in Parry Sound. Join us at the library for a weekly casual French Group. (not formal lessons)

Drop-in • All skill levels welcome

Located in the auditorium (not wheelchair accessible)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

National Canadian Film Day / LA JOURNÉE DU CINÉMA CANADIEN

Date and Time: Wednesday, April 17 4:30 pm - 6:30 pm

Address: 29 Mary Street

April 17th, 2024 / 17 AVRIL 2024

Free Film at 4:30 PM • located in the library auditorium / Film gratuit à 16h30 • situé dans l'auditorium de la bibliothèque

Featuring *Ru*, based on the Governor General's Award-winning novel by Kim Thúy, *Ru* is the story of the arduous journey of a wealthy family fleeing from Vietnam, before landing in Quebec. / Avec *Ru*, basé sur le roman lauréat du Prix du Gouverneur général de Kim Thúy, *Ru* est l'histoire du voyage ardu d'une famille riche fuyant du Vietnam, avant d'atterrir au Québec.

Rated 14A / Classé 14A

French Language with English subtitles / Langue française avec sous-titres anglais

Parry Sound Nature Club

Date and Time: Wednesday, April 17 7:00 pm - 8:30 pm

Address: Mary St. Centre, 24 Mary St, Parry Sound

Ants of the Tropics and Parry Sound Area

Mary St. Centre, 24 Mary St, Parry Sound

Leaf-cutter Ants, Army Ants, Turtle Ants! Trips to central and south America can and should be full of awe-inspiring ant observations. The tropics are blessed with an amazing diversity of ant species. But who knew we had Amazon Ants raiding the nests and kidnapping the young of other ant species right here in Georgian Bay.

Come and hear about the fascinating natural history and behaviours of some of these tropical ant species, as well as some ants that just might be in your backyard.

Thursday, April 18, 2024

Line Dancing- Drop-In

Date and Time: Thursday, April 18 9:30 am - 11:30 am

Address: 7 Mary Street

No partner is necessary for this drop-in dance activity!

Line Dancing is a great activity for maintaining flexibility and balance, and is just downright fun!

No experience required, all abilities welcome.

Where: Bobby Orr Community Centre, 7 Mary Street

When: Thursdays, 9:30am-11:30am, beginning September 14, 2023

Cost: Participants encouraged to purchase a Drop-In Pass (Drop-In Pass Details: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Shuffleboard- Drop-in

Date and Time: Thursday, April 18 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is now being offered in the Town of Parry Sound. All equipment is provided, no experience necessary. Come out for an afternoon of activity, socializing, and fun! Please bring a pair of clean running shoes to play.

Where: Bobby Orr Community Centre (Stanley Cup Hall), 7 Mary St, Parry Sound, ON P2A 1C8

When: Thursdays, 1:00 - 3:00 PM

What to Bring: Players should bring clean running shoes to play. All equipment is provided!

Cost: Participants encouraged to purchase a Drop-In Pass (details here: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Sport, Recreation & Leisure Fair

Date and Time: Thursday, April 18 5:00 pm - 7:00 pm

Address: 7 Mary Street

Are you interested in participating in Sport, Recreation or Leisure this Spring and/or Summer season? Come out and visit with representatives from many community organizations to sign up, or gain more information on their programs!

Date: Thursday, April 18, 2024

Time: 5pm-7pm

Location: Bobby Orr Community Centre

Friday, April 19, 2024

Knitting Club at PSPL

Date and Time: Friday, April 19 11:00 am - 12:00 pm

Address: 29 Mary Street

Knitting Club

Fridays @ 11 AM (Feb. 2nd to Apr. 26th, 2024)

Come to Parry Sound Public Library for a social knitting club! Meet on the main level of the library to knit, mingle and share tips and techniques with other local knitters. * Please note: there will be no meeting on Friday, March 29th, as the library is closed for Good Friday.

Drop-in • No registration required

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Saturday, April 20, 2024

Earth Day-Family Fun

Date and Time: Saturday, April 20 9:00 am - 12:00 pm

Address: 7 Mary Street

The Town of Parry Sound, Parry Sound Public Library, Early ON & Parry Sound Friendship Centre present: Earth Day- Family Fun!

Come learn the teachings of our Mother Earth, how she provides for us, and the importance of taking care of our planet.

Activities include: Seed planting, rock painting & more!

Registration is required: [please click here to register online](#) OR stop in at the Town Office: 52 Seguin Street, Parry Sound.

Date: Saturday, April 20, 2024

Time: 9am-12pm

Where: Bobby Orr Community Centre

Cost: FREE

[Click here for the Program Flyer](#)

Essentrics Aging Backwards

Date and Time: Saturday, April 20 10:00 am - 11:00 am

Address: 17 Mary St.

Boost your health in Winter and Spring! Join us in the Hart Room at the Bobby Orr Community Center (second floor).

Workout is suitable for all fitness levels and body types. If you are active and want to maintain an active lifestyle this class is for you. If you are beginning to exercise, modifications are suggested to decrease difficulty or intensity to help you on your journey to well-being.

Approx. 60 min. Standing and Barre Workout. We use a chair for the barre portion (*but we are not sitting*)! The barre component is used to stretch and strengthen the hip joint and for deep leg and glute stretches.

This full-body toning, conditioning and energizing workout results in improved mobility, strength, posture and greater energy.

Dynamic fluid movements focus on:

- Build strength in muscle groups that are often overlooked to prevent injuries,
- Boost cardiovascular system,
- Strengthen the core,
- Leg and glute strengthening,
- Compound movements to intelligently activate more than one muscle group at a time,
- Move your fascia and connective tissue to relieve stiffness in joints including the spine,
- Improve balance and muscular endurance
- Classes are ALWAYS low impact for protecting our joints with an emphasis on body alignment,
- Classes are ALWAYS full body to rebalance the muscle groups from head to toe.

You will leave feeling invigorated and move throughout your day with greater ease and well-being.

Bring exercise mat and water bottle.

Drop In \$15/class or purchase a class pass.

Check out details of class pass in FAQ section www.essentricswithcaroline.ca

Visit www.essentricswithcaroline.ca for class schedule and a variety of workouts offered in Parry Sound and Humphrey.

Participants are asked to read, review and sign waiver.

Sunday, April 21, 2024

Music is the River of Spring

Date and Time: Sunday, April 21 2:00 pm - 3:15 pm

Address: 24 Mary Street

Whispering River Orchestra and Chorus Presents their annual Spring concert: *Music is the River of Spring*. Come see this fantastic concert on Sunday April 21st 2pm at St James United Church/Mary Street Centre at 24 Mary Street.

ry Street, Parry Sound, ON!

Artistic Director: Brenda Margaret Muller

Featuring Kira Braun, *Soprano*, Fabian Arciniegas, *Tenor*, David McFadden, *concertmaster*, and many more.

Music includes Selections of Bach's *Magnificat*, Vivaldi's *Gloria*, Elgar's *Serenade for Strings*, and arrangements of Joni Mitchell's *Both Sides Now*, Leonard Cohen's *Anthem*, and Katherine Wheatley's *Water Moves Me*.

Tickets: \$25/adults, \$20/seniors and youth, Free for under 12

Or by donation

Purchase your tickets online at <https://trellis.org/spring-2024> or at the door.

Thank you to our Sponsors: Ontario Arts Council, Township of Seguin, and the Township of McKellar.

Tuesday, April 23, 2024

Chess Club

Date and Time: Tuesday, April 23 10:00 am - 1:00 pm

Address: 29 Mary Street

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in · No registration required. All ages and skill levels welcome (supervised youth please)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Art Journaling

Date and Time: Tuesday, April 23 11:00 am - 12:00 pm

Address: 29 Mary Street

Weekly on Tuesdays @ 11 am

April 9th to June 11th, 2024

Mindful creative sessions. Visual journaling using mixed media

Materials and journals available • Free drop-in program

Located in the library auditorium (not wheelchair accessible)

Pickleball-Drop-In

Date and Time: Tuesday, April 23 5:00 pm - 7:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for reservation 6 days in advance of drop-in timeslots. Drop-In Pickleball will be limited to 16 participants, to a void disappointment, pre-registration is highly recommended. Please visit our website here for pre-registration details: www.parrysound.ca/adultprograms

Open Division (evening):

Where: Bobby Orr Community Centre, 7 Mary Street

When: Tuesdays, 5:00pm-7:00pm, beginning Tuesday, September 19, 2023

Cost: Participants encouraged to purchase a Drop-In Pass (Drop-In Pass Details: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Wednesday, April 24, 2024

Pickleball Drop-In- Competitive

Date and Time: Wednesday, April 24 9:00 am - 11:00 am

Address: 7 Mary Street

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for reservation 6 days in advance of drop-in timeslots. Drop-In Pickleball will be limited to 16 participants, to a void disappointment, pre-registration is highly recommended. Pre-registration details available here: www.parrysound.ca/adultprograms

Competitive (daytime):

Where: Bobby Orr Community Centre, 7 Mary Street

When: Wednesdays, 9:00am-11:00am, beginning Wednesday, September 20, 2023

Cost: Participants encouraged to purchase a Drop-In Pass (Drop-in Pass details available here: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Pickleball Drop-In- Recreational

Date and Time: Wednesday, April 24 11:00 am - 1:00 pm

Address: 7 Mary Street

Pickleball is a game similar to tennis, played on a smaller court with paddles and a wiffle ball. Pickleball offers participants a terrific workout and social opportunities.

To ensure participant safety, and fairness of access to all, drop-in pickleball spots will be available for reservation 6 days in advance of drop-in timeslots. Drop-In Pickleball will be limited to 16 participants, to a void disappointment, pre-registration is highly recommended. Pre-registration details available on our website here: www.parrysound.ca/adultprograms

Recreational (daytime):

Where: Bobby Orr Community Centre, 7 Mary Street

When: Wednesdays, 11:00am-1:00pm, beginning Wednesday, September 20, 2023

Cost: Participants encouraged to purchase a Drop-In Pass (Drop-In Pass details: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Intro to Yoga

Date and Time: Wednesday, April 24 1:30 pm - 2:15 pm

Address: 29 Mary Street

Intro to Yoga

Wednesdays @ 1:30 to 2:15 PM

Program run to November 27th, 2024.

Intro to yoga with certified Yoga Instructor Ellen Koennecke, of Yoga in the Sound. Located in the library auditorium. (not wheelchair accessible)

Drop-in · \$5 per session • No registration required.

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Floor Curling- Drop In

Date and Time: Wednesday, April 24 2:00 pm - 4:00 pm

Address: 7 Mary Street

Floor Curling is a modified version of the Olympic sport of curling with one major difference – no ice! It offers participants a great introduction to the game, or a way to continue your love for the game beyond the ice surface.

Where: Bobby Orr Community Centre (Stanley Cup Hall), 7 Mary St, Parry Sound, ON P2A 1C8

When: Wednesdays, 2:00 - 4:00 PM

What to Bring: Players should bring clean running shoes to play. All equipment is provided!

Cost: Participants encouraged to purchase a Drop-In Pass (details here: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

French Group

Date and Time: Wednesday, April 24 4:30 pm - 6:00 pm

Address: 29 Mary Street

Practice your language skills with other French speakers in Parry Sound. Join us at the library for a weekly casual French Group. (not formal lessons)

Drop-in • All skill levels welcome

Located in the auditorium (not wheelchair accessible)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Thursday, April 25, 2024

Line Dancing- Drop-In

Date and Time: Thursday, April 25 9:30 am - 11:30 am

Address: 7 Mary Street

No partner is necessary for this drop-in dance activity!

Line Dancing is a great activity for maintaining flexibility and balance, and is just downright fun!

No experience required, all abilities welcome.

Where: Bobby Orr Community Centre, 7 Mary Street

When: Thursdays, 9:30am-11:30am, beginning September 14, 2023

Cost: Participants encouraged to purchase a Drop-In Pass (Drop-In Pass Details: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Shuffleboard- Drop-in

Date and Time: Thursday, April 25 1:00 pm - 3:00 pm

Address: 7 Mary Street

Floor shuffleboard is now being offered in the Town of Parry Sound. All equipment is provided, no experience necessary. Come out for an afternoon of activity, socializing, and fun! Please bring a pair of clean running shoes to play.

Where: Bobby Orr Community Centre (Stanley Cup Hall), 7 Mary St, Parry Sound, ON P2A 1C8

When: Thursdays, 1:00 - 3:00 PM

What to Bring: Players should bring clean running shoes to play. All equipment is provided!

Cost: Participants encouraged to purchase a Drop-In Pass (details here: www.parrysound.ca/adultprograms), Cost without a Drop-In Pass: \$3.00 per person (cash only)

Friday, April 26, 2024

Knitting Club at PSPL

Date and Time: Friday, April 26 11:00 am - 12:00 pm

Address: 29 Mary Street

Knitting Club

Fridays @ 11 AM (Feb. 2nd to Apr. 26th, 2024)

Come to Parry Sound Public Library for a social knitting club! Meet on the main level of the library to knit, mingle and share tips and techniques with other local knitters. * Please note: there will be no meeting on Friday, March 29th, as the library is closed for Good Friday.

Drop-in • No registration required

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Tuesday, April 30, 2024

Chess Club

Date and Time: Tuesday, April 30 10:00 am - 1:00 pm

Address: 29 Mary Street

Join our Chess Club to practice, learn, and sharpen your chess skills in a family friendly environment.

Drop-in • No registration required. All ages and skill levels welcome (supervised youth please)

For more information, contact PSPL at 705-746-9601 or askus@pspl.ca

Art Journaling

Date and Time: Tuesday, April 30 11:00 am - 12:00 pm

Address: 29 Mary Street

Weekly on Tuesdays @ 11 am

April 9th to June 11th, 2024

Mindful creative sessions. Visual journaling using mixed media

Materials and journals available • Free drop-in program

Located in the library auditorium (not wheelchair accessible)

<http://events.parrysound.ca>